A free publication serving the people of the Ocala area LOCAL! Take Me Home! Volume 9 Issue 7 July 2018

Columbia Bank Ribbon Cutting



Columbia Bank celebratied their one year Ambassadors, friends and customers anniversary by having a ribbon cutting. attended. Columbia Bank is located on CEP / Ocala Chamber of Commerce SilverSprings Blvd.



their members business, Climate Control. Pictured are some of the representatives that were in attendance. From left: Mick Ritter, Rachel West, Louie WiseIII (CEO

Ocala Business Leaders visited one of Owner) and Dylan Wambles. Not pictured was Jerry Elkins who is on the mend from surgery. Climate Control is located in the Intec Building on NW 4th St.

of Marion County, Florida:

In order to protect our rural lands, our vital equine industry, our precious conservation land tracts, and the quality of life of our citizens and the overall objectives Board hereby opposes each and every one of

The Board of County Commissioners the five alternative corridors of the Coastal Connector currently under consideration through western Marion County, as well as any new proposed corridor that would traverse the Farmland Preservation Area of western Marion County, as depicted on of our adopted Comprehensive Plan, the Exhibit B, attached hereto; or any new proposed Conintued page 2



Bronson Mosley brought his "tools" in to share with the members of Ocala Business Leaders. Day Break Studios is a video production company specializing in cinematic productions. We learned that there are different types of video

Highlight Business Feature - a quick informational video about what you and your business do:

- Sketch/Skit Video tell a story, sometimes silly
- Documentary/Testimonial style -People will speak about their experience with you and your
- In some cases, a business may choose to do a combination of all three types

AG Bondi Briefing



seniors. Many retire to Florida, bringing with them a lifetime of memories, wisdom and their life savings. Too often scammers target our seniors in an effort to steal their hard-earned retirement money. This is despicable.

Our seniors deserve honor and respect. They served in WWII and Korea, made the economy boom and played a major role in strengthening our state and nation. Anyone who preys on these great citizens in their golden years is lower than dirt, and my office will aggressively investigate anyone targeting them.

Just this week, working with the Hillsborough County Sheriff's Office, we stopped a scam targeting Spanish-speaking seniors in grocery store parking lots. The scammers claimed to have a winning lottery ticket that they could not claim because of immigration status.

According to the investigation, once the

Florida is home to more than three million defendants convinced a victim to help—they asked to borrow collateral in the form of cash or jewelry, in order to claim the prize. In total, the defendants are charged with stealing more than \$150,000 in cash and \$34,000 in jewelry from more than a dozen victims in their 60s to late 80s.

My Office of Statewide Prosecution will prosecute these defendants to the fullest extent of the law and I want to thank Sheriff Chad Chronister and the Hillsborough County Sheriff's Office for fighting fraud and protecting seniors.

In closing, today is World Elder Abuse Awareness Day, and as this case highlights our seniors, too often, are the victims of financial abuse. To fight fraud against seniors, I publish a guide full of consumer tips. Take a few minutes to review the guide, SmartConsumersSeniorsGuide and please, share it with anyone you believe would benefit from the information inside.

OCALA/MARION COUNTY CHAMBER & **ECONOMIC PARTNERSHIP**



Coastal Connector

The CEP appreciates the efforts of the Florida Department of Transportation to ensure safe, viable, and efficient transportation corridors for our state. We have discussed the Coastal Connector with the Department, state and

local officials, the equine community, and our business community. As a result, the Board requests the Department abandon the proposed Coastal Connector routes but continue to work with all of these partners.

The above statement is the CEP's official stance on the proposed routes for the Coastal Connector. Over the last few weeks, several of our partners and community members have asked us our position on this issue. While we were able to provide commentary and background information, we could not take an official stance until it had gone all the way through our process for issues which ends with approval by the Board of Directors of a position. Because we work with a volunteer Board composed of 30+ executives, this process usually takes 6-8 weeks.

Our advocacy efforts in recent years have mostly focused on local issues (i.e. transportation impact fees, sales tax, etc.) in which our Board members are already

familiar and we have been engaged for several months before an official position is needed. The timing has worked well. However, on this issue we could not officially take a position until the end of May and thus was pushing our process.

While the CEP could not take an official position until then, it does not mean that leadership was not actively engaged directly with those who make and influence these decisions. We reached out directly to our contacts in Tallahassee and raised concerns with the state on the proposed routes and their impact. We maintained regular communication directly with FDOT, the Governor's Office, and the leading candidates for Governor as well as the other Cabinet offices on the issue. Perhaps most importantly, we met with many of the businesses impacted by these proposals and helped them formulate their response. It was very satisfying to see the CEP's Equine Economic Impact Study quoted numerous times throughout the discussions on the

While the routes were unacceptable, I do not believe FDOT or any other group was intentionally attacking the equine industry. Road projects are all long-term efforts which involve countless meetings to plan, evaluate, gather input, re-plan, re-evaluate, and gather more input. This process started with lines across a map. The process works because the Department now knows how not

to redraw the lines. There will inevitably be many more proposals and many more meetings. And I know from experience with multiple other major road projects, that a 25year time horizon is probably more like 30

The CEP addressed this issue in the way we work best-quietly working with key stakeholders and decision-makers to understand the economic challenges. However, as we continue to develop as an organization and as we grow our advocacy team (we have added a second team member to Business Advocacy starting 1 June) we will need to re-evaluate this issue structure to ensure we are best serving our partners and the business community.

West Coastal Corridor Continued from page 1

corridor within the City of Dunnellon or rural areas adjacent thereto, conservation lands including Halpata Tastanaki Preserve, Ross Prairie, Rainbow Springs state park (and its additions), and Lake Rousseau.

The Board respectfully requests the Honorable Governor Rick Scott to intervene in the Coastal Connector project, and to direct the elimination of any of the five currently proposed corridor alignments in western Marion County; and that the Governor further direct the Turnpike Enterprise to terminate the current Coastal Department of Transportation and Florida an order pardoning Johnson.

Turnpike Enterprise should avoid proposing any new turnpike routes in the areas described in Section 1 above.

The Board of County Commissioners of Marion County further urges the Honorable Governor Rick Scott to direct that the Florida Department of Transportation and Florida Turnpike Enterprise refocus their efforts upon achieving the primary recommendation of the I-75 Relief Task Force made on October 1, 2016, which provides: "Transform I-75 from Hernando to Columbia counties by expanding its capacity and improving its safety, efficiency, and reliability through potential strategies such as express lanes and truck-only lanes."

Trump Pardons Jack Johnson

Jack Johnson's legend the first black heavyweight boxing champion was more than 100 years ago, criminal conviction from 1913 for transporting a white woman across state lines, most would find abhorrent today, haunted Johnson well after his death in 1946 and motivated politicians and celebrities for years to advocate for a pardon to clear his name.

The Oval Office, Johnson posthumously found an unexpected champion: President Trump. Although his own record on civil rights has come under question, often harshly, Mr. Trump, flanked by boxing Connector Study, and give guidance that in champions and Sylvester Stallone, the actor any future planning, the Florida who brought the case to his attention, signed



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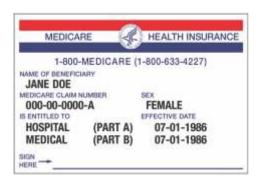


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Tom Loury Long time member of CEP/Ocala Chamber of Commerce. Past President of the Ocala Business Leaders, Co-Founder and President of Select Business Associates, Past President of the Lady Lake Chamber.

PUBLISHER'S NOTES



Patrol

by TomL

I never liked the slang word Cop. In my early youth till 14 years old I l i v e d i n a b a d neighborhood. Crime was rampant, including next door, across the street, and for a six block

radius. The people around our family used the word cop with much hatred. So I did not like the slang word cop and for that was not well liked by most of the neighbor kids my age. Where the word cop begin? The slang word 'cop' derives from the phrase 'constable on patrol.'

Information from the internet:

A police force is a constituted body of persons empowered by a state to enforce the law, to protect people and property, and to prevent crime and civil disorder. Their powers include the power of arrest and the legitimized use of force. The term is most commonly associated with police services of a sovereign state that are authorized to

Cop - Constable on exercise the police power of that state within a defined legal or territorial area of responsibility. Police forces are often defined as being separate from military or other organizations involved in the defense of the state against foreign aggressors; however, gendarmerie are military units charged with civil policing. The police force is usually a public sector service, funded

> Law enforcement is only part of policing activity. Policing has included an array of activities in different situations, but the predominant ones are concerned with the preservation of order. In some societies, in the late 18th and early 19th centuries, these developed within the context of maintaining the class system and the protection of private property. Police forces have become ubiquitous and indispensable in modern societies, though some are involved to varying degrees in corruption, police brutality and the enforcement of authoritarian rule.

> Alternative names for a police force include constabulary, gendarmerie, police

department, police service, crime prevention, protective services, law enforcement agency, civil guard or civic guard. Members may be referred to as police officers, troopers, sheriffs, constables, rangers, peace officers or civic/civil guards. The word police is most universal and can be seen in many non-English speaking countries.

As police are often interacting with individuals, slang terms are numerous. Many slang terms for police officers are decades or centuries old with lost etymology. One of the oldest, "cop", has largely lost its slang connotations and become a common colloquial term used both by the public and police officers to refer to their profession.

Publishers Note:

In my mind the word Cop is showing disrespect to Law Enforcement Officers. It's a slang word. The Police Officers are here to protect you from criminals. The Police Officers are here to stop and catch the bad guys then hand them over to the courts to pass judgement. Over the years their job has many more rules of engagement. That is where the great controversy starts.

So I say do what the Police Officer says and if you have a complaint, don't settle it on the street. Take it to the court systems who interpret the law.

Show them respect, make your case and listen to the courts. You may not agree but the Law is the Law that we have to live by.

Crime Stoppers

Crime Stoppers is a country wide program designed to assist law enforcement with solving crimes. The program encourages citizens in the community to provide information to assist law enforcement agencies fight against crime.

Crime Stoppers is based on the principle that "someone other than the criminal has the information that can solve the crime" and was created to combat the three major obstacles faced by law enforcement in generating that information:

Fear of reprisal

An attitude of apathy

Reluctance to get involved

Callers will remain anonymous and are eligible for a reward of up to \$1,000.00 if the information provided <u>directly</u> to Crime Stoppers leads to an arrest, the recovery of stolen property or the recovery or seizure of any illegal drugs or narcotics.

813 Vehicle Burglaries in Marion County last year

732 were unlocked vehicles

123 had firearms in the vehicle

Visit www.ocalacrimestoppers.com for more information on how you can help.

Deby Bakos and Floyd Hershberger -Crime Stoppers

Newspaper Deadlines

Editorial & Ad Copy for August Seniors Voice & Ocala DownTown 12am, July 18th Lady Lake Magazine & Village Spectator 12am, July 25th

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Florida State Senate

DENNIS K. BAXLEY



upon us and that means that there are Florida. only a few short months left before the mid-term elections. During this time, many candidates will present their philosophies and ideas

to the people about how they will serve them and improve the efficiency of their government. For those of us seeking reelection, one of the most common questions we get is, "what have you done so far?" It is a fair and direct question that can be answered in different ways. Today, I have chosen to highlight some of our biggest victories and the recognition that your Senate seat (I just sit in it for you) has received from advocacy

Summertime is groups and organizations from across the State of

> In 2017, your Senator was recognized as the Legislator of the Year from the Florida Coalition for Children (FCC) in recognition of the service and dedication to the children of Florida. The Florida Coalition for Children's mission is to advocate on behalf of Florida's abused, abandoned, neglected, and at-risk children, and to support the agencies and individuals who work on their behalf. Each year, this organization helps over 50,000 children and families in crisis. I am proud to work alongside this great organization.

The Florida Police Chief's Association (FPCA) recognized your Senator as the Legislator of the Year in 2017. During that comprised of locally elected,

684) that requires a sexual predator and identifier's corresponding website homepage or application software name. It also defined "internet identifiers" as any designation, moniker, screen name, username, or other name used for selfidentification to send or receive social Internet communication. As a father and grandfather, nothing is more important to me than protecting the lives of vulnerable young children from possible predators and perverts. The FPCA's support was critical and it was a pleasure working with them to pass this legislation.

Your Senator was named the legislative champion by the Florida Association of Property Appraiser's, in appreciation of our support and dedication during the 2017 Legislative Session. The Florida Association of Property Appraisers (FAPA) is a statewide professional organization

Session, I sponsored and passed a bill (SB constitutionally authorized property appraisers whose mission is to promote fair sexual offender to report each Internet and equitable assessments of property within and between counties in the state of Florida.

> Also, that year the Florida Coalition of School Board Members awarded your Senator the Fighting for Kids Award. This award is given to those policy makers who introduce or support legislation that promotes their core values of fiscal responsibility, parent and student choice, and local control. During the 2017 Session I sponsored a bill that revises eligibility requirements for specified students to receive part-time instruction at the Florida Virtual School and authorized all students, including home education and private school students, to participate in specified virtual instruction options.

> It is such a privilege to serve you in the Florida Senate, and as we will see, there are many opportunities to protect the freedoms that each of us enjoy every day. Next month, I will share more of what we have done, together, for the people of Senate District 12, and the State of Florida.

Onward & Upward,

The White House

Trump administration released their annual report to Congress on White House Office Personnel. It includes the name, status, salary and position title of all 377 White House employees.

The report also said that Trump decided not to take a dime of his salary: instead he donated it to an amazing cause! See below.

The report also showed that President Trump is far better at saving money than Obama was. The total annual White House salaries under Trump are 35.8 million vs. \$40.9 million under Obama, a savings of \$5.1 million.

Here are some other key findings:

There are 110 fewer employees on White House staff under Trump than under Obama at this point in their respective presidencies.

Nineteen fewer staffers are also dedicated to The First Lady of the United States (FLOTUS). Currently, there are only five staffers dedicated to Melania Trump vs. 24 staffers who served Michelle Obama (FY2009)

However, it's what the report said Trump did with this salary that has everyone

Instead of taking his salary, Trump donated all \$400,000 to the Department of the Interior where it will be used for construction and repair needs at military cemeteries! AMAZING! It's so great to have a President who loves our brave military men and women so much!

Oh, and where's the media coverage of this? That's right...they don't cover anything decent that the President does...







Social Security Trust pay 79 percent of scheduled benefits. **Fund Reserves**

Reserves Depletion Year Remains 2034 Says Board of Trustees

Disability Fund Improves by Four Years

The Social Security Board of Trustees today released its annual report on the longterm financial status of the Social Security Trust Funds. The combined asset reserves of the Old-Age and Survivors Insurance and Disability Insurance (OASDI) Trust Funds are projected to become depleted in 2034, the same as projected last year, with 79 percent of benefits payable at that time.

The OASI Trust Fund is projected to become depleted in late 2034, as compared to last year's estimate of early 2035, with 77 percent of benefits payable at that time. The DI Trust Fund will become depleted in 2032, extended from last year's estimate of 2028, with 96 percent of benefits still payable.

In the 2018 Annual Report to Congress, the Trustees announced:

The asset reserves of the combined OASDI Trust Funds increased by \$44 billion in 2017 to a total of \$2.89 trillion.

The total annual cost of the program is projected to exceed total annual income in 2018 for the first time since 1982, and remain higher throughout the 75-year projection period. As a result, asset reserves are expected to decline during 2018. Social Security's cost has exceeded its non-interest income since 2010.

The year when the combined trust fund reserves are projected to become depleted, if Congress does not act before then, is 2034 – the same as projected last year. At that time, there will be sufficient income coming in to

The Trustees projected depletion date

of the combined Social Security Trust Funds has not changed, and slightly more than three-fourths of benefits would still be payable after depletion," said Nancy A. Berryhill, Acting Commissioner of Social Security. "But the fact remains that Congress can keep Social Security strong by taking action to ensure the future of the program.'

Other highlights of the Trustees Report include:

Total income, including interest, to the combined OASDI Trust Funds amounted to \$997 billion in 2017. (\$874 billion from net payroll tax contributions, \$38 billion from taxation of benefits, and \$85 billion in interest)

Total expenditures from the combined OASDI Trust Funds amounted to more than \$952 billion in 2017.

Social Security paid benefits of more than \$941 billion in calendar year 2017. There were about 62 million beneficiaries at the end of the calendar year.

The projected actuarial deficit over the 75-year long-range period is 2.84 percent of taxable payroll – slightly larger than the 2.83 percent projected in last year's report.

During 2017, an estimated 174 million people had earnings covered by Social Security and paid payroll taxes.

The cost of \$6.5 billion to administer the Social Security program in 2017 was a very low 0.7 percent of total expenditures.

The combined Trust Fund asset reserves earned interest at an effective annual rate of 3.0 percent in 2017.

comL Publis

The Board of Trustees usually comprises get debris removed quickly so the more than six members. Four serve by virtue of their Berryhill, Acting Commissioner of Social Security; Alex M. Azar II, Secretary of Health and Human Services; and R. Alexander Acosta, Secretary of Labor. The two public trustee positions are currently

View the 2018 Trustees Report at www.socialsecurity.gov/OACT/TR/2018/.

To get more Social Security news, follow the Press Office on Twitter @SSAPress.

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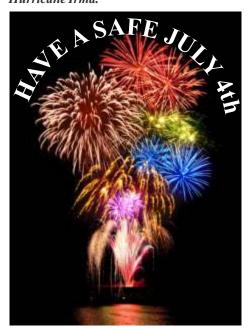
TALLAHASSEE, Fla. - CBS-Miami ran a story yesterday that is critical of the state's effort to clear debris and reopen US 1 in the Florida Keys following Hurricane Irma. This story got it wrong on debris removal, and omitted facts.

Governor Rick Scott said, "Let's not forget, the Florida Keys, a chain of islands with only one way in and one way out, took a direct hit by a Category 4 hurricane. It's easy for these vendors to look back and say they would have shown up and completed the work for cheaper, but in the days following the storm, they were clearly over leveraged and did not have the people or equipment to fulfill their commitments. I will never let special interests get in the way of storm recovery. We sent additional resources to get the job done for a community that needed help and given a choice, I would do the same thing again.

'We took swift and appropriate action to

80 percent of Keys residents who evacuated positions with the federal government: could return home. We had multiple Steven T. Mnuchin, Secretary of the vendors, lobbyists and legislators Treasury and Managing Trustee; Nancy A. advocating for the state to let the federal government manage debris removal. The federal government would have contracted with the same companies, but it would have been more expensive for taxpayers. By holding the line and utilizing FDOT contractors, National Guardsman and internal FDOT crews, we made vendors trying to profit from this disaster angry. As Governor it is my job to help communities when they need it, and that is exactly what we did here.'

> While special interests continue to produce falsehoods in an effort to discredit the state's work to clear debris following Hurricane Irma.





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■ ONE PERSON'S OPINION =

LETTERS TO THE EDITOR

What is "reform"? According to the dictionary: "to make changes in something (typically a social, political, or economic institution or practice) in order to improve it". Does HR1 (the Tax Reform and Jobs Act of 2017) go far enough to be called true tax reform? Let's examine this new policy?

Is it still based on our productivity - our income? Yes. Does it eliminate or curtail the overreach of the I.R.S.? No. Does it eliminate the need to spend countless hours and money on tax compliance that could be applied elsewhere? No. Does it do anything to address the nearly \$700 Billion per year in evasion? No. Does it stop businesses from moving overseas or bring back the trillions of American dollars held in offshore accounts? Only slightly. Does it reduce the ability of politicians to manipulate the tax code to reward friend, punish enemies and buy votes? No.

To change the answers to these questions, one needs to embrace a different form of tax policy - the FAIRtax. The FAIRtax is based on consumption rather than income. It is administered at the local and state level and thus eliminates the need for the I.R.S. to enforce it. The FAIRtax <u>replaces</u> all federal taxes based on income - personal & corporate taxes, death tax, capital gains tax, alternative minimum tax, self-employment

Under the current system, our highest priority is the federal government, not you, me or our families. The FAIRtax eliminates the federal taxes known as "withholding". Under the FAIRtax, what you earn is your money. You only pay taxes when you spend it using pre-taxed dollars. You determine by your spending habits the amount of taxes you pay.

There are many other aspects of the FAIRtax that make it fair, transparent, and simple that you need to research. I suggest going to fairtax.org to educate yourself on this wonderful program. You can even read the bill (HR25) since it is only 132 pages

What was passed in December will help but, unfortunately, only for a very short time. Since the 115th Congress went into effect 18 months ago, there have been over 1300 proposed changes to the income tax code - many proposed after HR1 was passed. Let's eliminate this unsustainable 76,000 page behemoth known as the Income Tax and have true tax reform - the FAIRtax.

Dear Editor:

Does anyone else care who runs this country, judges or citizens? Anyone care about what laws citizens shall be governed by?? Right now it is the judges who rule, congress is useless. Congress has conceded its duties to the judges. Three judges in the 5th circuit ruled on this issue, 2-1. So, one person ruled for every citizen in the US. This is representative government? As you read see if the rule represented your choice.

The AARP Bulletin may have caught your attention: the 5th Circuit court ruled against "fiduciary rule" { Financial advisors should put customers goals ahead of advisors {their own} goals.} Government, By the People, should have ruled in favor of citizens. The founding fathers foresaw this kind of behavior, and gave us escape mechanisms. We need knowledgeable leaders to help us fight corrupt government. How to use those escape routes.

When we fail to monitor the government, corruption rules. The White House Council of Economic Advisors {a lot of good they are} report investors lose at \$17 billion per year. Is this worth raising a ruckus over?

Should we form a watchdog group to track the business of these court decisions? They are costly. Financial advisors are paid handsomely, do you see the need for this ruling? Probably more advisors are eating caviar than bread and water. What are you eating? Will you need to work beyond retirement age?

How many people have their hand in your pocket? How many are by your choice?

Sincerely,

D.I.L.



With Sweet Treats



(NAPSI)—It's that time of year again! Warmer weather calls for summer road trips, long days at the beach, and poolside gatherings with family and friends. Make your next summer adventure extra special, and very sweet, by bringing along the ultimate snack, HI-CHEWTM.

Made with real fruit juices and purees, HI-CHEW's immensely chewy texture and intensely fruity flavor make it the ideal candy to add to your summer escapades. Not only is the candy fruity and chewy, but it is also 100 percent free of gluten, cholesterol and artificial colors, making it a balanced treat for everyone to enjoy.

Road trips are never complete without the perfect snack selection. Stock up on HI-CHEWTM sticks and mixed bags, two convenient formats for any journey ahead. The classic sticks include 10 individually wrapped chews, making your favorite flavor a packing essential. It's available in seven delicious, real-fruit flavors that bring satisfying juiciness in each and every chew: Strawberry, Green Apple, Mango, Grape, Banana, Kiwi and Açaí. The sticks can easily

Continued page 9



40-Day Red Snapper Season

Gov. Scott: 40-Day Red Snapper Season

TALLAHASSEE, Fla. - With Florida's red snapper season beginning this Monday, June 11, Governor Rick Scott encourages Floridians and visitors to take full advantage. Florida is the Fishing Capital of the World and recreational saltwater fishing contributes \$8 billion annually to Florida's economy. Fishing is just one of Florida's incredible natural treasures. Florida's fishing, like the state's worldrenowned beaches, attract millions of visitors to the Sunshine State every year and led to Governor Scott announcing this week that Florida experienced the highest guarter ever for tourism with more than 33 million visiting the state in the first quarter of 2018. Also, last week, Governor Scott announced that this Saturday and Sunday, June 9-10, are license-free freshwater fishing days in Florida.

Governor Scott said, "Florida is the Fishing Capital of the World and now is the perfect time to get outdoors and go fishing. I am proud that Florida's world-class fishing continues to attract visitors from around the world, fueling our incredible tourism industry which supports more than 1.4 million jobs across our state. I encourage all Florida families and visitors to spend time with their loved ones this weekend enjoying Florida's beautiful outdoors and head out for red snapper next week."

Florida Fish and Wildlife Conservation Commission Chairman Bo Rivard said, "We are proud to lead Florida's conservation efforts so that residents and visitors can access and enjoy all our state has to offer, like red snapper fishing, bass fishing, boating and more."

For red snapper season, this year and next year are unique compared to previous years in that Florida's Gulf recreational red snapper season will be the same in both state and federal waters.

Anglers fishing from private recreational boats will need to have their recreational saltwater fishing license (unless exempt) and will need to have Gulf Reef Fish Angler on their license (includes those that are exempt) to target red snapper or other certain reef fish in Gulf state and federal waters (excluding Monroe County). You can get this printed on a license at no cost at GoOutdoorsFlorida.com or by visiting any location you can purchase a license.

To learn more about the 40-day recreational red snapper season in Gulf state and federal waters, including season size and bag limits, visit

MyFWC.com/Snappers.

To learn more about license-free fishing, visit http://myfwc.com/License.

Sweet Treats continued from page 8

fit in a pocket or bag, allowing your favorite candy to be enjoyed anywhere on the go.

Long days at the beach can be relaxing, but sometimes you need to bring along the fun in the sun. Add a burst of vibrant flavor to your sunset experience with a variety of fruit flavors, available in mixed bags. Pick up a HI-CHEWTM Original Mix, Tropical Mix or Sours Mix for your beautiful beach day and your friends and family will appreciate the assortment. To fill your beach totes with the most popular flavors, the Original Mix includes classic favorites such groups. Alternatively, transport your taste buds to paradise with the Tropical Mix, which includes an exotic twist with a mix of Kiwi, Mango and Pineapple flavors in a 3.53-oz. bag. Lastly, for a sour citrus tang, Sours Mix comes in a 3.17-oz. bag with three flavors including Grapefruit, Lemon and Lime. Each piece is individually wrapped and delivers a bright and flavorful taste, making it great for sharing with friends.

If you're feeling creative while hanging poolside, try infusing the candy into a refreshing cocktail. Delicious to sip and simple to make, all you need to do is dissolve a HI-CHEWTM piece in a liquor of choice and mix in your favorite cocktail ingredients. The infusion ratio is one piece of chewy candy per ounce of liquor; just soak the candy until it dissolves. For starters, try this margarita-inspired cocktail with a mango candy twist:

Mango Chile-rita 1½ ounces Mango HI-CHEWTM Infused maintenance tasks off your to-do list to Reposado Tequila 1 ounce fresh orange juice 3/4 ounce fresh lime juice ½ ounce simple syrup

1 dash Bittermens Hellfire Habanero Shrub (optional)

Kosher salt and cayenne pepper for garnish

Run a lime wedge along the lip of one half of a rocks glass, then roll that side of the glass in an equal-parts mix of kosher salt and cayenne pepper. Measure all the ingredients into a cocktail shaker. Fill with ice, shake vigorously, then strain over fresh ice in the prepared rocks glass.

Where To Get It

You can learn more and purchase HI-CHEW™ online at www.HI-CHEW.com.

as Strawberry, Green Apple, Mango and Grape in a large 14.1-oz. bag, perfect for Backyard Tips



(NAPSI)—Summer is here and it's time for backyard barbecues! Before your guests arrive, check these four backyard ensure your yard is looking good.

Clean Your Barbecue

To prevent food from sticking to your barbecue grills, rub cooking oil on the grates before you start. After you're done barbecuing, use warm, soapy water to clean the grates with a wire brush.

Give Outdoor Furniture a Pick-Me-Up

With all furniture, check for wear and tear that may have occurred during winter. Clean plastic furniture and chair or couch cushions simply with a cloth or soft scrub brush dipped in a mix of water and dish detergent. Some outdoor cushions can be thrown in the washer so check the tags.

Check Power Equipment

Since power equipment most likely hasn't Continued page 10



Tips

Continued from page 9

been used in months, turn it on to make sure it's working properly. Some equipment may need to be lubricated to run smoothly again. Easily lubricate the moving parts of a lawn mower with WD-40 EZ-REACH_{TM}. It has an 8-inch, flexible straw that bends and keeps its shape to get WD-40® Multi-Use Product into hard-to-reach places, like in and around the blade.

Tidy Up Your Lawn

Trim large plants, hedges and bushes that had a growth spurt during the spring, and remove dead limbs from trees. Remove leaves and other debris from the gutters around your home, and remove weeds from the lawn and garden. You may need to reseed some areas of your lawn as well.

With the completion of these four tasks, guests will be enjoying your backyard barbecues all summer long.

Florida AG Pam Bondi

Scammers are always looking for new schemes to steal your money. They will even go as far as impersonating government officials or law enforcement. Recently we officials or law enforcement. Recently we received complaints from consumers Music Series targeted by imposter scams—some involved scammers impersonating officials from my

These scammers typically request a wire payment to stop some non-existent state action or they seek social security numbers or other personal information. One common imposter scam involves a caller claiming to

grandparents claiming a grandchild is in jail. Field at the Ocala Martin Luther King Jr. The scammer then requests a money transfer Recreational Complex—an underused space or prepaid debit card as bail.

If you receive one of these calls or an email seeking money claiming to be from momentum of the last year to build my office, the IRS or some other government awareness of the neighborhood's rich history agency, do not respond. Instead call the agency directly.

Here are a few other common types of community to come together. imposter scams:

representatives of a legitimate charity or advocate for cultural impact in the Ocala espouse a fictional charity in order to solicit

Lottery Scams: Scammers claiming to be agency or a private law firm call or email artinfo@ocalafl.org. claiming you won the lottery and must make a payment to claim the price.

<u>Utility Scams:</u> Caller claims to represent recyclables in the appropriate receptacles. a utility company and threatens to shut off utilities if a payment is not made immediately.

If you are a target of these or any other scam, please contact my office at MyFloridaLegal.com or by calling (866) 9-NO-SCAM. Working together we can protect Florida's consumers

_evitt AMP

July Lineup

Get AMPed for a summer of FREE concerts with the Levitt AMP Ocala Music Series! There will be free live music, good food and fun for the entire family every Friday night from June 15 to Aug. 17, 6 to 9 p.m. at Webb Field.

The Levitt AMP Ocala Music Series

located in the once-thriving neighborhood of West Ocala—capitalizing upon the and ongoing revitalization efforts, while providing a dynamic space for the

Presented by the Marion Cultural Charity Scams: Imposters pose as Alliance (MCA), a nonprofit catalyst and community in partnership with the City of

For concert schedule updates due to with the state lottery, other government weather, please call 352-629-8447 or email

Venue Rules

- Make memories not messes ~ put trash and
- · Fireworks, and other combustibles are not permitted at Webb Field.
- Please refrain from amplified sound during the Levitt AMP Ocala Music Series.
- Help us to provide a smoke free environment for our children to play. Refrain from smoking near playgrounds or other areas where children might gather.
- · Well behaved dogs on leashes are welcome to play at Webb Field. Please pick up and dispose of any wastes in trash receptacles.
- · No vehicles, scooters, bicycles, motorbikes or any motorized vehicle is permitted on the lawn of Webb Field. Please park in appropriate areas.

Parking

Parking is available in the following public adjacent parking areas:

Hampton Center: 1501 W Silver Springs

be law enforcement. They target returns for a second year to elevate the Webb Blvd, Ocala, FL 34475 [Access from NW 16th Avenue or State Road 40 (W. Silver Springs Blvd.)1

> · Hampton Aquatic Fun Center: 255 NW 16th Ave, Ocala, FL 34475

July Schedule

Friday, July 06, 2018 at 7:30pm

Nick Schnebelen

With searing guitar licks driving emotionally-dynamic songs, Nick Schnebelen distills the passion of the blues into high-octane tracks that bring audiences to life.

With opening act Honey Hounds at 6pm.

Friday, July 13, 2018 at 7:30pm

Honey Island Swamp Band

The self-dubbed 'Bayou Americana' jammers of Honey Island Swamp Band inject colorful lyrics into funky roots music that gets your hands clapping and your feet stomping.

With opening act Jeff and the Jarretts at 6pm.

Friday, July 20, 2018 at 7:30pm

Orchestra Fuego

GRAMMY-nominated 12-piece salsa phenomenon Orchestra Fuego is igniting dance floors across the nation with highenergy performances that combine red-hot original songs and invigorating new arrangements of time-honored favorites.

With opening act Eduardo Fuentes at 6pm.

Friday, July 27, 2018 at 7:30pm LaTasha Lee and the BlackTies

Retro-soul artist LaTasha Lee and her band The BlackTies treat audiences to feel-good smooth grooves with funky basslines and unbridled, powerful vocals that lift the spirit and sooth the soul.

With opening act Ecliff Telford at 6pm.



Volunteer Fire Departments



(NewsUSA) - Volunteers make up more than two-thirds of the nation's fire service and protect their communities from a wide range of emergencies. Yet many fire departments are having difficulty meeting the staffing needs that an all-hazards department requires.

Call volumes have skyrocketed in recent years, tripling over the last three decades. At the same time, many fire service veterans are reaching retirement age, while there are fewer new recruits coming into the ranks.

Department leaders are looking to recruit the next generation to fill the gap and step up to serve their community in a unique and rewarding way.

A survey conducted by the National Volunteer Fire Council (NVFC), the national nonprofit association representing the volunteer fire and emergency services, found that 44 percent of people between the ages of 18 and 34 have an interest in volunteering as an emergency responder. A barrier to people taking action on this is awareness: the same survey found that 79 percent of people do not know if their department needs volunteers.

"Many people don't realize that their department is staffed by volunteers or that they need more volunteers," says NVFC chair Kevin D. Quinn. "We are working to get the word out that we need more people, and that anyone wanting to serve their

community can be a fire service volunteer."

Millennials, as the 18-34 age group is commonly referred to, are one key demographic that volunteer fire and emergency service departments are trying to this demographic will play a crucial role in the success of the volunteer fire service.

"Millennials make great firefighters and emergency volunteers. They work hard, learn fast, are technologically savvy, and are used to balancing multiple responsibilities," says Quinn. "It is this generation that is really where the future of the fire service lies. They are our leaders of tomorrow."

The younger generation is also finding that there are many benefits to being a fire service volunteer. For one, it provides a meaningful way to give back to the community. Volunteers also learn skills that they can use in many aspects of their personal and professional lives. In addition, many volunteers find the sense of community and family that exists in the fire

service to be one of its biggest draws.

Volunteer firefighters are a diverse group of people who come from all backgrounds, professions, ages, genders, races, and ethnicities. Anyone with the desire to serve reach. With more than 80 million people, can find a volunteer role in the fire service. It is mainly about having the heart and drive to make a difference where it's needed most.

> New recruits are trained by the department. Fire departments typically respond to a variety of emergency calls, which may include fires, medical emergencies, search and rescue, natural disasters, hazardous materials incidents, vehicle collisions, terrorist threats, and other public service calls. Many departments also provide community services such as fire prevention education.

> The NVFC has created the Make Me A Firefighter campaign (www.MakeMeAFirefighter.org) to help departments with recruitment efforts, educate the public about the need for volunteers, and connect potential volunteers with their local fire department.

> "We encourage anyone interested in volunteering to visit

> www.MakeMeAFirefighter.org," says

Championing the Right to Age Well



(NewsUSA) - In 1967, one of today's most iconic runners made her mark in history.

Despite an angry official who tried to push her off the course of the Boston Marathon, Kathrine Switzer defiantly ran on, broke barriers and became the first woman to officially

complete the legendary race.

Today, at the age of 70, Switzer continues to defy the odds.

This year, she ran the 26.2-mile Boston Marathon again to celebrate the 50th anniversary of her historic milestone and continued to inspire others to break new ground. She also announced a partnership with the health and well-being company, Humana, to help celebrate seniors, encourage them to take an optimistic view of aging, and live healthy, active lifestyles.

When the Boston Marathon race director tried to shove me off the course in 1967, my life's purpose was crystalized. I knew I wanted to be a champion for others committed to blazing their own path," Switzer says.

"I'm working with Humana to inspire seniors to achieve their best health, so they can experience all that life has to offer."

Switzer shared tips on how she maintains an optimistic outlook on aging, and why she believes that great things are ahead when your health is ready -- no matter what age you are!

Don't let your age define you.

The biggest tip is to realize that you're never too old, too slow or too out-of-shape to begin living an active lifestyle. Whether it's walking the dog a bit further than usual, or taking a swim at the local health club -; finding ways to get active can help you live healthier and be more optimistic.

Take it one step at a time. Allow time to adjust to a new routine. Start small and build

Continued page 13



Page 12, Seniors Voice/Downtown - July 2018



- 1. What some fail to see
- 6. Trough filler
- 10. A Smurf
- 14. Gay (historic name)
- 15. Enemy of the Moor
- 16. First fratricide victim
- 17. Lemon skins
- 18. Hermit or horseshoe,
- 19. Portable lodging
- 20. Greek letter
- 21. Finishing blow
- 24. Halyard supporters
- 26. Type of tenant
- 27. It's deadly for Bardot
- 29. Street urchin
- 31. Certain field workers
- 32. Macho one
- 33. Board partner
- 36. Unwelcome one
- 40. Adjective for Br'er Fox
- 41. Bendable things?
- 42. Zagros Mountains locale

- 43. "American Buffalo" playwright
- 44. Legendary Yankees slugger
- 46. Soft drink since 1961 49. Cleo's
- transport 50. What will be,
- will be
- 53. Lepidopterist's accessory
- 56. Cajole
- 57. Declare as fact
- 58. Lee DeForest's medium
- 60. Jelly for germs
- 61. Wedding cake feature
- 62. On one's toes
- 63. Gainsay
- 64. Christian Science founder
- 65. Akron exports

Down

- 1. Roll call?
- 2. School credit
- 3. Holy Island sight
- 4. On in years
- 5. Scoundrel
- 6. Popular houseplant
- 7. Wild West lawman
- 8. Yipes!
- 9. Animal of German origin
- 10. Regular customer

- 11. At right angles to the length of a ship
- 12. Hearth money, to Peter
- 13. Change
- 22. Piece of mine?
- 23. Auctioneer's final word almost
- 25. Gives two thumbs down to
- 27. Beau Brummells
- 28. Skating leap
- 29. French writer of
- "The Balcony"
- 30. Israeli novelist Oz
- 32. Clearly in good health
- 33. One who mixes with Jim, Jack and Johnny?
- 34. Etc. relative
- 35. Hamlet or Laertes,
- 37. Get on a soapbox
- 38. Count
- 39. Bilbo Baggins' find
- 43. King novel
- 44 Rlemish
- 45. Turkish massif
- 46. Football team
- 47. Rid of impurities
- 48. Daughter of Lear
- 49. "Maybellene" singer
- 51. Eager-beaverish
- 52. It's for the birds
- 54. Yeats' country 55. Rugrats
- 59. Fatima's husband



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Age Well

Continued from page 11

on your efforts in small intervals. Listen to your body and be proud of your progress.

Two is better than one. To help you stay motivated, get a buddy who has similar fitness goals. If a buddy is waiting for you, you won't worry about being embarrassed or feeling slow; it'll just be the two of you. There are few things greater than sharing victories and accomplishments with someone close.

Make time for rest. Equally as important as staying active is ensuring that your body recovers from the stress endured from physical activity. Not only will your body thank you, but you will grow to love your active lifestyle more without aches and pains holding you back.

Switzer recently took her message to the National Senior Games presented by Humana, one example of how the company is committed to championing seniors and breaking barriers -- namely, the stereotypes associated with seniors in today's society -- and proving that with a healthy body and mind, age is truly just a number. While at the Games, she participated in the 10K Road Race in a celebratory role and presented an inspiring and encouraging speech at the Celebration of Athletes.

In addition to being a fierce advocate for seniors and optimistic aging, Switzer has been a lifelong advocate for women runners in general.

In 1972, she co-founded the first women's-only road race; in 1984, she led the drive to get the women's marathon into the Olympic Games; and in 2015, she founded 261 Fearless, a global non-profit that empowers and connects women through the transformative action of running, and encouraging them to overcome life obstacles and embrace healthy living.

"I think optimism is everything and you don't have to be a marathon runner to possess it," Switzer says.

"The more you do, the more you can do!"

Prepare for Storm Season



(<u>NewsUSA</u>) -- Sponsored by GAF - Here we go again?

Five to nine hurricanes - with as many as four "major" ones boasting sustained winds of 111-plus mph - is what the National Oceanic and Atmospheric Administration just predicted for this year's storm season. In other words, they're calling for an "active" six months or so through the end of November.

And while no one's saying we're in for a repeat of last season's devastating triple whammy - yes, we do mean Hurricanes Harvey, Irma and Maria - ask anyone still dealing with the havoc of having had their house battered in one of those storms if they don't still wonder what more they could've done to be better prepared.

"It only takes one storm to devastate a community," said Acting FEMA Deputy Administrator Daniel Kaniewski.

Read on for some of the best advice on readying for the next (inevitable) storm.

* Check your insurance. The coups de grace for many of those hit hardest last year was discovering that they'd have to find a way to pay all or some of their rebuilding costs themselves. The reasons ranged from lack of flood insurance (only those with federally backed mortgages living in designated high-risk zones are

required by law to buy it) to a local spike in the price of labor and materials.

"Hurricane Harvey (in Texas) showed that flooding can also damage properties outside the highest-risk zones," the Wall Street Journal noted, quoting a former New York insurance commissioner as saying that "even financially literate people" don't understand that floods aren't covered in the standard homeowners policy.

* Clean your gutters. Even in perfect weather, Angie's List says you're looking at a possible "nightmare" if they're so clogged with mounds of leaves, sticks, and other debris that it causes your roof to leak. And if you factor in a hurricane-strength rain, suddenly the very roofing system component meant to control the flow of all that water - thus protecting your roof, walls, foundation, and landscape from the aforementioned flooding - can be about as useful as spoiled milk.

"If you let gutter cleaning go by the wayside, it could cost you hundreds of thousands of dollars," the website warned.

* Make sure your roof is in good condition. The Insurance Institute for Business and Home Safety actually built a test chamber where experts could simulate the effects of hurricanes and other natural disasters on full-scale one- and two-story homes. So when its president and CEO, Julie Rochman, tells CBSNews.com's "MoneyWatch" that "it all starts with the roof," you need to pay attention.

"The roof," she said, "is the largest potential opening on the house, and wind and water can do terrible things if they get through (it)."

Ergo, now's the time to have a professional roofing contractor check for (and fix) any signs of wear and tear like broken or missing shingles, fractured fiberglass mat, and loosening of the self-seal strip. These tell-tale signs, especially if they resulted from damage from hail, can be difficult to spot yourself. And if you do

decide to replace your roof? "Consider shingles that have passed the UL2218, Class 4 impact test," advised Jason Joplin, program manager of CARE (the GAF Center for the Advancement of Roofing Excellence).

Joplin especially likes the Timberline ArmorShield II line of shingles from GAF (gaf.com), North America's largest roofing manufacturer. In addition to looking good, they're made with SBS modified asphalt, which he described as "a rubber-like material for enhanced flexibility and durability during extreme weather conditions."

An added bonus: Depending on where you live, shingles like these could help you qualify for significant discounts on your homeowner's insurance.

* Trim weak tree branches. Need we say more than people have actually died from trees and branches crashing into their houses?









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Homemade **Bug Spray**

From WellnessMama.com

There are some concerns about putting these directly on the skin, especially on children so use this recipe on clothing or gear instead of directly on the skin.

Any combination of these essential oils will work: citronella, clove, lemongrass, rosemary, tea tree, cajeput, eucalyptus, cedar, catnip, geranium, lavender, mint.

All of those have insect and mosquitorepelling properties. If you don't have one of the oils, you can leave it out or use a mixture of the others in its place.

Be sure to use quality essential oils, with no other additives. Check the label on the essential oil bottle.

Homemade Bug Spray Ingredients

30 drops geranium essential oil 30 drops citronella essential oil 20 drops lemon eucalyptus essential oil 20 drops lavender essential oil

10 drops rosemary essential oil 1 TBSP vodka or rubbing alcohol ½ cup natural witch hazel

½ cup water (or vinegar)

1 tsp vegetable glycerin (optional)

Homemade Bug Spray Instructions

Place essential oils in a glass spray bottle. Instructions Add vodka or alcohol and shake well to combine.

Pour in witch hazel and shake to combine.

Add ½ tsp vegetable glycerin if using. This is not necessary but helps everything stay combined.

Add water and shake again. Shake before each use as the oils and water will naturally important to keep the volatile oils in!) separate some over time.

How to Use

I keep a bottle by the back door for easy application, and also in our first aid kit when ours in the fridge for an extra cooling spray. camping or hiking.

DIY Bug Spray Recipe Variations

Natural bug sprays can also be made without hazel or vinegar. This recipe is typically considerably less expensive, though it is also not as potent as the recipe above.

Distilled water

Witch hazel or rubbing alcohol

Dried herbs: peppermint, spearmint,

citronella, lemongrass, catnip, lavender, etc. I recommend using at least one herb from the mint family

Fresh or Dried Herbs Bug Spray

Boil 1 cup of water and add 3-4 tablespoons of dried herbs total in any combination from the above. I use 1 tablespoon each of peppermint, spearmint, catnip and lavender, and also throw in a couple of dried cloves.

Mix well, cover and let cool (covering is

Strain herbs out and mix water with 1 cup of witch hazel or rubbing alcohol. Store in a spray bottle in a cool place. We often keep

Use as needed. Added bonus: it smells great and is very refreshing to the skin.

Go to www.WellnessMama.com for essential oil using dried herbs and witch more DIY recipes for everything from household cleaning to personal care products to recipes and natural remedies





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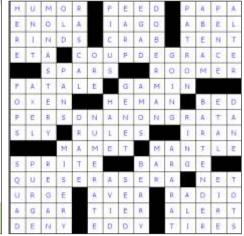
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