



All Faiths Cremation Society Ribbon cutting was held by the Lady Lake Chamber. Donald Knop II was officiating the event. Looking on and helping are Chamber Ambassadors, friends and employees. Good Luck All Faith.



Mayor Jim Richards and Councilman Paul Hannon cutting ribbon. Chamber members and girls in red are volunteers for the Lady Lake softball league Ribbon cutting for their new concession stand.

SINK HOLES

SINK HOLES IN THE VILLAGES

By TomL

A little history first: Villages creator & founder was Harold Swartz. Mr. Swartz had several ventures in the Marion County area. One was a development called Lake Tropicana near Dunnellon Florida. It was a large unincorporated area that Swartz subdivided into 1.25 acre plots and 2.5 acre plots, all dirt roads. You could buy land \$49 down and \$49 per month. Many people took advantage of that easy to purchase deal, especially since they did not have a high down payment. It helped many people fulfill their dream of owning land. To date they have built their own roads and maintain them themselves.

The Villages: We will get to the sinkholes in a minute. The development started As Orange Blossom Garden which was a trailer park/prefab homes on the east side of US Hwy 441 some 30 years ago. Swartz bought the prefab home factory that he was buying from and kept evolving over years until it was over 50,000 modern built homes. They are a huge voting block and very powerful politically. Let's go back some 30 years ago... The Villages had water rights for Cattle Ranching and Farming which allowed them the use of over 60 million gallons of water a year. Seems like a lot doesn't it! That's a drop in the bucket now.

Today The Villages is made up of many community development districts, separately run and owned by the family of Harold Swartz who had the dream to own his own town. I met him many years ago. I took a tour and he told me about his dream. He accomplished his dream with his family's help before he passed. The last thing I remember about his dream was "the hospital".

Water Rights! Acquiring more water was challenging but do-able. As they grew they started encountering water problems. A Hydrologist who was a well-known professor from Orlando had developed equipment to measure underground water resources. The professor also held the rights and patents to this equipment. He was asked to study The Villages area and found some astonishing information. Much of Sumter County was missing the middle aquifer. Marion/Lake County have three aquifers: upper, middle and lower. In much of Sumter there is no middle, making it hard to replenish itself. Usually water goes slowly from one level to another. In this case the shallow water tries to get to the lower level to replenish itself taking sand/dirt/rock with it. That leaves a void creating a sink hole. The Professor was told that they did not need

Continued page 5

■ A.J. "Tony" Powell ■

AS I SEE IT

AS I SEE BY by A.J. (Tony) Powell

"The Second Amendment to the United States Constitution".

It was pseudo-celebrity, 'Joe the Plumber' who once wrote, "Your Dead Kids, don't Trump my Constitutional Rights!"

The 17 murders at a school in Florida has started another barrage of hysteria in the media.

It's about a year since a gunman executed 49 people and wounded 53 others in Orlando.

The Columbine shooting at a Colorado high school was back in 1999.

In Northern California a gunman killed four people and injured three children.

About the same time 26 people were killed and 20 injured in a church in Texas.

In Las Vegas a gunman killed 59 people and injured 500 others.

The list goes on (and on).

A poll taken after the Las Vegas shooting claimed that over 60 percent of Americans want gun control. After the 2012 killing of 20 children at Sandy Hook Elementary School, the Florida Coalition to Prevent Gun Violence was created. Five years later their leader said, "Yes, I'm angry; yes, I'm tired," She wasn't asked what she has accomplished for all the time and money spent. Apparently, rallies are being organized in and around Florida, with some of the victims taking a trip to the state capitol. The Florida Democratic Party chair Allison Tant said she will help send "busloads" of students to Tallahassee to "protest the state's gun laws".

Many blame the National Rifle Association (NRA) because they gave Presidential Candidate Donald Trump, (and others) about \$31 million towards his election campaign.

The 27 words of the Second Amendment say:- "A well regulated militia being necessary to the security of a free State, the right of the People to keep and bear arms shall not be infringed". As recently as 1991, former Chief Justice Warren Burger said "The idea that the Second Amendment recognizes an individual right to gun ownership is 'a fraud' on the public". But a 5-4 majority of the Supreme Court ruled that the Second Amendment confers an individual right to keep and bear arms, and that banning handguns or even requiring guns to be disassembled or locked away violates this right. Some say that the 2nd amendment "openly refers to 'Militias' - trained bands of people under local (state/county control. Others say, that the Second Amendment, bans infringement on

an individuals right to own, carry and use the weapon of their choice, anywhere, any time.

It has been pointed out that all of the 'Amendments' in the 'Bill of Rights' are individual rights and "to keep and bear arms" is no different. But it might be reasonable to ask why it is that a 19 yr old can buy a semi-automatic weapon, but not a pint of beer!

As I See It, all aspects of life, even in a free country, are regulated. You can buy a car, but need a license to drive it. You can 'live-in-sin', but need a license to marry. You can buy some land, but need a permit to build. Why is it that the Republican-dominated White house bans guns. Congress bans guns, The Senate bans guns, State Capitols ban guns? But they want guns in schools? If these protesters want to get noticed, they might take their guns to the Capitol and see how far they get.

Why not ask your elected politician. "How is it that I can't bring my gun to your workplace. But anyone can bring theirs to mine?"

AsISeeltTP@GMail.com 'til next time . .

Beginners Birding



Oklawaha Valley Audubon Society of Lake County is hosting a beginners class on basic birding Sunday February 25th 2 -4 pm at Trout Lake Nature center 530 East Cr 44. Eustis, Florida. Birding is the fastest growing activity in the US and Central Florida is a birding hot spot. Birding is a great activity because its inexpensive, easy, it connects people to nature and it can be as simple or as complex as you want to make it. Birding can be an individual hobby, a family activity, or a group event that can be done in your back yard, at a local wildlife refuge or an exotic international location Birding is often combined with hiking, kayaking, photography and traveling so there is something for everyone.

This indoor class is geared toward adults who are new to birding or want to learn how to get started birding. Everyone is encouraged to attend and a \$5 donation at the door is recommended.

To reserve your spot call or email Linda at 407-230-5404 or

ljkochanowski@outlook.com ASAP.

University Women to Meet

Saturday, March 17, 2018

The American Association of Women (AAUW) Ocala Branch will meet at the Marion County Public Library, 2720 East Silver Springs Boulevard, Ocala, at 1:00 p.m. in Conference Room B, for their regular monthly meeting.

The speaker for this meeting will be Heidi Maier, Ed.D. Superintendent of the Marion County Public Schools. Dr. Maier received her Doctorate of Education in Child and Youth Studies from Nova Southeastern University, Fort Lauderdale, FL. She previously served as an Assistant Professor at Barry University, Miami, FL and was a program specialist in the Office of Early Learning with the Florida Department of Education. Dr. Maier's presentation will be on "Perspectives on Women in Education."

All are welcome to attend this meeting and learn about Women in Education and the AAUW organization. For further information please call 352-237-4889.

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Tom Loury Long time member of CEP/Ocala Chamber of Commerce, Past President of the Ocala Business Leaders, Co-Founder and President of Select Business Associates, Past President of the Lady Lake Chamber.

PUBLISHER'S NOTES



Here we are in March and it feels like there is a full time election campaign going on. Democrats and Republicans are lying to each other, doing strategy to make a deal so they can get

re-elected. Throwing everything in but the kitchen sink. After taking a shower at night and watch an hour of Fox News I feel dirty again, and the unfortunate thing is most of what I have been hearing is what I suspected to be true.

Someone needs to go back to the Judge that gave the FBI the right to spy on the other party and ask the Judge to squash the warrant based on the fact that the information furnished was not true.

Congress and the House need to work together and stop loading every bill with things not related to the bill. There is no such

thing as a clean bill any more. It seems like everyone is looking out for their own special interest and not for the good of the Citizens of the United States.

Someone said while giving a speech on the floor of the house, "It's always better when we work together." I would say they're right: it's "better together". You could get more done together, if you were looking out for our US Citizens first. Then worry about doing something for the immigrants. I say "Build That Wall!"

For several years we have been running a banner at the bottom of all of our front pages, we are moving it to the bottom of page four, the editorial page. Maybe change the verbiage a little. I don't know yet but we do want to show support for our Troops, First Responders, the Constitution and above all "In God We Trust!" and show respect for all other people's religion. I pray for the wisdom to do what is best, when putting out a newspaper or in my daily life!

Chris Boody who is in charge of our Graphics is working very hard to bring you our newspapers online and to promote us online, I think she is doing a great job!

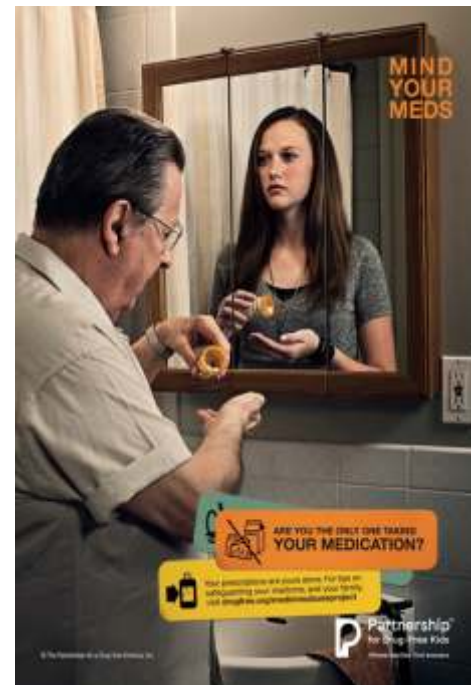
All these shootings are crazy, disrespect for the law enforcement, disrespect for our leaders, opposing leaders not respecting each other, not having a good family environment, cracking down on the drug problems, busting the gangs, stopping human trafficking and drug trafficking.

Our society is getting to a place where they don't value people's lives. I still say and have been saying that the activity of taking your kids to the paintball range and shooting at each other is not good training on how to act. The war games available for the computers seem real enough that children and grownups play them for hours. The right way is to teach a child never point a gun at a person, a toy gun or an empty real gun. Never point it at anyone.

I have neighbors that have moved from a small lot in the city to a 2.5 acre lot and they decide they can target practice in their yard, no gun safety classes. I have heard a bullet close enough that it was buzzing. We need an ordinance against this behavior. If you want to shoot in your yard have a qualified gun

safety officer check it out or have the Sheriff's office check it out. This is unsafe and it won't stop until someone stops it. How about a county ordinance about shooting in neighborhoods?

What is your opinion? tloury@att.net



Newspaper Deadlines

Editorial & Ad Copy for April

Seniors Voice & Ocala DownTown

12am, March 14th

Lady Lake Magazine & Village Spectator

12am, March 21st

Lady Lake Magazine/Village Spectator

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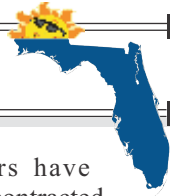
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Florida State Senate

DENNIS K. BAXLEY



By Florida Senator Baxley
Session Update
Session is now over halfway done!

We have been hard at work the past five weeks ensuring good public policy makes its way to the people of Florida.

So far, we have passed out of the Senate SB 192, which clarifies that elected officials are allowed to ride to functions together and participate in fact finding missions without violating Florida Sunshine Laws.

We have also worked on SB 1048 which deals with Church Protection. This bill will allow churches to authorize concealed weapons permit holders to carry on church property for the purpose of protections. We want to empower law-abiding citizens to protect themselves and others and stop violent crime.

We are working to help veterans with SB 328, which would direct the Department of Highway Safety and Motor Vehicles to create a veteran ID card for veterans who have been honorably discharged. This will allow veterans an easily accessible proof of service to show to discounts and fee waivers.

Behind the scenes, we have worked to remove provisions that would have swept the Consumer Protection Trust fund for Preneed sales in the Division of Funeral, Cemetery and Consumer Services. This will

ensure that consumers have protection should the contracted funeral service go out of business prior to the execution of the preneed contract.

We want to thank you for all the support and correspondence we have received from constituents while we have been in Session. It's good to stay involved! It's your government!

Sink Holes

Continued from page 1

his services any more. Sinkholes would happen in any case but not as much as if the land were for cattle ranching or farming. Now The Villages has permission to use over 12 billion gallons of water per year coming from two water districts in three counties.

On the positive side The Villages is one of the best kept developments with groomed yards, streets with activities around the clock 7 days a week. Many golf course are also well kept and groomed. The residents can shop in the three Downtown squares or dance to the music supplied nightly. All this you can do by golf cart. There are many special traffic lanes just for golf carts and plenty of special golf cart parking. If you like playing golf, entertainment, shopping, eating at the finest restaurants by golf cart, then the Villages is the place to be. You will have sinkholes, I think some seven homes are effected out of over 50,000. What is opinion? tloury@att.net

Support Pollinators

(NAPSI)—It's a common misconception that you need a large yard and advanced gardening skills to support honey bees by planting more forage. However, the reality is that anyone with enthusiasm and a potted plant can provide bees with the food and habitat they need. While individuals are crucial in protecting pollinators, many organizations are also finding solutions to help pollinators thrive in unexpected places.

Urban Gardens

One such organization is the University of the District of Columbia (UDC). After receiving funding from the D.C. Department of Energy and Environment to create a "green roof," the university's College of Agriculture, Urban Sustainability and Environmental Sciences (CAUSES) went a step further by restoring an existing greenhouse to form what would eventually become the largest food-producing green roof in the city. The D.C. Master Gardeners worked with UDC to add a garden to the roof that supports pollinators and serves as a beacon of education and outreach for those interested in urban gardening and habitat restoration.

Golf Courses

Golf courses around the nation are also doing their part to plant more forage for honey bees. Since 2010, Cantigny Golf in Wheaton, Illinois, has been restoring several acres of native prairie land, providing vital habitat for honey bees and other pollinators. Club superintendent Scott Witte started The Bee Barometer Project to illustrate how golf can be part of the solution to sustaining pollinator health. Witte now serves as an important link between golf courses and organizations raising awareness about bee health.

On Long Island, Bethpage State Park is also creating pollinator-attractant areas

throughout its vast recreational space. The park has restored nearly two acres of pollinator habitat and planted scores of wildflowers, and it's not stopping there. Agronomy director Andrew Wilson and his staff plan to create an entire corridor for pollinators by removing invasive species and restoring the areas' native habitats.

Many of these organizations have joined Feed a Bee, a nationwide initiative sponsored by Bayer to support pollinator health. Feed a Bee's current goal is to plant pollinator forage in all 50 states by the end of 2018. By partnering with organizations that provide habitat in unexpected places, the initiative's message that anyone can support bees and other pollinators is loud and clear.

Chicken Cabbage Slaw Sub

Recipe courtesy of Country Living Magazine

Chicken Finger Sub

- 1 1/2 lb. chicken tenders
- 1 (1-ounce) envelope dry Ranch dressing mix, divided
- 3 c. all-purpose flour
- 1 tbsp. baking powder
- Kosher salt and freshly ground black pepper
- 1 1/2 c. buttermilk
- 9 c. canola oil
- 1/4 c. plain Greek yogurt
- 3 tbsp. whole-grain Dijon mustard
- 1 16-oz. Italian or French bread loaf
- Cabbage and Snap Pea Slaw**
- 2 c. chicken drumstick shredded cabbage
- 2 c. thinly sliced sugar snap peas
- 1 grated large carrot
- 1/4 c. flat-leaf parsley, torn fresh
- 2 tbsp. dill, chopped fresh
- 2 tsp. lemon zest
- 2 tsp. lemon juice
- 3 tbsp. olive oil
- Kosher salt and freshly ground black pepper

Instructions

Set a wire rack over a baking sheet lined with paper towels. Toss chicken with 2 tablespoons dressing mix in a bowl. Whisk together flour, baking powder, 1 teaspoon each salt and pepper, and remaining dressing mix in a separate bowl. Pour buttermilk in a third bowl. Toss chicken pieces, 1 at a time, in flour mixture; dip in buttermilk, and toss again in flour mixture. Let coated chicken stand in flour mixture 10 minutes.

Heat 1 1/2 inches oil in a deep skillet or Dutch oven over medium-high heat to 360°F. Fry chicken in batches, turning occasionally, until golden brown and cooked through, 3 to 5 minutes. Transfer to prepared rack, and season with salt.

Stir together yogurt and mustard in a bowl. Season with salt and pepper. Split bread lengthwise and remove top portion of soft interior. Spread bottom of loaf with yogurt mixture. Top with chicken and Cabbage and Snap Pea Slaw; sandwich with top half of loaf. Slice just before serving.

Make the Cabbage and Snap Pea Slaw. Toss together shredded cabbage and sugar snap peas, carrot, dill, lemon zest, lemon juice, and olive oil in a bowl. Season with kosher salt and freshly ground black pepper. Let stand 5 minutes or until just wilted. Makes 8 servings.

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CHIEF CHRIS MCKINSTRY



Enjoy Your Golf Cart....Safely and Legally

Now that many of our seasonal residents and guests are back with us, a quick refresher message about golf carts cannot hurt. This is especially true in light of the fact that serious consequences, including death, are a very real possibility for not following the law.

Just look around our local neighborhoods and you'll see the boxy, open-air-vehicles morphing into mini cars that are as common as the full size vehicles zipping around.

Some people are even putting a new spin on the rides, customizing them like hot rods, airplanes, and fire engines to cruise on and

off the golf course. But it is important to remember that this fun mode of transportation has legal and safety limitations.

Laws relating to golf cart operation are sometimes confusing especially when dealing with driver license requirements. The following information is being provided to assist with the understanding of the requirements and responsibilities of operating a golf cart on a public road or street. While the following is not a completely comprehensive legal examination, it does provide a snapshot of important highlights contained in the law.

Florida State Statutes pertaining to uniform traffic laws apply throughout the state and its several counties and uniform traffic ordinances apply in all municipalities.

By definition a "golf cart" is a motor vehicle.

Florida Statute § 322.01 (27) defines a "motor vehicle" as any self-propelled vehicle, including a motor vehicle combination, not operated upon rails or guideway, excluding vehicles moved solely by human power, motorized wheelchairs, and motorized bicycles as defined in Florida Statutes § 316.003.

Florida Statute § 316.212- Operation of golf carts on certain roadways:

The operation of a golf cart upon the public roads or streets of this state is prohibited except as provided herein:

(1) A golf cart may be operated only upon a county road that has been designated by a county, or a municipal street that has been designated by a municipality, for use by golf carts.

(7) A golf cart may not be operated on public roads or streets by any person under the age of 14.

Lady Lake Town Ordinance 17-3 (2)-

Authorization to operate golf carts within golf cart communities:

Golf carts meeting the definition set forth in subsection (1) above may be operated within communities recognized by the town commission as "golf cart communities" on such streets designated therein for golf cart usage. Each golf cart community shall provide signage regulating the use of golf carts and designating streets or other areas where golf carts may be operated. Speed-modified golf carts or "hybrid" golf carts are not authorized for use on streets within golf cart communities.

Lady Lake Town Ordinance 17-3 (5)- Compliance with traffic laws:

Golf carts shall comply with all applicable local and State traffic laws, and may be ticketed for traffic violations in the same manner as motor vehicles.

Sumter County Ordinance 17-3 (a) (1)- Operation of golf cars:

Golf carts are defined as a motor vehicle designed and manufactured for operation on a golf course for sporting or recreational purposes that is not capable of exceeding speeds of twenty (20) miles per hour.

Florida Statutes § 322.34- Driving while license suspended, revoked, canceled, or disqualified.

(1) ... any person whose driver license or driving privilege has been canceled, suspended, or revoked, ... who drives a vehicle upon the highways of this state while such license or privilege is canceled, suspended, or revoked is guilty of a moving violation, punishable as provided in chapter 318.

(2) Any person whose driver license or driving privilege has been canceled, suspended, or revoked as provided by law, except persons defined in s. 322.264, who, knowing of such cancellation, suspension, or revocation, drives any motor vehicle upon the highways of this state while such license or privilege is canceled, suspended, or revoked, upon:

(a) A first conviction is guilty of a misdemeanor of the second degree, punishable as provided in s. 775.082 or s. 775.083.

(b) A second conviction is guilty of a misdemeanor of the first degree, punishable as provided in s. 775.082 or s. 775.083.

(c) A third or subsequent conviction is guilty of a felony of the third degree, punishable as provided in s. 775.082, s. 775.083, or s. 775.084.

The element of knowledge is satisfied if the person has been previously cited as provided in subsection (1); or the person admits to knowledge of the cancellation, suspension, or revocation; or the person received notice as provided in subsection (4). There shall be a rebuttable presumption that the knowledge requirement is satisfied if a judgment or order as provided in subsection (4) appears in the department's records for any case except for one involving a suspension by the department for failure to pay a traffic fine or for a financial responsibility violation.

Here is the answer to the "can I drive a golf cart question": Any person who has a cancelled, suspended, or revoked driver's license cannot legally drive a golf cart on any public road or street, and may be subject to citation and/or arrest.

So, assuming you are legal to drive a golf cart, let us help keep you legal and off of the following roadways:

Golf carts may not cross over or drive on

Continued page 11

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(NAPSI)—You may have been hearing a lot about the workings of your government and its official documents lately—but often they're much easier to see than most people realize.

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management, among others.

The libraries also provide access to official U.S. government documents from the Congress, federal agencies, the White House, and the U.S. courts.

They come in a variety of formats including databases, U.S. government websites, e-books, print books, maps, journals, periodicals, handbooks, pamphlets, charts and more.

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Know Your Risk

Know Your Risk Of Heart Disease

(NAPSI)—For a growing number of American women, knowing their numbers may just save their life.

The Risk

The problem is heart disease. According to the American Heart Association, it kills one woman about every 80 seconds.

The Awareness Paradox

While a new national poll, conducted by Morning Consult for CVS Health, found that women are aware of the risks of heart disease, most don't know their numbers for factors that could increase their own risk, such as cholesterol, blood sugar, Body Mass Index (BMI) and waist circumference.

The survey also found that more than one in three women have heart-related conditions such as high cholesterol, hypertension (high blood pressure), diabetes, and history of stroke or a heart defect.

Despite the fact that over a third report having a heart condition themselves, and

more than two in five have a family history of heart conditions, just 18 percent of women overall say heart health is the most pressing health issue in the U.S. today.

Doctors' Advice

"This data reinforces what we've known for some time—there is still a great need for more awareness and, particularly, action when it comes to prevention of heart disease in women," said Suzanne Steinbaum, D.O., a preventive cardiologist from New York and a national Go Red For Women volunteer. "Some risk factors, like age, gender and family history, are, unfortunately, out of women's control, but others—blood pressure, cholesterol, blood sugar and BMI—can be treated or managed. Now is the time for women to take control of their health, and knowing their numbers is a great place to start."

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Kennedy Space Center Complex

Top Five Things To Do At Kennedy Space Center Visitor Complex



(NAPSI)—Each year, millions of people head to Cape Canaveral, Florida to visit an iconic American landmark where history has

been made and innovation continues today. Kennedy Space Center Visitor Complex brings to life the epic story of the U.S. space program, offering a full day or more of fun. It allows visitors to get as close as possible to NASA's Kennedy Space Center, with exclusive tours and an in-depth look at the space program's past, present and future.

With so much to do, see and explore, visitors should plan ahead. Following are insider tips on five must-see and -do experiences while visiting:

1. Heroes & Legends featuring the U.S. Astronaut Hall of Fame®: The newest addition to Kennedy Space Center Visitor Complex, Heroes & Legends is designed to be a guest's first stop. The experience uses the early years of the space program to explore the concept of heroism and the qualities of the individuals who inspired their generation. Cutting-edge technology, mesmerizing special effects, priceless

artifacts and thought-provoking exhibits amaze and inspire.

2. Kennedy Space Center Bus Tour: The KSC Bus Tour takes visitors behind the gates, providing exclusive access to the restricted areas of America's spaceport. The tour concludes at the Apollo/Saturn V Center. Uber space enthusiasts can purchase a Special Interest Tour, which includes additional stops.

3. Space Shuttle Atlantis®: Kennedy Space Center Visitor Complex is the permanent home of space shuttle Atlantis. A dramatic presentation teaches guests about the shuttle's 33 historic missions, including those that secured the future of the Hubble Space Telescope and the International Space Station. The Shuttle Launch Experience® ride and training simulators teach shuttle docking and landing.

4. NASA Now: This exhibit provides unprecedented access to the present and

future of space travel. Offering an up-close look at the most recent vehicles to have traveled to space, vehicles destined for future visits and those designed for further exploration and development, NASA Now continues to grow. A recent addition is the Boeing full-scale engineering model of its CST-100 Starliner crew vehicle.

5. Lunch With An Astronaut: Lunch With An Astronaut is a not-to-be-missed add-on. During a catered lunch, a veteran NASA astronaut will share personal stories about what it's really like to launch, live and work in space. Visitors can ask questions about anything, from how to sleep in space to what experiments were performed. Guests can also take a photo with the astronaut.

Learn More

For further information, tickets and directions, go to the website at www.kennedyspacecenter.com.



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From the Governor's Desk

Gov. Scott Issues Updates on State Response to Marjory Douglas High School Shooting

PARKLAND, Fla. – Following the tragic shooting at Marjory Douglas High School in Parkland yesterday, Governor Scott has continued to be briefed by law enforcement and emergency management officials and has remained in communication with state leaders to ensure all state resources are made available. The Governor has also spoken with President Trump, the Department of Homeland Security and local school officials. Governor Scott remains in Broward County and additional details regarding the Governor's schedule will be made available throughout the day. Governor Scott also announced that he will be organizing meetings with state and local leaders in Tallahassee next week to discuss ways to keep Florida students safe, including school safety improvements and keeping guns away from individuals struggling with mental illness.

Information on the State of Florida's response:

Florida Department of Education

The Department of Education has offered to send crisis management teams to Broward County. These individuals have extensive experience in crisis situations and stand ready to coordinate with Broward County's crisis management teams to provide any additional community support.

Grief counseling is available today, Thursday, February 15, 2018, at a number of locations in Broward County for anyone

needing support following the tragic events at Marjory Stoneman Douglas High School: <http://bit.ly/2o7sIkW>

Broward College is offering students counseling and 24-hour crisis support. To schedule an appointment or speak to a mental health professional, students should call 954-424-6916.

The Florida Department of Education has communicated with the Florida Association of School Psychologists, and their health care professionals, which are on standby to assist, and with the Substance Abuse and Mental Health Association, a branch of U.S. Department of Health and Human Services, which have offered virtual and in-person support.

Florida Department of Law Enforcement

Florida Department of Law Enforcement (FDLE) agents are assisting Broward County Sheriff's Office with the investigation and FDLE analysts are gathering information.

Florida's See Something Say Something number is activated to accept calls for information regarding the Marjory Stoneman Douglas High School shooting. Anyone who has information, please call 1-855-FLA-SAFE.

Florida Department of Highway Safety and Motor Vehicles

Florida Highway Patrol (FHP) provided perimeter support and is assisting law enforcement with the ongoing investigation.

The Department of Highway

Safety and Motor Vehicles will be deploying two Florida Licensing on Wheels (FLOW) Mobile units to provide credentialing services to those impacted from Marjory Stoneman Douglas High School. In addition, impacted customers will be offered priority service in all DHSMV credentialing offices. Obtaining a Florida credential (DL or ID) will invalidate any previously-issued credential.

Florida Department of Children and Families

The Florida Department of Children and Families' (DCF) local managing entity, Broward Behavioral Health Coalition, has community providers, including Henderson Behavioral Health, offering grief and crisis counseling services to students, families, and school personnel. Currently there are eight counselors available at four sites designated by Broward County Public Schools.

Florida Department of Health

The Department of Health has been in contact with our partners at the Florida Emergency Mortuary Operation Response System (FEMORS) and stand ready to assist Broward County's medical examiner.

OneBlood has responded to meet the current blood needs of the Parkland area hospitals, however OneBlood is requesting that those who are able donate O negative in order to replenish supply. Find donation locations here: <https://www.oneblood.org/donate-now/>

DOH continues to monitor the situation and stands ready to assist in any way.

Volunteer Efforts

The Salvation Army is supporting with meals and water at the Family Assistance Center established by the Broward Emergency Operations Center.

American Red Cross staff, including Disaster Mental Health, Disaster Health Services, Disaster Client Services as well as management and logistics support, are on scene at the Family Assistance Center. Emergency Response Vehicles (ERV) have also been deployed.

Approximately 45 American Red Cross volunteers have responded in support of the families and first responders.

Volunteer Florida is supporting partner agencies responding to the event and will continue to coordinate with their local and state partners regarding potential unmet needs.

Florida Office of the Attorney General

Attorney General Pam Bondi, her director of victim services and approximately a dozen advocates are on the scene helping victims and their families with counseling services and funeral, burial and medical expenses.

Victims of the attack in need of assistance can contact the office toll-free at 1(800) 226-6667 or use the following contact form:

http://myfloridalegal.com/Contact.nsf/Contact?OpenForm&Section=Crime_Victim_Services.



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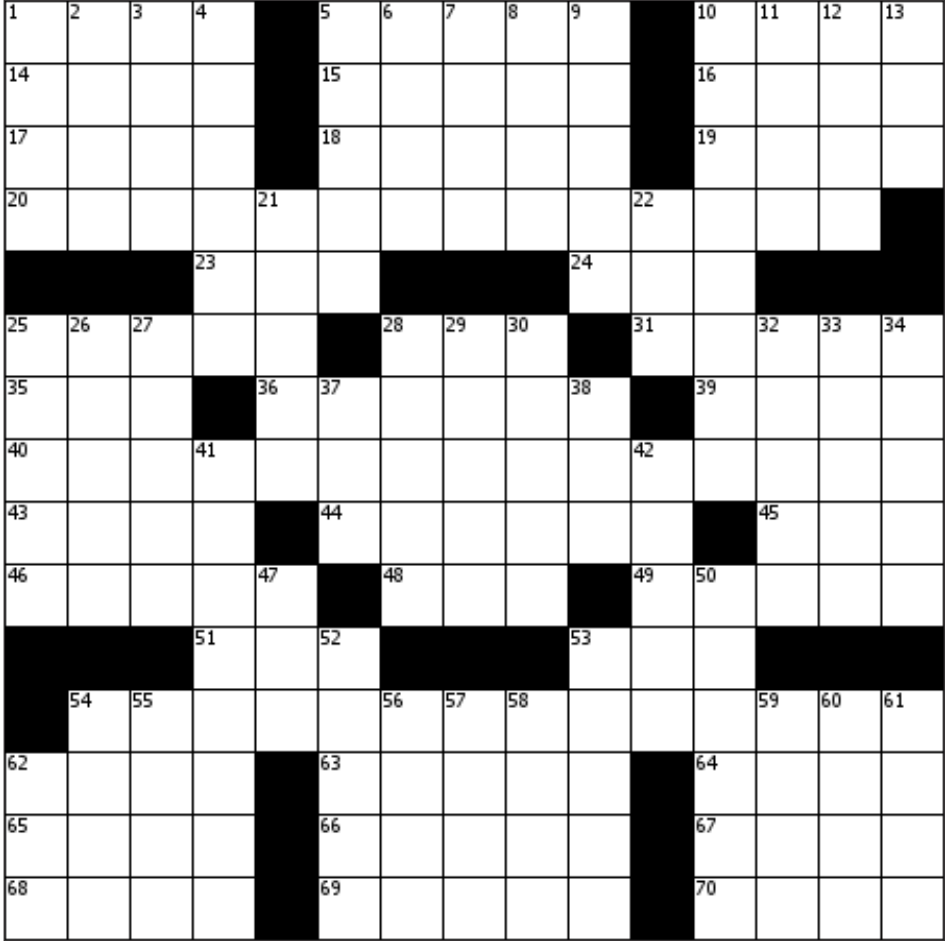
Across

1. Beat the air
5. Concords
10. Small price to pay
14. Plentiful
15. Garden-variety
16. Candid
17. Take in
18. Tester of Solomon's wisdom
19. Catalog
20. Let it go
23. Second ending
24. Help wanted notice?
25. Berlin's "A ____ With an Umbrella"
28. Light touch
31. Very sophisticated
35. Paleozoic, e.g.
36. Potential boat capsizers
39. Settled down
40. Clean one's clock
43. Manipulator
44. Liked
45. Prefix with conservative
46. Pass twice on the track
48. Word with black

Down

1. Wilma's hubby
2. Untrustworthy one
3. '70s 'do
4. Distant communicator
5. Forward
6. U.S. tennis great
7. Table sticks
8. "Hands off!" (Var.)
9. Thick portions
10. Side dish
11. Monumental
12. Cozy spot
13. It can be a real blast
21. Riffraff
22. Old Testament book
25. Leg bone

- or private
49. Book maker?
51. Apple variety
53. Hymenopteron
54. Hope to get a hand?
62. Cry like a baby
63. Jump for joy
64. Incongruous mixture
65. Dueler's choice
66. Hand measures
67. Gruyere coat
68. Realm
69. Now
70. Director's unit
26. Jagged
27. Boutonniere setting
28. "Moll Flanders" author
29. Amalgam
30. Chap
32. Put in a row (Var.)
33. Locales
34. Guiding beliefs
37. Anti-prohibitionist
38. Another 37-Down?
41. Crushed
42. Hawsers
47. A way to stand
50. Zinger
52. Treasure container
53. Harold Robbins novel (with "The")
54. Bear of literature
55. "The Virginian" author Wister
56. Big showcase
57. Campus area
58. Arm bone
59. Pelvic bones
60. Berkshire response
61. Orbital point
62. ____ Paese (cheese)



Brody left his friends to catch up on the news.

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Chief McKinstry

continued from page 6

the following roadways:

• Lady Lake: Highway 27/441, CR 466, Griffin Avenue, Rolling Acres Road, or any other road with a posted speed limit of 35 mph or higher.

• Sumter County: Highway 27/441, CR 466, CR 466A, CR 44, El Camino Real, or Rainey Trail. (Designated golf cart crossing - El Camino Real at the traffic light between Enrique Drive and Botello Avenue, and Rainey Trail between Lynnhaven Lane and Miona Shores Drive)

• Fruitland Park: CR 466A, (Miller Blvd) (Miller St) - Designated golf cart crossings points: College Avenue and South Dixie Avenue.

• CR 468 (Rose Ave) (Willard Ave) - Designated golf cart crossings points: Berckman Street, Pine Ridge Dairy Road, Myrtle Lake Avenue, Urick Street

• CR 25A (S Dixie Ave) North of Shiloh St to Highway 27/441.

• Wildwood: CR 466A, SR 44, US 301, Powell Road, or any other road with a posted speed limit of 35 mph or higher.

• Marion County: CR 42, Highway 27/441, with the only exception of Highway 27/441 at SE 176 Street at the traffic light where Spruce Creek South is located.

Crossing over, or driving on, any of the above roadways is a violation of Florida law, Section 316.212 and carry fines of \$160 and up.

Even though the fines are expensive, they will be the least of your worries if you have a crash with a car or truck travelling at 35

MPH or more. Please remember that your golf cart was not designed to share a roadway with larger vehicles such as cars or trucks and it will provide you no protection in a crash.

The men and women of the Lady Lake Police Department wish all of our residents and guests to safely, and legally, enjoy the abundant availability of golf cart activities.

Heart Risk

Continued from page 7

"These survey results offer significant insights into how women across the country perceive heart disease prevalence and the importance of proactive care," added Troyen A. Brennan, M.D., M.P.H., Chief Medical Officer, CVS Health, which commissioned the study. "Together with the American Heart Association, we encourage more women to talk with their health care provider or pharmacist about their risks for heart disease and how to take actions now that will minimize future risk."

CVS Health is a national sponsor of Go Red For Women, the American Heart Association's movement that advocates for more research and swifter action for women's heart health. As part of its support, CVS Health funds cardiovascular research and provides heart-healthy screenings at MinuteClinic, the retail medical clinic of CVS Health.

Connecting Women To Heart Health Resources And Care

Providers across the health care continuum can help individuals access the information, preventive screenings, and condition management support they need to improve heart health outcomes. Most women agree



Pictured is a group of business people networking their businesses through the Lady Lake Chamber networking lunch.

The lunch was held at Demshires Restaurant.

that pharmacists and nurse practitioners are both valuable yet underutilized resources for managing heart health.

For example, only half of the 26 percent of women who report concerns about their heart health medication consult their pharmacists, though nearly all of those who do report their pharmacists are helpful.

What You Can Do

By living a healthy lifestyle, you can lower your risk for heart disease. Such a lifestyle, advises the Centers for Disease Control and

Prevention, includes:

Eating a healthy diet—low in saturated fats, trans fat, and cholesterol and high in fiber.

Maintaining a healthy weight—your BMI should be between 18.5 and 25.

Getting enough physical activity—2 hours and 30 minutes of moderate exercise a week.

Not smoking—or using other forms of tobacco.

Limiting alcohol use—no more than two drinks a day for men, one for women, on average.



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Pam Bondi, Florida Attorney General

Protecting Students



I would like to thank Governor Rick Scott and President Donald Trump for working tirelessly to make schools safe for students. This week I joined Governor Scott and President Trump in two separate roundtable discussions about protecting students in Florida and nationwide—but we are not just talking. Action is imminent.

We must keep weapons out of the hands of the mentally ill. Threats against students have to be aggressively investigated. Schools need more resource officers now. I am working closely with leaders in the House and Senate on all these issues and more to ensure action this legislative session.

We need to amend Florida's Baker Act to allow law enforcement officers to take guns away from mentally ill people the courts have deemed a threat. Florida needs a Gun Violence Restraining Order to keep weapons out of the hands of people who might enact the type of terror we saw in Parkland last week. My office is working with law enforcement on developing a secure-reporting app to allow students to anonymously report concerning behavior.

We must do all this and more to protect our students.

I was humbled this week to discuss these proposals with survivors of the Marjory Stoneman Douglas High School shooting. The courage and resolve of these students in the aftermath of such a horrific tragedy is



inspiring. These students are stepping up to protect their peers, and they are helping my office develop, design and name the secure-reporting app. I know these survivors will lead the charge to make our country stronger and our schools safer.

In the wake of this tragedy, emotions have run high and debates have raged—rightfully so. I believe these conversations are important. I also believe we are stronger when we work together. My plea and my prayer is that we put politics aside and enact solutions that will strengthen our union.

Arrests Made in Complex Scheme Targeting Florida's Teachers

TALLAHASSEE, Fla.—Attorney General Pam Bondi's Office of Statewide Prosecution and the Florida Department of Law enforcement today announced the arrest of Ralph Alonso Everett Jr. and Isaiah Lewis, both from Miami, for allegedly organizing a scheme to steal teachers' identities to collect unemployment checks. The defendants are responsible for losses to the State of Florida of more than \$50,000.

With the assistance of the Florida Department of Economic Opportunity and the U.S. Department of Labor Office of Inspector General, law enforcement officers identified patterns of suspicious reemployment assistance claims being deposited into numerous bank accounts connected to the subjects. The investigation identified more than 100 employees associated with 65 different school districts as targets for reemployment assistance claims for nearly 11 months in 2016. The defendants also attempted to defraud DEO out of more than \$200,000 in fraudulent claims. DEO distributed the funds into the bank accounts of Everett and Lewis and then the defendants withdrew the funds from ATMs throughout Miami.

Both defendants were booked into the Miami-Dade County Jail. Attorney General Pam Bondi's Office of Statewide Prosecution will prosecute the case.

Statement on Passage of HB 21

Attorney General Bondi's Statement on Passage of HB 21 by the Health & Human Services Committee

Attorney General Pam Bondi issued the following statement on unanimous approval of HB 21 by the Health & Human Services Committee. This approval means HB 21 will now be heard on the floor of the Florida House of Representatives.

"The national opioid crisis is devastating our country and Florida is fighting this crisis head-on. This legislation represents our state's continued efforts and commitment to tackling this epidemic and save lives. Thank you, Representative Boyd, for sponsoring this life-saving legislation and making this mission one of your top priorities."

Passing of Brevard County Sheriff Deputy

Attorney General Bondi's Statement on the Passing of Brevard County Sheriff Deputy Kevin Stanton

Attorney General Pam Bondi issued the following statement regarding the tragic death of Brevard County Sheriff Deputy Kevin Stanton during a traffic accident Saturday Morning:

"I am deeply saddened by the loss of Deputy Kevin Stanton and my heart breaks for his family, the Brevard County Sheriff's Office and our entire law enforcement community. Law enforcement officers wake up every day not knowing what dangers lie ahead—yet they still choose to serve. Deputy Stanton died a hero, and our state is better because of brave men and women like him."

About Attorney General Pam Bondi

Attorney General Pam Bondi is a fourth-generation Floridian who spent more than 18 years as a prosecutor, trying cases ranging from domestic violence to capital murder. She received her Bachelor of Arts in Criminal Justice from the University of Florida and her Juris Doctor in Stetson Law School. She had never run for elected office, but as a career prosecutor, knew she wanted to make a larger, more positive impact to help Floridians statewide.

Country Music Hall of Famer

Country Music Hall of Famer Whisperin' Bill Anderson will be performing at The Savannah Center in **The Villages, FLA.**

ABOUT BILL ANDERSON "Whisperin' Bill" Anderson may be known for his soft vocal style, but his **UNPRECEDENTED** accolades and awards shout from the rooftops. He has released more than 40 studio albums, seven No. 1 singles and 29 Top 10 singles, and is a six-time Songwriter Of the Year award-winner. As a Grand Ole Opry member for more than 50 years and a member of the Country Music Hall of Fame since 2001, Anderson is one of the most decorated songwriters and performers in country music history - - and an **UNPRECEDENTED** one at that, having earned the distinction of having an entry on the Country charts for seven consecutive decades – a record held by no other songwriter in history.

His penned hits include "Whiskey Lullaby," (Brad Paisley/Alison Krauss), "A Lot Of Things Different," (Kenny Chesney), "Give It Away," (George Strait), and his latest, "Country" (Mo Pitney), among others. At only nineteen, Anderson composed his first country classic, "City Lights" in his home state of Georgia, where he studied journalism at UGA. Anderson then moved to Nashville, signed a recording deal with Decca Records, and began releasing hit after hit. Fan-favorites include "Po'Folks," "Mama Sang A Song," "The Tips Of My Fingers," "8X10," and the unforgettable smash, "Still."

At the age of 40, he was inducted into the Nashville Songwriters' Hall of Fame. At age 23, he became the youngest writer to be named Country Songwriter of the Year by BMI – a record only beat by 21-year-old Taylor Swift. In 2002, he was the first recipient of the prestigious BMI Icon Award. **UNPRECEDENTED** not only as a songwriter, but also a radio and television host, Anderson has starred on "ABC's The Better Sex," "Fandango," "Country's Family Reunion," "Larry's Country Diner," and hosted radio shows as well as the legendary Grand Ole Opry.

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Don't be a Doormat

By Frederick Fabella

You consider yourself a trustworthy friend, loyal and dependable. You try your best to be helpful and generous to the friends you make. You invest much time and effort in a friendship. You're always around to listen. Because of this, you're the person your friends run to during times of crisis. You eventually become the one individual who is always there to help.

But occasionally, you meet a friend who is incapable of reciprocating.

You may encounter someone who will only look for you when you're needed. But when you're the one in need, this friend will offer some convenient excuse not to be there. There is always something more important than you. You are never a priority. And even when you're together, your friend

Vacation Planning



Vacation Planning Simplified: Making Your Dollar Go Farther

(NAPSI)—Beach or mountains? Domestic or international? Deciding where to take a vacation can seem a daunting task—but it doesn't have to be. Although the explosion of online options vying for travelers' dollars makes choosing where to book your vacation challenging, the best option for many travelers is a full-service online travel agency.

Why Use An Online Travel Agency

Here are three good reasons.

1. One-stop customer service: By using a full-service online travel agency, all parts of your trip, including car rental, hotel and air reservations, are in one place. Not only does that save you from having to track down multiple reservations from different providers, it also means that should a problem arise regarding any part of the trip, a single point of contact is available to help resolve the issue.

Online travel agencies also offer a variety of benefits to make the entire travel journey—before, during and after the

trip—easier and more worry-free. In the case of online travel pioneer Travelocity, the Customer First Guarantee offers such benefits as 24/7 social media customer service, a price guarantee and more.

2. Cost savings: Along with periodic sales and promotions, another way to save money is a little-known “travel hack” made available by online travel agencies known as a “split ticket.” A split ticket is created when the price of two one-way tickets on different airlines is less than the same itinerary booked as a traditional round-trip. Perhaps best of all, it doesn't require any additional effort. Many online travel agency websites will automatically search for split ticket options during any round-trip flight query and return them as an option if savings are identified.

According to Travelocity Director of Online Marketing, Alan Cunningham, “When a split ticket option was selected, Travelocity customers saved about 10 percent on average compared to the traditional round-trip itinerary.”

3. Unique lodging options: You may think major hotel chains are all you'll find on an online travel agency site, but with more than 321,000 lodging options around the world, Travelocity.com has thousands of unique properties that reflect the true nature of the destination.

Some of these properties include a 300-year-old hotel in Massachusetts, a Wisconsin motel dedicated to recording live music, an Arizona motel featuring a room 200 feet below ground and a luxury tree-house hotel in Mexico. After all, who hasn't dreamt of spending the night in a tree house?

Roasted Roots and Chicken

Continued from page 12



constantly insists on getting his way. You're forced to follow whatever your friend wants and you give

whatever he needs. Your wishes remain secondary.

Despite this, you continue to hope that this friend will realize how well you treat him and that he should give some time and effort back. But this friend never does. In the end, you eventually feel drained. And when your usefulness to this friend has run out, you may find yourself discarded and forgotten.

Sometimes the desire to feel accepted makes a person vulnerable to abuse. This is especially the case with lonely individuals. Opportunistic people will see this weakness and may come to exploit it. If you feel you have friends who only seek you out when they need you, maybe it is time to rethink these so-called friendships. Otherwise, you may eventually end up a discarded doormat.

ABOUT THE AUTHOR

Frederick Fabella, PhD is a research director and a graduate and undergraduate professor in the Philippines. He is an editorial board member of the IRP international research journal and a Fellow of the Royal Institution Singapore. He is the author of Transcendence: Essays For Personal Reflection.

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