BUY LOCAL!

Take Me Home!

Volume 12 Issue 3 March 2021



Material" was named Ocala Business Leader of the year. Here you see President of OBL Tony Clayton of Ocala Electric presenting Clark Yandle his award. Clark has been a member for many years and is also highly visible in

Clark Yandle of "Yandle Building the community helping others and working hard for the improvement of the North Magnolia, what he calls the "MIRCLE MILE". Clark Yandle is very deserving of the Business Leader of the Year award, congratulation Clark.

etters to the Editor

Dear Editor:

Chapter 1

O.K. No more time to waste. The gloves are coming off. They call you ignorant, and treat you accordingly. That treatment is the reason you do not have a happy life.

I have tried to convey the message of the need for knowledge.

Political knowledge. Recently I discovered there is a physical defect that some of these nasties are afflicted with. It is called the RUTHLESS gene. You need to become familiar with the affliction, and take control of the situation, if you ever want that happy life. It could be responsible for Mao killing 45 million people, Stalin killing 20million people, Hitler, Pol Pot, Castro killing millions more, and not one word being said to condemn any of it. There is another holocaust on the way, will you seek the knowledge to stop it, or are you content to be a casualty?

They are using global warming as a cudgel to bully you. This planet has been through global warming and cooling cycles before we ever existed, and the planet survived. Do not think it will be any different this time. This is the controlling mechanism they are using for control.

Ignorance is not a permanent condition. It can be overcome. I did it, so can you. Is a happy life worth it? It has taken 2500 years to come to fruition, please do not Blow It? Time to kick butt.

Does Nancy Pelosi fit the ruthless profile?

Biden? Schumer? And a few more in D.C. D.I.L.

Dear Editor:

Are you ready for chapter 2?

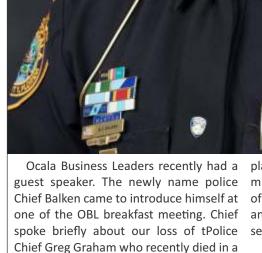
The Great Preset at Davos? The Fourth Industrial Revolution.

Take a look at it and see how much you are willing to swallow, any of it?

Robert F. Kennedy is already at odds with Gates, as are writers from Global Research, but he strayed many many years ago with his first purloining from his mentor. First person I would check for AVPR10{The new Ruthlessness gene discovered in Isreal} is Gates. He has never stopped. He sells products that are never owned by the customer, he decides when you no longer can use a program, and forces customers to buy new programs that are not usable, are never wanted by the customer, How many people can pull that off? Some magic touch? AVPR 10 is here to help us.

They are all at Davos: the ruthless. They are not the nice guys, this time we are forewarned. We can stop them this time, their ideas are putrid. harmful, and blatantly stupid. WE know they are not playing with a full deck. Are you willing to take a chance, or go on blissfully shaking your head yes to everything they say.

I will gladly give you my share of the misery they will inflict. Maybe the sheeple



plane crash. Chief Balken said he will be missed. The new Chief spoke on a number of local issues, gave us important statistics and had a good question and answer session. Chief Balken was well received.

are now gluttons for punishment. Perhaps 2500 years of learning is not yet quite enough. We need another 2500 years?

- 1. Earth can hold only 90 million people and there are 8 billion. What is the solution? There are bad people out there.
- 2. Does any of this phase you, or are you on your way out to" CHARGE?
- 3. Were Mao, Stalin, Pol Pot, Hitler, Castro enough for you, or are you ready for more slaughter? Or, could you take a taste of that happy life? Trump has got us as close to it as we have ever been.
- 4. In the choice between the happy life and the next wave of slaughter, most people seem to have showed a preference for the coming holocaust. Humans never realize that ruthlessness is the eternal cause for the absence of the happy life. It appears you do not want a happy life, why?
- 5. Ruthlessness, ruthlessness, you know what it is, why won't you stop it? You now have a tool to detect ruthlessness, and stop the next holocaust. The Fourth Industrial Revolution will tell you exactly what they have in store this time. Perhaps someone will read it.



Kevin Sheilley

OCALA/MARION COUNTY CHAMBER & **ECONOMIC PARTNERSHIP**



Department of Economic Opportunity recently released the D e c e m b e r unemployment communities. As a number of media outlets have reported, the Ocala

Metro (Marion County) reported a December unemployment rate of 5.6%. This was down from the adjusted November rate of 5.7% and is below both the Florida (6.1%) and US (6.7%) averages. The Ocala Metro has reported an unemployment rate that is lower than the state and national rates

The Florida for every month since the beginning of the pandemic.

While this is good news it only tells a portion of what is a much larger and better story. A community or state can report a lower unemployment rate without creating information for Florida jobs. If the workforce and/or the number employed decreases from the previous period, then the unemployment rate may decrease especially if individuals have stopped looking for jobs. These discouraged workers stop showing up in the numbers and can give the illusion of shrinking unemployment when that is not actually occurring.

> Job growth occurs when the area reports an increase in both the size of the workforce

and in the number of those employed. In to the nation overall. December, the Ocala Metro was one of positive year over year gains in both of these key categories. Additionally, the Ocala positive metros combined. The Ocala Metro for the last four months and is the only metro area to report positive growth in each drive briefly around town to see all of the Now Hiring signs and the consistently numbers ring true.

Data, the Ocala Metro has consistently ranked monthly as one of top 5 performing small metros economies (population under December the area ranked #4 out of 281 performing incredibly well not just especially right now than the Ocala Metro! compared to other Florida communities but

call 629-8357

Leadership in this community (private, three Florida metros (out of 24) to report public, elected, and civic) made a conscious effort coming out of the Great Recession to work to build a strong, resilient, diverse Metro reported more than triple the number economy. Investments in strengthening the of jobs created (1,900) than the other two manufacturing base, growing the logistics and healthcare segments, and supporting has led the state in these two critical areas and encouraging entrepreneurship are paying demonstratable dividends for the local economy. In addition to the rankings of the last four months. One only has to above, the Ocala Metro has been recently ranked as the #1 mid-sized metro for entrepreneurship (Cloud Kitchen, 2020) and increasing wages to know that these a top 10 mid-sized metro for manufacturing (AdvisorSmith, 2020). All of this help to In monthly data provided by Headlight explain our continued and expanding population growth as the Ocala Metro now exceeds 370,000.

Our community is not perfect but it is 500,000) during this period. In fact, in consistently improving. I can say without hesitation there is no place else in this small metros. This community is country that I would rather call home







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The Senior Fishing Derby is tentative for .Monday April 26, 2021, 9am-12pm. Lunch is provided. For any question



DENNIS K. BAXLEY



Dear Friends, The 2021 on Legislative Session constitutionally will be underway as of March 2 and already the picture is becoming a little clearer about what the priorities of the Florida Legislature

will be. The eight weeks of committee hearings leading up to this have had numerous state agency and local government presentations, along with citizen input, about the challenges our state faces and the needs we will be asked to meet. I will share a few of those highlights with

The state budget is always the top

concern, as the mandated duty of the Florida Senate is to pass a balanced budget. We do not have to do anything else or pass a single bill, except that one. Which we have done, faithfully, each year. This year, with the COVID crises, the forecasting is predicting a budget shortfall, which means that cuts will be made and many good projects will go unfunded. This will be an exercise in frugality and efficiency and will not be all together bad for our state. A budget event like this can be a those things, which are actually a priority. We are in a good place with Senator Kelli Stargel leading our efforts in this area and she has my full confidence.

SB 498, sponsored by Senator Joe Gruters is a bill that your Senator is particularly excited about seeing pass this year as this is something that we have been working on for a long time. This bill fixes an issue for many churchgoers and others that attend religious institutions that are connected to a school. Currently, state law prohibits a person from carrying a firearm to defend themselves in these places. SB 498 will remove this prohibition and let these churches and other religious institutions decide for themselves. This is a great pro-second amendment and pro-property rights bill.

SB 744 is another bill that your Senator is co-sponsoring this year and could be a huge win for the pro-life movement if passed. This bill is called the "Florida Pain-Capable Unborn Child Protection Act", which you Retro

probably have heard of already as other states have passed in some form or another. This bill would prohibit doctors from performing an abortion procedure on an unborn child more than 20 weeks old. This is the age that most physicians agree that an unborn child can feel pain. This bill is not perfect, but it is a step in the right direction and will save many lives.

Unfortunately, because of the issues with COVID, the Senate President is not allowing visitors to our offices in the Capitol, but we are holding virtual meetings and phone calls with any constituents who have concerns or ideas. So, please do not let that stop you from reaching out to our office. We need your input in this process. I work for you.

Onward & Upward, Senator Dennis Baxley

Sounds

Retro Sounds at First Friday Art Walk

Date: 03/05/2021 6:00 PM - 9:00 PM

Location: Downtown Ocala S E 1 0 0 1 s t Ave. Ocala, Florida 34470

The First Friday Art Walk will feature Retro Sounds, a music and art event, in downtown Ocala Friday, March 5, from 6 to 9 p.m. This year's Retro Sounds event will celebrate the disco era of the 1970's with a performance by Bee Gees tribute artists, Bee Gees NOW.

A band fueled by a moment in time during the disco era, the Bee Gees have become a timeless classic brand of American pop music. The Bee Gees were formed in 1958 by brothers Barry, Robin and Maurice Gibb. The movie "Saturday Night Fever" with John Travolta brought the band to the musical forefront in the 1970s with hits like "You Should Be Dancing," "Stayin Alive" and "Night Fever." Playing those hits and more, tribute band Bee Gees Now, brings that '70s dance fever to downtown Ocala.

Attendees will enjoy activities with a 1970s twist such as local arts organizations providing free, hands-on art activities; visual artists working live throughout downtown; special sales at participating restaurants and extended business hours at local shops. In addition, a vintage car exhibit by the Ocala Street Cruisers will be displayed on the east side of the downtown

Join us in your 70's themed threads for this retro-inspired evening, because "You Should be Dancing"! This event is free and open to the public, guests are encouraged to bring their own chairs. Attendees are strongly encouraged to wear face coverings, maintain social distancing, frequently sanitize their hands, and utilize cashless transactions where applicable.

Participating Artists and Organizations will be encouraged to wear face coverings, sanitize their booth frequently, provide hand sanitizer, provide cashless transactions (i.e. Venmo, Square, etc.), and practice social distancing at their booths.

For more information, please contact the City of Ocala Cultural Arts Department at 352-629-8447 or artwalk@ocalafl.org; or visit www.ocalafl.org/artwalk.

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References needed for those who would like to be in this ad. To Add Your Picture Call Tom Loury 352-804-1223

Tom Loury Long time member of CEP/Ocala Chamber of Commerce,
Past President of the Ocala Business Leaders, Co-Founder and President
of Select Business Associates, Past President of the Lady Lake Chamber.

PUBLISHER'S NOTES



By TomL

Have you ever had a cloud hanging over you. Here is how you handle it. My Business Bank account got hacked, the Bank took care of it with much worry on my behave! "But I Smiled!" I came home the other

night and the drain was back up in the Kitchen. I found the Plumber snake and got it working after much worry on my behalf. But I Smiled. Two days later my AC unit broke down. The AC guy came and after much worry on my behalf and four days without AC it was fix. When I paid the bill it hurt. But I just Smiled. So today I will start out smiling before anything happens and maybe nothing else will break for a while. JUST KEEP SMILING AND DON'T LET IT GET TO YOU. SMILE!

From a reader...

A reader pointed out that ebay will not allow sales of Confederate Flag. So now the factory's are not making as many, for not making them at all. Just another way of controlling what we can purchase.

Go to EBAY / search Pizza / Hit tab Shopping. It will show you where to buy a Pizza, or a website to buy a pizza. All Good!

Now search where to buy a Confederate Flag?

What do you see when you hit the shopping tab?

EBAY Will not allow sales of Confederate Flags!

How are these people allowed by law to control what you look for or buy online.

Personally I have never bought or owned a Confederate flag but you should have a right to check out the history or buy what you want.

There was talk about deleting History / Military Flag. Stupid and Sad!

It is said the suppliers are no longer

making the Confederate Flag. It is a part of our history

I am printing this because it is one of our readers opinion.

If you close your eyes and think of this name..."Pearl Milling Company" What do you think of.??? Maybe a concrete Plant. Well that is the suggested name for Aunt Jemima Pancakes.

The Impeachment is all about political Grand Standing. First you can't impeach a civilian. Second it comes down to the word fight. What does it mean if you say it or what does it mean I say it. Fighting for a cause does not mean violence. You can fight for a cause in many different ways. I don't think anything will happen because the Supreme Court Justice refused to attend. Which means they don't have a case...

I saw this line and begin to think about it "Valentines Day Would Be Rough With Out You!" You know there will be a lot of people who lost love ones this year because of the COVID-19. Our loss is more than most years. If you know someone that lost a love one any time of the year go visit them. Just call them up and say let's have coffee and sit and talk with them. It has a calming effect.

YOUR OPINION MATTERS! Let your voice be heard! Email tloury@att.net

Bringing our community together... Ocala Downtown • Seniors Voice of Ocala

Locations to pick up papers

- Elks Club (OBL meeting)
- Library Silver Springs Blvd
- VA at the west end of the Cascades Plaza
- Senior Center 8th Ave
- Barbra Washington Adult Activity Center
- Tax Collectors building
- **Health Department**
 - Walt's Brake & More
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the 200 corridor and the Silver Springs corridor.

Email Tom: tloury@att.net



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- Live Music
- Food Trucks
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Additional Inquiries

For more information or inquiries about Earthfest, please contact our Community Special Events Manager A m y C a s a l e t t o a t acasaletto@ocalafl.org.



Newspaper Deadlines

Editorial & Ad Copy for April
Seniors Voice & Ocala DownTown
Noon, March 19th
Lady Lake Magazine & Village Spectator
12am, March 24th

Seniors Voice of Ocala/Ocala Downtown Products of TomL Publishing, LLC

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FROM THE DESK OF =

CHIEF MIKE BALKEN



The Ocala Police Department strives to make our community one of the safest places in Florida to live, work, and play. Every member of the agency is dedicated to this mission, which is accomplished by effectively

responding to crime, addressing our community's safety concerns, and by maintaining an effective presence throughout the City of Ocala. The Ocala Police Department is an exceptional law enforcement agency with over three hundred employees who are dedicated to selfless service and who hold an immense commitment to their community. As your new Police Chief, it is an honor to represent these fine men and women who give so much for so little.

As most people know, 2020 proved to be a challenging and tumultuous time for law enforcement. While trying to deal with a deadly pandemic, police around the country were also faced with protests, violence, and general anti-police sentiment which seemingly swept across the nation. We, however, are lucky enough to serve a great community, one that supports their law enforcement officers while still demanding the highest level of professionalism and ethical standards.

We've worked very hard to develop and foster relationships within our community to ensure citizens can express their concerns in a constructive manner, which is free from violence and disorder. We believe effective policing can only be accomplished through a partnership between the police and the community and we are always looking for ways in which to expand that partnership in hopes of accomplishing our overall mission. My commitment to our community is that the Ocala Police Department will continue to build on community relationships, further our education, treat each person with respect, be accountable and understand the role of empathy in performing our jobs to serve and protect.

As we move further into 2021, my hopes are that the country can somehow heal itself, that people can come together in a functional way to solve problems, and that we can focus more on how we are all alike than on how we are different. With that said, we as citizens should all strive to learn more about local government and our law enforcement agencies. Getting involved in a citizen's police academy, taking a tour of the department, participating in a ride-along, or just following us on social media are all ways in which you can get involved and learn more about the challenging and everchanging world of law enforcement. I also encourage folks to take an opportunity to meet our officers and staff. You'll find that they are eager to listen to your concerns and issues and I'm sure you'll agree that they are exceptional individuals who stand ready to

Emotional Investing



Emotional Investing And Social Media

(NAPSI)—When it comes to gathering information to make an investment decision, investors have access to a variety of online information sources, from investment platforms to news and social media. No matter where you get your trading insights, know this: Where there is opportunity, there is also risk. Stock markets go up and they go down—and the steeper the rise or the fall, the easier it can be to derail a long-term strategy with a snap, emotionally driven decision.

Fortunately, you can use these tips to keep emotions in check.

1.Be mindful. Mindfulness can be helpful, even with investing. Before you make an investment decision, ask yourself whether an investment aligns with your financial goals. Small-dollar investments based on hype around a security might turn into big gains, but they can just as easily turn into big losses.

2.Mitigate your risk. Make sure your investment decision involves a level of risk you, not necessarily others, are comfortable with. Some people have the means to take risky bets, but many do not. Short-term

trading in a volatile market carries significant risk of loss. Above all, if you seek short-term returns, don't sacrifice money you cannot afford to lose. Remember that diversification—spreading out your investments both across and within different asset classes—can help you manage your risk

3.Consider your source. Some companies offer tools that analyze or aggregate information from social media sources to help investors make investment decisions. Depending on how it is presented, this social sentiment information—particularly real-time discussion platforms and buy/sell indicators driven by social sentiment—can lead to impulsive investment decisions, which can be a risky way to approach investing.

4.Watch your wallet. Some investors believe they can maximize investment returns by taking early withdrawals from retirement accounts or borrowing against their homes. Be aware that leveraging long-term assets for short-term gains can have significant consequences—from fees and taxes to risk of loss and more.

5.Understand the costs and risks of margin investing. Trading in a margin account—an account which lets you borrow money to purchase securities—also involves risk and you can lose more money than you deposit in a margin account. Your firm can force the sale of securities in your accounts to meet a margin call, sell your securities without contacting you and increase its margin requirements at any time without providing you with advance notice.

6.Get the basics on options trading. Options are contracts that give the purchaser the right, but not the obligation, to buy or sell a security at a fixed price within a specific Continued page 10



■ ONE PERSON'S OPINION

LETTERS TO THE EDITOR

Letter From Ron C.

This is woefully true. Each point he makes is so clear and valid, and he covers the whole gamut. I don't understand how so many can favor this trend. I don't understand how so many can actually favor this trend. Blind fools. Yes, the Bible once was the guide for our nation. We need to get back to that!

"But they refused his message, God's hand was removed, and destruction took place." (I've been saying this sadly for quite a while now: God isn't actively punishing us; He has simply removed His hand of protection and left us to our own devices.)

**"Within the first two weeks his presidency, Joe Biden issued 42 executive orders, compared with four for Trump, five for Barack Obama, and zero for George W.



Bush. That's the mark of a dictator, not a freedom-loving leader."** (Yes, indeed—governing by flat is not governing, it's dictating.)

Dear Sir,

I commend you on your honesty and bravery in your "notes" during these trying times of uncertainty. You have more guts than some of our congressmen. You are an inspiration to many of us. I particularly remember your 'note' on K Harris's history. Too bad for the many fools who did not read it.

I worry that many men today (and women) will not be as you and stand up for our freedom. Our young have been taken in during their educational years in school. However, our ancestors appreciated what a great country America is and taught us well from their experiences.

I wish you well and many years to communicate to the American people.

V.M.





(NAPSI)—At a time when their efforts were desperately needed, organizations helping to combat the effects of the coronavirus, champion equality and diversity, and provide medical care for those in need headlined this year's .ORG IMPACT Awards. The awards, presented by Public Interest Registry, recognize organizations that are healing, helping, and inspiring others around the world.

Days for Girls International was the recipient of the .ORG of the Year Award for its efforts to promote health for millions of women and girls and prevent the spread of COVID-19 through its MasksForMillions Campaign. "Every day, Days for Girls is empowering women and girls to achieve

their dreams by providing critical education and health resources to those who need them," said Jon Nevett, the CEO of Public Interest Registry, which acts as operator of the 10 million-plus .ORGs around the world.

Other .ORG of the Year recipients included Kayla Cares 4 Kids—an organization Kayla Abramowitz founded at age 11—that collects and donates entertainment and educational items to children's hospitals nationwide, and Change Labs, which promotes diversity, inclusion, and equity by increasing the number of Native-owned small businesses operating in Native communities. "Their work is a critical part of providing equity and opportunity to Native Americans seeking to achieve their dreams by becoming small business owners," said Nevett.

Public Interest Registry established the .ORG Impact Awards to recognize, honor and reward organizations on the .ORG domain that are making an incredible positive impact in their communities and the world around them. The company donated a total of \$85,000 USD to this year's recipients. "These organizations embody

Continued page 10



The Senior Fishing Derby is tentative for .Monday April 26, 2021, 9am- 12pm. Lunch is provided. For any question call 629-8357



Join us at the Ocala Downtown Market (ODM) to purchase a diverse array of products from farmers, artisans, craftspeople, food trucks! A true destination location, ODM is set just blocks off the Ocala Downtown square, in a beautiful open-air Market Pavilion. Besides permanent roof cover the facility it also has large overhead fans, restrooms, a nearby ATM, and water fountains. The Market Pavilion is also available for rental.





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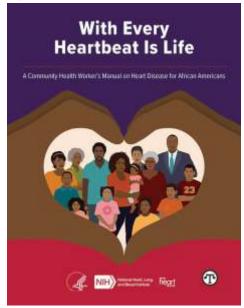


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A Tool To Save



(NAPSI)—Heart disease is a leading cause of death for all Americans, but the death rate is higher for African American men and African American women of all ages than for whites. To help community health workers in African American communities teach others about heart

resource, "With Every Heartbeat Is Life," communities.

Heart-health experts developed the toolkit to help community health workers teach the course and engage participants using idea starters and picture cards to generate conversations.

The curriculum discusses heart disease risk factors and prevention, blood pressure, cholesterol levels, diabetes, alcohol consumption, weight management, sleep, physical activity, stress, and not smoking. The resource provides practical tips, such as eating healthy even when money is tight, and how to act in time to respond to heart attack signs.

Learn More

For more information go to hearttruth.gov.

disease prevention, The Heart Truth®, a program of the National Heart, Lung, and Blood Institute, recently released a new that provides culturally tailored information about heart health. It is a resource for community health workers to use when holding educational sessions on heart disease in their own communities. It has culturally relevant information, such as heart-healthy modifications of traditional recipes, to make the manual particularly useful and meaningful in African American

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Love is just a leash away!!

depend on us. We wanted to share that we will continue to be here to help unwanted pets during this pandemic while following all Marion County and Florida state guidelines.



As this situation is constantly changing, we ask that you continue to visit our Shelter using the safety guidelines in place.

How can you help?

Pet Food Bank: Help stock our Pet Food Bank with pet food and supplies for people who cannot afford them due to job loss or other reasons. You can also bring donations to our Shelter daily from 10-6. Masks required please! If you need help keeping your pet with you during this time, our Happy Paws food program is here for you.

Volunteer: A small number of volunteers have returned to help in various departments. We are accepting volunteer applications but do not yet know when we will schedule orientations for new volunteers. Please contact us for more information about volunteering. We are currently working on a digital orientation.

Opt to adopt: According to the Centers for Disease Control and the World Health Organization, there is no evidence that companion animals such as cats and dogs can spread the virus that causes COVID-19.

Donate: We know there is a lot of uncertainty right now but homeless and unwanted animals still need us. Donate to help the Humane Society of Marion County so we continue our lifesaving work and make them feel safe and loved.









State: Zip Code:



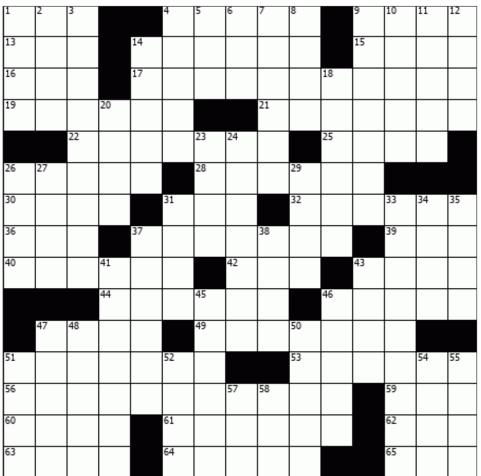
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- 1. Big house?
- 4. Coppers' routes
- 9. Singer Coolidge
- 13. What a feller needs
- 14 Pacific Ocean discoverer
- 15. Starting place?
- 16. Base address
- 17. Dannay/Lee supersleuth
- 19. Slapstick trio member
- 21. Killer wave
- 22. Go to the mat
- 25. Distresses
- 26. Zagreb citizen
- 28. Bottom line
- 30. Dale's companion
- 31. Wee one
- 32. Picks up a scent
- 36. Cat fancier from
- Melmac
- 37. Monet and Manet, e.g.
- 39. Dog-dog link

- 40. "The magic word"
- 42. "Get thee
- nunnery'
- 43. Off course
- 44. Nerds' cousins
- 46. Switch follower
- 47 Wasn't absent
- 49. Ahab or Nemo, e.g.
- 51. Captain's standby
- 53. Yegg's piece
- 56. Earl Derr Biggers'
- supersleuth
- 59. Bricklayer's item
- 60. Like some beliefs
- 61. Chihuahua wrap
- 62. First name among "The
- Magnificent Seven" 63. Calif., Wash. or Ore.
- Time zones 64. Get carried away in
- Hollywood
- 65. Despicable person Down
- 1. Mountain route
- 2. Get out
- 3. Rex Stout
- supersleuth
- 4. Hay shipments
- 5. Home expansion 6. Moniker for a Lincoln
- 7. Rich cakes
- 8. "___ who?"
- 9. Bring together again

- 10. Rating a ten
- 11. Is abundant
- 12. Years, many years ago
- 14. Bring forth
- 18. Reservations
- 20. Kind of contract
- 23. Home run gait
- 24. Beatles hit 26. "Old" Brit
- 27. Small brook
- 29. Capriati's org.
- 31. Yule purchase
- 33. Ross Macdonald's supersleuth
- 34. Fat stuff
- 35. Optical intrusion?
- 37. On top of that
- 38. "Slammin' Sammy"
- 41. Finds wonderful
- 43. Beer alternatives 45. Think highly of
- 46. Legendary American
- frontiersman 47. Small salmons
- 48. In two
- 50. Like some jelly
- 51. Sputnik logo
- 52. Belgian river
- 54. "Return of the Jedi"
- character
- 55. Do word work
- 57. ____-Magnon
- 58. Bowler or skimmer



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Tiny Teeth Are a Big Deal



(NAPSI)—With more than half of the state's third graders having experienced tooth decay, the Tooth Fairy is canvassing the state—virtually—to help improve the dental health habits of her young friends, in hopes of a cavity-free Washington.

"Children who experience tooth decay are more likely to miss school, have lower academic success, experience nutritional and speech development issues... and over time, become more susceptible to systemic inflammation, which may limit growth and development. It can also result in an increased risk for lifelong dental problems," explains Abbie Goudarzi, DDS, a licensed dentist and Delta Dental consultant. "It's

really unacceptable that more than half of our state's third graders have tooth decay, a number that's even higher in many rural and BIPOC communities."

To help address the issue, the Tooth Fairy is making virtual appearances in classrooms and community-based youth organizations statewide as part of her interactive pediatric dental health education program, The Tooth Fairy Experience, designed to make dental health education fun for students in kindergarten through second grade.

The free 30-minute interactive presentations led by the Tooth Fairy are customized for each learning environment—including a storybook

reading, fun teeth facts, proper brushing techniques, tooth science experiment, dental health hand puppets and a sugar demonstration. It's all aimed to improve dental health behaviors of kids as they enter their cavity-prone years, and to spur regular dental exams—which were down 17 percent statewide last year for 5-10-year-olds, claims data from the state's largest dental benefits provider reveal.

According to Delta Dental's National Children's Oral Health Survey, 30 percent of U.S. parents reported that their children (between the ages of 6 and 12) missed school in the previous year due to an oral health problem (as opposed to a regularly scheduled dental appointment).

Children's dental care may not seem like a top priority considering kids lose their first set of teeth, but baby teeth are very important. Cavities early in a child's life can have long-term effects which linger far past the loss of baby teeth—it's why the program's website (www.TheToothFairyExperience.com) also offers helpful resources and tips for

parents, including early signs of cavities:

Pain around the tooth and gums when eating or brushing

A new or increased sensitivity to hot or cold food and drinks

Aversion to hard or crunchy foods

Consistent bad breath

Visible white spots on the teeth

Holes or discoloration (cavities in their early stages will often appear as white spots, then become a light brown color as they progress. More serious cavities may turn a dark brown or even black)

Delta Dental reminds parents and caregivers that good dental health habits are

reading, fun teeth facts, proper brushing important throughout a child's life and are techniques, tooth science experiment, dental health hand puppets and a sugar demonstration. It's all aimed to improve dental health behaviors of kids as they enter important throughout a child's life and are particularly impactful during the formative years—and to educate themselves and their children on the importance of dental health, noting that "the Tooth Fairy will thank you!"

The Tooth Fairy Experience was developed by Delta Dental of Washington in partnership with Arcora Foundation and School Nurse Organization of Washington.

For free downloadable materials and information on scheduling a virtual Tooth Fairy Experience presentation, visit www.TheToothFairyExperience.co

Note to Editors: While the information in this article can be useful to anyone, it's particularly so to people in Washington state.





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ATTORNEY GENERAL MOODY



Attorney General Moody Issues Tips to Promote Safe and Responsible Internet Use on Safer Internet Day

promoting safe and responsible internet use in recognition of 2021 Safer Internet Day. With COVID-19 forcing more Floridians to learn, socialize and work remotely, secure internet usage is more important than ever. The good news is there are simple steps users can follow to improve online security and protect sensitive information.

Attorney General Ashley Moody said, "Most of us access the internet every day to learn, work or socialize. This increased online activity provides more opportunities for scammers, hackers and thieves looking to steal your personal and financial information. Safer Internet Day is a good reminder to take a fresh look at how to protect your finances, identity and safety

Attorney General Moody is releasing the following tips to help Floridians stay safe online:

- Use a strong, lengthy password that has uppercase and lowercase letters, numbers and symbols. Create unique passwords for each online account;
- Never give information to an unknown or untrusted source, and always use secure networks to send information;
- Understand personal privacy terms and conditions for any smart-home devices or virtualpersonal assistants in use;
- Monitor children's internet and technology use with Parental Controls; and
- Proceed with caution when using public wireless networks as they are accessible to the public, including hackers. Avoid staying logged in to accounts when accessing these networks to help prevent hackers from accessing personal information.

For more tips and information on how to stay safe online, go to https://www.consumerresources.or g/consumer-topics/internet-andprivacy.

In January, Attorney General Moody issued a Consumer Alert that provides additional tips to guard private information online. To view other recent Consumer Alerts, visit our Consumer Alert webpage at MyFloridaLegal.com/ConsumerAlert.

Attorney General Moody Secures \$40 Million for Florida from Company Marketing Opioid **Medications**

TALLAHASSEE, Fla.—Attorney General Ashley Moody is securing millions of dollars for Florida through efforts to hold accountable corporations responsible for helping fuel the deadly opioid epidemic. Attorney General Moody today announced the results of a multimillion-dollar action against a marketing company that helped turbocharge the opioid epidemic through a marketing collaboration with Purdue Pharma.

Florida joins a coalition of attorneys general from 47 states, the District of Columbia and five U.S. territories in the \$573 million action with one of the world's largest consulting firms, McKinsey & Company. The multistate action resolves investigations into the company's role in working for opioid companies to help promote products that fueled the opioid epidemic. As a result, Florida will receive more than \$40 million—a majority of which will be made available for allocation by Florida lawmakers during this critical time.

Attorney General Ashley Moody said, "I'm pleased this money will be available to help Floridians very soon, and I will work alongside our great legislative leaders to ensure funds are allocated to areas hit hard by the opioid crisis. While securing these funds is a great win for Florida, our work is far from over, and I remain committed to fighting tooth and nail, both inside and outside the courtroom, to stop the death and destruction inflicted on Florida families by opioid abuse."

Florida House Speaker Chris Sprowls said, "Thank you Attorney General Moody for holding companies accountable for their role in perpetuating the opioid crisis. This epidemic has impacted families across Florida and this settlement is another step toward righting these wrongs.'

Florida Senate President Wilton Simpson said, "Today's announcement is the product of years of hard work, and I am very grateful to General Moody for her leadership in bringing this tremendous settlement across the finish line. Opioid abuse has plagued our communities for far too long, tearing apart families and taking so many lives way too soon, while the COVID-19 pandemic has left many people struggling with this addiction feeling isolated and alone. As a state, we are doing all we can to address this terrible problem, and Floridians can take great pride in the fact that our Attorney General is a national leader in this effort. This settlement is welcome news, but I also

know it is really just the beginning of General Moody's tremendous efforts to hold **Emotional** these companies accountable."

problems caused by opioid abuse in Florida. Continued from page 5 In addition to providing funds to address the period of time. Options can help investors internal documents detailing work for risk, and it is possible to lose money. Purdue Pharma and other opioid companies for public disclosure online.

document retention plan, continue an investigation into allegations that two of its requirements associated with this kind of partners tried to destroy documents in trading. response to investigations of Purdue Pharma, implement a strict ethics code that market's integrity, FINRA, a governmentall partners must agree to annually and stop authorized not-for-profit organization that advising companies on potentially dangerous Schedule II and III narcotics.

Today's filings describe how McKinsey contributed to the opioid crisis by promoting marketing schemes and consulting services to opioid manufacturers, including OxyContin maker Purdue Pharma, for more than a decade. The complaint, filed with the settlement, details how McKinsey advised Purdue on how to maximize profits from its opioid products, including targeting highvolume opioid prescribers, using specific Honoring messaging to get physicians to prescribe more OxyContin to more patients and circumventing pharmacy restrictions in order to deliver high-dose prescriptions.

When states began to sue Purdue's directors for their implementation of McKinsey's marketing schemes, McKinsey partners began emailing about deleting documents and emails related to working for

To view the complaint and consent judgment, go to myfloridalegal.com/

The filing is the latest action Attorney General Moody's office has taken to combat the opioid epidemic in Florida and hold accountable those responsible for creating and fueling the crisis. The Florida Attorney General's case against major opioid distributors, manufacturers and pharmaceutical companies continues.

For more information on the state's case, go to myfloridalegal.com/ Joining Florida in the investigation and court action are attorneys general from: Alabama, Alaska, Arizona, Arkansas, California, Colorado, Connecticut, Delaware, the District of Columbia, Georgia, Hawaii, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Utah, Vermont, Virginia, Wisconsin, Wyoming, and the territories of American Samoa, Guam, the Northern Mariana Islands, Puerto Rico and the U.S. Virgin Islands.

The money will be used to abate Investing

crisis, the multistate action calls for manage risk or increase buying power. But McKinsey to prepare tens of thousands of buying and selling options also involves

7. Know the rules if you are day trading. Are you actively trading stocks? If so, it's McKinsey also promises to adopt a strict important to know what it means to be a "pattern day trader" because there are

To protect investors and ensure the oversees U.S. broker-dealers, works every day to ensure that everyone can participate in the market with confidence. If you are aware of unfair practices or specific instances of abusive or prohibited conduct, FINRA wants to know about it immediately.

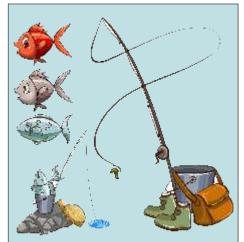
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The Selfless

Continued from page 6

what motivates PIR every day. They are filled with selfless people who throughout even the toughest of years looked beyond themselves to their communities," said Nevett.

For a complete list of finalists and winners of the 2020 .ORG of the Year Awards, please visit https://orgimpactawards.org.



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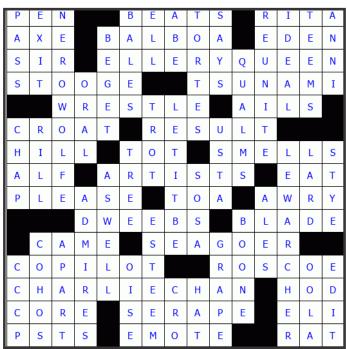
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