

## Massive Crowd Attends the Mac N Cheese Festival



Massive Crowds attended the Mac N Cheese festival attended and enjoyed over 7300 Mac N Cheese Samples. WOW only in Lady Lake Florida at the Lady Lake Chamber of Commerce. What Fun!

## President Biden Get Your Knee Off The Necks Of The American People!

By TomL

President Biden get your knee off the neck's of the American people!

On your first Day, you said you were going to lead and combat the COVID-19 Pandemic.

It was already well under way! Cures were already available. The know who you are and what you are! You had nothing to do with it!

Kamala Harris get your knee off the neck of the American people!

You took a trip to the border where there were very few problems and reported there was no problems..

President Biden get your knee off the neck of the oil industry!

On the first day, you made it impossible for the Oil industry with the regulations changes you imposed & you revoked the permits on the Keystone XL PIPELINE! More at the end.

President Biden get your knee off the neck of the Farmers.

On the first day you mandated regulations on Farmers that made it impossible for success. Don't you feel great you have brought them to their knees! While they are down there they will pray, raise up and kick your butt!

President Biden get your knee off the neck of the Truckers and the Trucking industry.

They are fighting back, they are protesting the Mandates and the Oil prices, you are making it impossible to move goods!

President Biden get your knee off the neck of the Cattleman and dairy farmers!

Cow don't expel half as much as politicians while in office and the jet fuel you and your Cohart's burn flying around

the country.

President Biden get your knee off the neck of the Border Patrol!

On the first day you signed executive privileges to destroy the safety of our officers!

President Biden get your knee off the neck of the schools!

On the first days you signed executive orders to teach our children pro Atheist propaganda and Mask Mandate!

President Biden get your knee off the neck of imposing mandates on

Schools , Hospitals, Military, Hospitals, Police Departments and etc !

President Biden get your knee off the neck of the Governor of Florida!

On the first day you attack Florida Governor for not following your mandates!

President Biden get your knee off the neck of the Other republican states!

From the first day you have denied funds approved before you came into office for the states. When you could not take credit for Monoclonal infusion you denied us our supply in Florida.

Your not a doctor so butt out and President Biden get your knee off the neck of the Medical Scientist who developed the cures! You had nothing to do with it! Investigate Fuaci!

Investigate your son in jail!

Genes-burg once said get your feet off our neck!

You have done nothing positive sense you have been in office but obstruct the American way of life!

President Biden get your knee off the neck of the our beliefs!

Let everyone believe what they want to and stay out of lives.



Dear Thomas,

Thanks to all your voices, the US Fish and Wildlife Service (USFWS) has announced that they are pausing the directive to remove Florida panther (FP) 260 from the wild!

FWF believes all agency actions need to be made based on sound science and research. FP 260 has never been a threat to humans and has only exhibited normal panther behavior.

**Thank you to all our supporters** who sent in letters opposing the decision to remove FP 260. Your advocacy played a

critical role in giving FP260 a reprieve! It's important to note that USFWS has only agreed to pause its plans to remove this individual panther. Now, they must reverse the decision completely in accordance with science and established protocols. Then we can address the larger issue of ensuring proper and effective compensation programs to ranchers who suffer monetary losses.

The rare Florida panther is the symbol of wild Florida. We must act now to keep it on the landscape for ourselves and future Floridians.

President Biden get your knee off the neck of the American way of life!

The one big thing that our leaders forget every day they wake up is they are in office to enforce the laws on the books and satisfy the will of the people! Because they live a posh life, they have become disconnected to the every day American citizen. BIDEN..... GET YOUR KNEE OFF OUR NECKS!





## AS I SEE IT

### Your Bad Dog!

Apparently we had another incident of a pet dog biting a neighbor.

Mostly the reactions of owners, victims and officials are inappropriate, uninformed and cruel.

Out of ignorance (or worse), you teach your dog that its job is to 'defend' you, your home and your property. Then, when it does it's best to repel an 'invader' you're yelling and almost choking it on the leash (or worse).

Although most owners are in denial, fact is that any dog is capable of biting.

Don't bother to ask an owner "Does your dog bite?" In the right (wrong?) circumstances, any dog might bite (or try to).

Many experts claim that fear is the most frequent reason, but, As I See It, that's not true.

For example, one local trainer said "Quickly remove your dog from any stressful situations".

My question is, 'How does that help my dog next time?'

Sometimes, your dog 'yells' (barks) so you yell right back.

If you took the time to know your dog, you'd learn why it barks, growls, snaps, or

bites.

Punishment will never work, because your dog lives in the present. They go by what you are doing right now.

Growling or snapping is your dog's way of telling you they are unsure. Your response of "Be quite" (or worse), shows them that they can't look to you for reassurance or protection, and it's OK for them to choose a reaction.

Should you hire a Dog Trainer? As in any profession, we have the good, the bad and the ugly.

How to choose?

If they use words like obey, discipline or dominance. Show them the door.

If they say barking is 'natural', move on to the next candidate. Fact is that barking is as natural to a dog as shouting is to us.

Ask yourself, do I ever shout at my colleagues, spouse, children, friends, parents? Hopefully, very seldom.

So, when do you raise your voice to people and why? You probably tell yourself that it's something 'they' did or said.

Perhaps it's their behavior or their lack of respect, or something they said: the list goes on.

Fact is, you know that's not entirely true. It's you not them!

If you feel calm, safe and confident, there's no need to react at all.

A dog is no different. Mostly a bad reaction occurs when your dog feels threatened or, worse, when it thinks you, its leader, is threatened.

You've heard of 'fight or flight'. Most dogs will run to protect themselves, but they will fight to protect you.

Too old to learn?

Maybe for us, but, not for your dog.

How to teach a dog what you want?

Easy, first don't talk!

Body language is all you need. So, get off the couch. Put your dog on the floor and 'herd' it into the passageway. When it sits, walk away. You repeat this process in any and all 'behavior' situations.

Don't think "Oh! My dog is afraid.". Your dog will be looking at you, trying to figure out what you want.

You're telling your dog "Relax! I've got it".

Of course this takes self-discipline, persistence and patience.

Your dog has it, but you probably don't.

'til next time. ....

## Long COVID Upends Lives



### Long COVID Upends Lives, Even In The Young And Healthy

by We Can Do This COVID-19

Public Education Campaign

(NAPSI)—Running was Rob Smith's passion. He ran every day, ate healthy foods,

Continued page 13

## NO NEED TO GO OUT ON A LIMB... PRINT ADVERTISING WORKS!

- Print Advertising
- Web Advertising
- Ad in Digital Papers
- Thrown into Driveways

Ocala Downtown - Seniors Voice of Ocala  
Village Spectator - Lady Lake Magazine

Call/Email Tom: 352-804-1223 • tloury@att.net

*Coming together to celebrate God*

*A non denominational church  
according to the New Testament*

You're invited to come and  
worship God with us.

Village church of Christ

P.O. Box 1051  
1421 Oak Street  
Lady Lake, Florida 32158

Email

1villagechurchofchrist@gmail.com

352-750-3630

Sunday Bible Study 5:00 pm  
Assembly 10:30 am  
Assembly 6:00 pm  
Thursday Bible Study 7:00 pm



www.villagechurchofchrist.church

Lady Lake  
**DISCOUNT BEVERAGE**

GREAT SELECTION OF WINE & BEER  
FOR ALL YOUR PARTY NEEDS.

FAST SELECTION OF CIGARETTES, TOBACCO  
AND ACCESSORIES. MONEY TRANSFER SERVICES.  
BILL PAY, MONEY ORDERS, AND ATM AVAILABLE.  
WE CARRY MEXICAN GROCERIES AND  
SO MUCH MORE!!!



**TOBACCO**

UNDER  
**NEW  
OWNERSHIP**

GROCERIES, BEER, LOTTO & WINE



(352) 633-9170

207 S US Highway 441/27, Lady Lake, Florida



Florida State Senate

## DENNIS K. BAXLEY



Dear Friends,  
The 2022 Legislative Session has concluded and it is nice to return home to family, friends, and the good people of Senate District 12. Over the next few columns, we plan to share a few highlights of what was done in Tallahassee over the last few months.

First, we want to share some budget numbers with you. Florida, thanks to a

constitutional mandate, must pass a balanced budget every year. This means that we do not spend more money than what you, the taxpayer, sends us. This year, thanks to our robust economy, Florida's budget set a new record at \$112.1 billion. This budget leaves \$8.9 billion in state reserves (our rainy day fund), establishes a \$1 billion state inflation fund to help offset the rising costs of inflation, and provides \$658 million in broad based tax relief to Florida families.



Within this budget, the legislature increased K-12 per-student funding to the highest level in state history and invested \$800 million to increase the salaries of classroom teachers, a \$250 million increase over the prior year.

Further, due to extraordinary inflation brought on by the federal government's irresponsible policies, the legislature sought to help relieve some of that financial burden by investing \$1 billion to ensure Floridians who work for, or contract with, the state, and spend each day educating, protecting and caring for others in our communities earn at least \$15 per hour. All regular state employees will also receive a 5.38 percent pay increase to keep up with the rising cost

of living.

The Florida legislature continues to make key investments in one of our most treasured resources – our environment. The budget dedicates \$885 million to Everglades restoration, safeguards state taxpayer funds dedicated to clean water resources, and maintains the steady stream of funding established last year for wastewater and mitigating sea level rise.

Many in our state are facing issues with affordable housing and action to provide some relief to those Florida families struggling in that area. With an emphasis on home ownership, the budget provided record-level funding of nearly \$363 million to affordable housing programs, up from the \$209 million in funding last year. The budget directs \$100 million to the new Hometown Hero Program to provide down payment and closing cost assistance to our hometown heroes – teachers, law enforcement, health care workers and more.

This is just a small snapshot of Florida's 2022-2023 budget and there were many other exciting investments made to benefit all who work and live in our great state. We look forward to sharing more over the next few columns of all that was accomplished on your behalf.

Onward & Upward,  
Senator Dennis Baxley



# FLAGS & FLAG POLES

VISIT THE SHOWROOM IN LADY LAKE

LADY LAKE. 211 S. HWY 441

SEE OUR MAP AT : [LadyLakeFlagStore.com](http://LadyLakeFlagStore.com)

352-751-1876 HOURS 8:00-4:00 MON - FRI VISA & MASTER CARD

BRING US YOUR OLD FLAGS ★ WE INSTALL FLAG POLES

**20' Telescope Poles \$189.**  
Tax Free

5 Year Warranty on Parts, 3 Colors, 2.5" Round

**\*\* FREE 3' X 5' U.S. FLAG \*\***

NYLON SEWN STARS & STRIPES. WITH POLE PURCHASE

**WARRANTY WORK DONE AT OUR STORE**

20' FLAG POLE KIT WITH "FREE" U.S. FLAG \$134. tax free

\$5. GOLF CART FLAGS / FLAGPOLE PARTS

DECORATIVE FLAGS / PARADE POLES

NEW "SPINNING" NO TANGLE HOUSE POLE

MILITARY FLAGS, HATS, CAR TAGS, STICKERS

DONT TREAD ON ME: FLAGS, DECALS, HATS & HAT PINS

SEWN STARS  
& STRIPES

**3' X 5' U.S. FLAG NYLON \$17 each**

FLAG: CASH OR CHECK PRICE WITH THIS COUPON ONLY.

SOLAR LIGHT KIT \$69. / GOLF CART FLAG HOLDER \$26. / HANDICAP FLAGS

**WE SELL AMERICAN FLAGS MADE IN THE U.S.A.  
THIS IS A SMALL FAMILY BUSINESS THAT IS  
HERE TO HELP YOU WHEN YOU NEED HELP.**

**WE HAVE BEEN IN BUSINESS FOR OVER 15 YEARS  
THANKS TO LOCAL SUPPORT FROM OUR CUSTOMERS.**



Now I have seen everything. An electric new green deal being charged by a diesel powered charging station. Think about it AOC?????Dangerously bad diesel fuel being run to charge safe green electric cars.

## NEED A BREAK?

Read  
the  
paper!





Tom Loury Long time member of CEP/Ocala Chamber of Commerce, Past President of the Ocala Business Leaders and current member, Co-Founder and past President of Select Business Associates, Past President of the Lady Lake Chamber and current member.

PUBLISHER’S NOTES



By TomL  
 Lady Lake Florida...Received a phone call last week. He introduced himself as a long time Lady Lake Resident, actually I think he was from the Villages, he was accusing the paper of making Democrats look like Russians. (Boy is that a far stretch). I ask him if he call Fox News and accuse them of the same. I said we have a well rounded group of writer's and I'm sorry you don't like what we say, simply just don't read it. He said he would never watch Fox News. After the called ended, I sat and thought about what he said. You know he is right the Republicans are the only one's doing their job, the other are taxing the heck out of us. There is talk about the Green new deal is financed by Russia and China, I guess I need to explain. Investigators are now saying that some of the candidates running and endorsing the Green New Deal had hefty contributions from Russian and

Chinese backed company's. Some people get upset when they believe something all their lives and things change, people change. The reader said the whole paper was guilty of it. He said the paper treated Governor DeSantis like a God (Far Stretch). I think several times our writers said DeSantis was doing his job and most Floridians would agree with that. I walked outside and there it was A FULL MOON! I say if you don't like what is in the newspaper, any paper, just simply don't read them. I am sorry the Democrat's are being blamed for what Biden is putting them through. Just impeach him and get it over with!  
 My father raised me as a Democrat, he said he endorse the Democrats because they were for the working man. I think it is because it is the working man who pay's all the tax's. When Obama got in and was making changes I did not like I was seeing, I wondered so I started looking back and saw in history there is a lot of things the current administration want to change, like Lincoln

was a Republican and he helped free the slaves. Many blacks were in the war between the North and the South, some died defending the Confederate Flag. But today it means something un-exceptable and we let it happen. I write it the way I see it. NO APOLOGIZES!

DUNNELLON FL  
 I was traveling on High School rd head south and going to Bellevue when I came across a cleanup crew, I could see where trees had been across the road. It was just a few minutes from my house. Some times you don't know until later how lucky you are. EF-1 TORNADO STRUCK!

Does Biden have a score to settle with Ukraine?REMEMBER THIS!  
 President Trump and his personal lawyer, Rudy Giuliani, repeatedly claimed that Joe Biden and his son Hunter Biden engaged in corruption while the two had dealings in Ukraine when Biden was Vice President.  
 In 2016, and with the support of other world leaders, Joe Biden threatened Ukraine that he would withhold \$1 billion of U.S. aid because while attempting to cleanup their of corruption, they were investigating Hunter Biden. Ukraine's

leaders fired Viktor Shokin, the country's top prosecutor. They accused him of being too soft on corruption!. I personally watch the news clip of Biden bragging about it on national TV about how he had the top prosecutor Viktor Shokin fired!  
 Well the bully Putin thought his so called crack troops would just walk across Ukraine. Come to find out his troops are not as good as everyone thought they were, many are being killed and he is leaving them laying in the streets. I think the difference is the Russian troops, some don't know why they are there and did not want to invade Ukraine and the Ukrainians are fighting to defend their country to the death. Ukraine will probably fall but not without purpose. The world has seen the atrocities that Putin has order on them I think the Russian leader has spent his last nickel on a war on his own people. I think the Russian people will rise up and take Putin down. Europe is at a boiling point and a weak leader like Biden will not prevail!  
 Right now President Zelensky and his army of untrained civil soldiers will fight to the death because of the F word people are not using very much any more "FREEDOM!" You Know Freedom is our most precious heritage and many are taking

Continued page 5

Newspaper Deadlines

Editorial & Ad Copy for May

Seniors Voice & Ocala DownTown

Noon, April 15th

Lady Lake Magazine & Village Spectator

12am, April 20th



**ROADRUNNER**  
APPLIANCE REPAIR

**(352)277-4926**  
roadrunner.fl@gmail.com | www.roadrunnerfla.com

- Experienced technicians
- On-time service
- All work is guaranteed
- Cover all major brands

**15% OFF FIRST REPAIR**



**Baseline**  
TIRE SERVICE Since 1975

**10950 SE Hwy 441 • Belleview, FL 245-7070**

- Tires
- Batteries (Interstate)
- Brakes
- Wheel Balance
- Tire Rotation
- Alignments (2 & 4 Wheel)
- Struts & Shocks
- Lubrication
- Oil Change
- Custom & Performance Exhaust

**BRAKES, WHEEL ALIGNMENTS & SERVICE!**

Village Spectator / Lady Lake Magazine  
 Products of TomL Publishing, LLC

P.O Box 1698, Dunnellon FL 34430

Publisher: Tom Loury  
 Phone: 352-804-1223 | Email: tloury@att.net

The "Village Spectator" (Newspaper) (Online Product) and the Lady Lake Magazine (Newspaper) and are owned and operated by TomL Publishing LLC, a sole proprietor Corp. Its owners, editors, writers, compositors, printers and publishers are not responsible or liable for typographical errors, misinformation, misprints, and the like, unintentionally contained herein. All letter hard copies or online received become the property of TomL Publishing LLC and may be reproduced without further consent. All above are independent contractors and volunteers.  
 LETTERS TO THE EDITOR reflect the opinion of the writer, not the opinion of these newspapers. Letters should be online typed and limited to 300 words or less. Letters must have the written signature of the author and the current telephone number. Signatures for publication may be withheld on request. Letters that are libelous, or considered in poor taste, or are personal in nature, will not be published.  
 COPYRIGHT NOTICE 1996. The contents of this publication are protected by the copyright laws of the United States of America. Any reproduction in part or in whole is forbidden without the express written consent of the publisher. Violators can be prosecuted to the fullest extent of the law.  
 COLUMNS are the opinions of the writer and do not necessarily reflect the opinion of the above named newspapers and online products. Writers are chosen to represent a diversity of views on local issues. The editorial on page 4 is the opinion of the Publisher only.

PLEASE  
 SUPPORT  
 THE WOUNDED  
 WARRIORS!



**God Bless our Troops**  
**Support Our Veterans**  
**We Endorse The Constitution**





## Job Postings Brought To You By Lady Lake Chamber

### Affiliated Title

*(Closing Agent, Closing Processor, Front Desk & More)*

### Bill Bryan Chrysler Dodge Jeep Ram

*(Service Department, Reception, & More)*

### Brownwood Hotel and Spa

*(Management, Servers, House Keeping & More)*

### Comfort Keepers

### Dignity Memorial Life Celebration Center

### East Coast Capital

*(Part-Time Virtual Assistant)*

### Ernie Morris Enterprises, Inc.

*(A/P A/R)*

### First Baptist Church of Lady Lake

*(School & Nursery Teachers)*

### Freedom Pointe at The Villages

*(RN, LPN, CNA)*

### Goodwill Industries of Central Florida

*(Cashiers, Clerks, Donation Attendants, & More)*

### Insight Credit Union

### Just Dandy Pet Parlour

*(Experienced Groomers)*

### Lake Port Square Senior Living

*(RN, LPN, Unit Manager, Supervisors)*

### Lake Port Square Senior Living

*(Cooks, Servers, & More)*

### Lake Port Square Senior Living

*(Move-In Concierge Team)*

### Mid-Florida Agencies Florida Blue

*(Receptionist)*

### Molly Maid

*(Join the family)*

### Nothing Bundt Cake

*(Guest Services Representative)*

### Outback Steakhouse: SIGN-ON BONUS

*(Back of House Positions)*

### Slezak Financial Security Agency

*(Work from home opportunity)*

### Texas Roadhouse

### Thomas Insurance

*(Receptionist)*

### Thomas Insurance

*(Insurance Customer Service Rep)*

### Trustco Bank

*(Assistant Branch Manager, Teller)*

### United Southern Bank

*(All Jobs)*

### Visiting Angels

*(CNA, Companions, Scheduler)*

### Vojae' Body Imaging

*(Clinic Manager)*

## Publisher's Notes

*Continued from page 4*

it for granted. That is what the Ukrainian are dieing for right now! We should help any country that wants FREEDOM!

Zalensky said of Ukrainians "Our weapon is our truth, and our truth is that it's our land, our country, our children. And we will defend all of that." Putin had radio stations broadcast that Ukrainian civilian army would lay down their guns instead they ask for more guns. They fight on even if Biden refuses to help with closing the airways. His lack of action will go down in the history books as the worst president ever. Biden wants people to think he is cool but he is not he is an empty suit! I wish Trump would invite him out behind then gym as Biden put it! WE NEED ACTION!

GAS PRICES...Democratic candidate Joe Biden promised he would move to eradicate fossil fuels if elected. In January 2021, the newly sworn-in president jumped into action and enacted a war on US energy companies in a move beholden to climate change proponents. Within months, gas prices began to climb. Now averaging over \$4.00 per gallon.

A friend from Orlando sent me a few important lines of thought as follows...

This is the beginning of a new day. You have been given this day to use as you will. You can waste it or use it for good. What you do today is important because you are

exchanging a day of your life for it. When tomorrow comes, this day will be gone forever in its place is something that you have left behind. Let it be something good!

If you do not take an interest in the affairs of your government, then you are doomed to live under the rule of fools.....Plato

Albert Einstein

"Logic will get you from A to B," he said. "Imagination will take you everywhere." The famed physicist reminds us that it is imagination that gives wings to knowledge, by pointing the way to new possibilities.

I have noticed a pattern of health problems. People who are going into the hospital for a regular procedure are having complications set in that were unexpected. I am not a doctor but they say some of these COVID shots and cures manipulate our DNA, I wonder whAt then long tim e effect is on our future health.

## You Can Help Save A Life

(NAPSI)—Being a hero and helping repair the world may be easier than many people realize. How? Become a blood stem cell or marrow donor, volunteer or a supporter.

### The Problem

Every three minutes, someone in the United States is diagnosed with a blood cancer such as leukemia, lymphoma and

*Continued page 13*

**WORLD**  
EQUESTRIAN CENTER®  
OCALA, FL

**Admission and parking is  
free and open to the public**

Visit [wec.net](http://wec.net) and select

**THIS WEEK  
AT WEC**





ONE PERSON'S OPINION

LETTERS TO THE EDITOR

To the Publisher

Tom: you missed the point with respect to your comment that the constitution was alleged by someone to be an experiment. Let me clarify what the "experiment" is. When this nation was founded, foreign nations were ruled by kings, tsars, autocrats and the like. Even England still has a monarchy in its queen. Our country was founded as a democracy where our leaders were elected by the people...Our laws were enacted by elected representatives of the people, to benefit the people fairly and justly. This was a grand experiment because our democracy was looked on as a power that might not stand the test of time. We have a system of checks and balances that ensure that our system would be administered so that no one branch of government would have ultimate power over the others. This is the experiment you referred to.

One other thing, Tom. Please don't rely on the internet as your sole source of news. Quite often you don't know the source of the information you receive. I watch CNN, MSNBC, and a bit of Fox news to give me a balanced view of world events. May I suggest you do the same.

Bob from the villages

**Publishers note** the Constitution is our Constitution as written and I believe in it and

I believe it should be followed! It's the law! As to the internet when I go on fact check I usually will find people saying it's true and people saying it's false. How do you decide what is true or false?

Most of the internet is from Newspaper articles or books written by known and unknown authors. I check it best I can and hope that you will find the truth by research yourself

HARD TO VOTE.

When i asked anyone to read this and give me a reaction, this is what i got. ha,ha,ha, ha, ha. they know, 'hard to vote is a synonym for dead or illegal alien, used by cheaters who steal elections they cannot win with their issues.

The era of cheating began with the boomers boobs, and escalates with each succeeding generation, to instill guilt in the honest.

During 20 years of parkinson it was not too hard to vote for my husband. at 93 and homebound it is not too hard for me to vote.

Years ago when we voted in person it was a requirement to present a picture i.d. to vote, even though we were registered, and on the roll.

The cheaters are masters at manufacturing guilt, do not buy it.

Is honesty a remote possibility among

these folks?

Dead people and illegal aliens have no right to vote can we agree on that much?

What is the valid reason that a picture i.d. is a burden. An unreasonable reason is the ability to cheat, it is the only one I see.

D.i.L.

The IRS Saver's Credit

Are You Eligible To Claim The IRS Saver's Credit?

(NAPSI)—Here's good news, for a

change, from the IRS: It offers an incentive to lower your tax bill when you save for retirement. With pandemic-related employment disruptions last year, more taxpayers may be eligible to claim the Saver's Credit but may not even know this tax credit exists. Also referred to as the Retirement Savings Contributions Credit, the Saver's Credit can reduce federal income taxes for eligible taxpayers who save for retirement through a qualified retirement plan, such as a 401(k) or an Individual Retirement Account (IRA).

The 22nd Annual Transamerica Retirement Survey finds that fewer than half

Continued page 7

Why Join The Lady Lake Area Chamber?

- **Networking Opportunities**- Connect with business professionals
- **Visibility** - Get noticed in your community
- **Credibility**- Membership raises your business reputation
- **Discounts**- Take advantage of member- only discounts
- **Learning**- Member only speaker series on business topics
- **Give Back**- Volunteer on committees to help the community

Contact us today to be added to our email list and stay connected to local businesses & events!



LadyLakeChamber.com  
(352) 753-6029  
Connect, Grow, Prosper



Brody left his friends to catch up on the news.



Call TomL at  
352-804-1223



Lady Lake Police

CHIEF ROBERT TEMPESTA.



**Work Zone Awareness and Distracted Driving**

A work zone involves workers, vehicles, trucks, and equipment that can necessitate lane closures, detours,

and moving equipment, and can last from a few days to several years. While work zone fatalities make up approximately three percent of overall fatalities and two percent of serious injuries, the safe and efficient flow of traffic through work zones is an ongoing priority for Florida's transportation and traffic safety partners. The Florida Department of Transportation (FDOT) reminds you to do your job when it comes to Work Zone Safety.

- **BE ALERT** - Expect anything to occur when entering a work zone.
- **DON'T TAILGATE** - Unexpected stops frequently occur in work zones.
- **DON'T SPEED IN THE WORK ZONE** - Note the posted speed limits in and around the work zone.
- **DON'T CHANGE LANES IN THE WORK ZONE** - Any time saved just isn't worth the risk.
- **EXPECT THE UNEXPECTED** - Keep an eye out for workers and equipment.
- **MINIMIZE DISTRACTIONS** - Avoid changing radio stations and using cell phones while driving in the

work zone.

Speaking of distractions, anything that takes your attention away from driving can be a distraction. There is no doubt that the improvement of technology in today's society has greatly benefited our society as a whole. But, sending a text message, talking on a cell phone or using a navigation system creates hazardous road conditions. These and any other distractions, such as tending to kids or passengers in the back seat, eating, watching an event outside of the vehicle, interacting with passengers, unsecured pets, putting on makeup or grooming, adjusting the radio or climate controls, checking your GPS app or daydreaming. These distractions can endanger you, your passengers, and others on the road.

There are three main types of distraction:

- Visual-taking your eyes off the road,
- Manual-taking your hands off the wheel
- Cognitive- taking your mind off driving.

Texting while driving has been proven dangerous beyond dispute due to the fact that it requires all three distractions at once to complete. Taking one's eyes off the road for the average 5-6 second text, is enough to travel the length of a football field at 55 MPH.

According to the CDC related to 2018 statistics, over 2800 people were killed and an estimated 400,000 were injured in crashes involving distracted driving. About 1 in 5 of the people who died in crashes were not in vehicles. They were walking, riding their bicycles, or outside of their vehicle.

Young adult and teen drivers are the most

at risk for distracted driving. In 2018, 25 percent of distracted drivers involved in fatal crashes were young adults aged 20-29. Drivers aged 15-19 were more likely to be distracted than drivers aged 20 and older among drivers in crashes where someone died. It is important for parents to speak to their teen drivers about the risks of driving while distracted. Remind them that driving requires their full attention. This must also be done by setting the example for them. A parent/guardian who drives while distracted will likely not be taken seriously by their young driver.

([https://www.cdc.gov/transportationsafety/distracted\\_driving/index.html#factsheet](https://www.cdc.gov/transportationsafety/distracted_driving/index.html#factsheet))

Section 316.305, Florida Statutes allows law enforcement to stop motor vehicles and issue citations to motorists that are texting and driving. A person may not operate a motor vehicle while manually typing or entering multiple letters, numbers or symbols into a wireless communications device to text, email and instant message.

Section 316.306, Florida Statutes, is a prohibition on using wireless communications devices in a handheld manner in school and work zone. A person may not operate a motor vehicle while using a wireless communications device in a handheld manner in a designated school crossing, school zone or active work zone area. Active work zone, as it pertains to Section 316.306, Florida Statutes, means that construction personnel are present or are operating equipment on the road or immediately adjacent to the work zone area.

The men and women of the Lady Lake Police Department remind you to be safe out on the roadways. Pay attention to new road patterns along the construction zone on US Hwy 27/441.

**Tax Saver**

*Continued from page 6*

(48 percent) of workers are aware of the Saver's Credit.

"People who are saving for retirement may be able to claim the Saver's Credit and reduce their federal taxes," says Catherine Collinson, CEO and president of nonprofit Transamerica Institute and its Center for Retirement Studies. "Perhaps people are confusing the tax credit with the tax-advantage treatment of retirement accounts. The idea of a double tax benefit may sound too good to be true but both are available to retirement savers."

**What Is the Saver's Credit?**

The Retirement Savings Contributions Credit is a non-refundable tax credit for contributions an eligible taxpayer makes to a 401(k), 403(b) or similar employer-sponsored retirement plan, a traditional or Roth IRA or an ABLE account. In this context, "non-refundable" means the credit cannot exceed a person's federal income tax for the year. The maximum credit is \$1,000 for single filers or individuals and \$2,000 for married couples filing jointly.

**Tips for claiming the Saver's Credit**

**1. Check Your Eligibility**

To be eligible, the maximum Adjusted Gross Income (AGI) for single filers is \$33,000 in 2021 and \$34,000 in 2022. For the head of a household, the AGI maximum is \$49,500 in 2021 and \$51,000 in 2022. For those who are married filing jointly, the AGI maximum is \$66,000 in 2021 and \$68,000 in 2022.

You must be 18 years or older by January 1 and cannot be a full-time student or be claimed as a dependent on another person's tax return. Consider using the IRS's online

*Continued page 14*

**"Read all about it! Get free classifieds on Villages4sale.com!"**



Real estate • Furniture • Cars  
Golf Carts • Garage Sales • RVs  
Pets • Electronics • Antiques  
Appliances • And more!

**Visit Villages4sale.com today or  
call (352) 633-4623 for assistance.**



# Mac N Cheese Festival



The official judges for the First Mac N Cheese Festival. From Left to Right Makayla Nalenzy Villages Charter School Student, Billy Berg with Bill Bryan Chrysler Dodge Jeep Ram, Gregg Malaczuk with Florida Gearheads, Vicki Kerley, Chamber President and with Visiting Angels, Jim Rietz Mayor for Town of Lady Lake.



Sofia's Hair Salon took home the trophy for People's Choice.



Lake Glass & Mirror took home the Big Cheese Trophy for best decorated booth.



Kiwanis Club of Lady Lake took home the trophy for Judge's Choice.



United Southern Bank Lady Lake Branch took home the trophy for Mayor Choice.



Suzie Socier with Paramount Urgent Care pulled double-duty and worked the 50/50 Chance Drawing tent. A winner was selected at the Festival with a total of \$3,345 in ticket sales. Proceeds from the drawing will benefit the Town of Lady Lake Fireworks Show in 2023



## FROM THE DESK OF ATTORNEY GENERAL MOODY



### Beware of Scams as Tax-Filing Deadline Approaches

TALLAHASSEE, Fla.—Attorney General Ashley Moody is

warning Floridians about scams ahead of the 2022 tax-filing deadline. The deadline to file 2021 taxes is April 18. According to the Internal Revenue Service, millions of Americans wait until the last two weeks before the deadline to prepare tax returns. Last-minute filers are at a heightened risk of scammers fraudulently filing for a return in their name. Other less-common tax schemes also seek to exploit federal filing requirements. To avoid unnecessary hardships, Attorney General Moody is providing tips to help taxpayers spot and avoid tax scams.

Attorney General Ashley Moody said, “The federal tax-filing deadline is just a month away and millions of Americans have not prepared their taxes. While there is still time, filing early reduces the likelihood that a scammer will steal your tax return. For more information about how to avoid common tax-filing scams, check out the tips in our latest Consumer Alert.”

Here are some of the most common types of tax scams:

Tax-related identity theft is when a target's personal information is stolen so that a scammer can file a tax return claiming a fraudulent refund.

The tax gift card scam occurs when scammers forge fraudulent tax bills to give to targets, convincing the target to pay the fee with gift cards.

Examples of refund-recalculation scams are when scammers send phishing emails to targets, making the email look like a tax-refund payment or a recalculation of a tax refund—attaching a link to input personal information to claim the refund.

During June and July of 2021, the IRS received a record number of reports about stimulus-payment scams. Scammers impersonate the IRS and tell targets that the target is eligible for a stimulus payment—claiming personal information is needed for the payment to be sent.

Scammers may pretend to be an independent organization within the IRS called Taxpayer Advocate Services, and spoof caller ID to make targets believe a legitimate call from TAS is being received. Once the call is received or returned, scammers will phish for personal information.

Tax scams can be complex as scammers regularly adapt and update schemes. Below are tips about how to avoid tax schemes:

When seeking a new tax preparer, look for one who is available year-round;

Ask a potential tax preparer to show an IRS Preparer Tax Identification

Number—all legitimate preparers will be able to provide one;

Make sure that refunds will be sent to the taxpayer and not a tax preparer;

Know that a letter from the IRS about an unfiled tax return is a scam;

Recognize that any notices from the IRS about online accounts being created, accessed or disabled when no action was taken are often scams; and

Pay attention for any received wages or other income from an unknown employer as it could be a sign of identity theft.

If anyone receives a suspicious call from someone claiming to be from the IRS, report the call to the Treasury Inspector General for Tax Administration by filing a complaint online at [TIGTA.gov](https://www.tigta.gov) or calling 1(800) 366-4484.

To view other recent Consumer Alerts, visit our webpage at [MyFloridaLegal.com/ConsumerAlert](https://MyFloridaLegal.com/ConsumerAlert).

### Attorney General Moody Issues Alert About Cyberattacks Following Warning from Washington

TALLAHASSEE, Fla.—Attorney General Ashley Moody is issuing a Consumer Alert warning Floridians about potential cyberattacks due to growing tensions in Europe. This comes on the heels of a warning from Washington, D.C. that [Russia is exploring options for a potential attack](#). Critical infrastructure is thought to be the most likely target of such an attack; however, attacks can be more broad, meaning anyone with information online could be affected—leading to losses in money, private information and use of digital devices.

Attorney General Ashley Moody said, “Cyberattacks are not always narrowly targeted. In fact, many hackers cast wide nets in an effort to steal as much information as possible. With the growing tensions in Europe and new warnings out of Washington, I want to encourage all Floridians to remain diligent in their efforts to protect identities and financial information online.”

Cybersecurity experts know that hackers cast wide nets, often ensnaring small businesses, nonprofits and private citizens when launching these online assaults. Attorney General Moody is warning consumers about the possibility of widespread cyberattacks.

To guard against cyberattacks, Attorney General Moody recommends that Floridians:

Use strong passwords and do not use the same password for multiple accounts;

Use security software, and keep it updated;

Connect a separate bank account to use online payment apps

Do not click on links from unknown senders

Closely check a sender's email address or phone number before responding; and

Ignore and block illegal robotexts

For additional online safety tips for Floridians, go to [MyFloridaLegal.com](https://MyFloridaLegal.com).

The Florida Division of Emergency Management cites [Ready.gov](https://www.ready.gov) as source for more tips to prevent cyberattacks and learn more about cybersecurity.

To view other recent Consumer Alerts, visit our Consumer Alert webpage at [MyFloridaLegal.com/ConsumerAlert](https://MyFloridaLegal.com/ConsumerAlert).

# TomL Publishing LLC

Serving Communities in Marion, Lake & Sumter County Florida



**Tom Loury**  
352-804-1223

### ADVERTISING RATES Including Color

Full Page	\$ 558
1/2 Page	414
1/4 Page	254
1/8 Page	142

**TomL Publishing, LLC**

P.O. Box 1698

Dunnellon, FL 34430

[tloury@att.net](mailto:tloury@att.net) | 352-804-1223



### Visit Us Online:

[www.TomLPublishing.com](https://www.TomLPublishing.com)

[www.LadyLakeMagazine.com](https://www.LadyLakeMagazine.com)

[www.VillageSpectator.com](https://www.VillageSpectator.com)

[www.SeniorsVoiceOfOcala.com](https://www.SeniorsVoiceOfOcala.com)

[www.OcalaDowntown.com](https://www.OcalaDowntown.com)



Connect with us on  
Facebook at  
[OcalaVillagesNews](https://www.OcalaVillagesNews.com)





### Lady Lake Magazines & Village Spectator Newspaper Pickup Points

- Bobs Coin & Jewelry  
17860 Ave, Suite 629,  
Summerfield
- Baseline Tire Service  
10950 SE 441, Belleview
- Flag & Flag Poles  
211 S 441, Lady Lake
- Lady Lake Discount Beverage  
207 S 441, Lady Lake
- Lady Lake Chamber  
Downtown  
441 S, Lady Lake
- City Hall 441  
N Lady Lake
- Legion Hall  
466, Lady Lake
- Recreation Plantation  
466 Lady Lake



Ads are Sponsored by  
TomL Publishing and  
Lady Lake Chamber



Mid-Florida

**Has The Pandemic Affected your Business?**

Free Small Business Advice



**Free confidential mentoring** to help you  
launch, restart or adapt your small  
business.

Check out our online **Business Pandemic  
Survival Guide.**

Learn at one of our targeted business  
**webinars and workshops.**

All free at <https://midflorida.score.org>

## DONATIONS NEEDED!

Lady Lake Animal Control is working hard to keep local  
animals safe. At this time they are helping a large number  
of cats & kittens and are in desperate need of donations of  
the following items:

- Fancy Feast Kitten Food (Chicken)
- KMR Kitten Milk
- Cat Litter
- Laundry Detergent

Donations Can Be Dropped Off at the following locations:

*Monday - Friday*  
*9:00 - 2:30*

Just Dandy Pet Parlour

201 W. Miller St.  
Fruitland Park

Lady Lake Area Chamber

106 US Hwy 441/27  
Lady Lake



Lake-Sumter, Florida  
**Habitat for Humanity**

# ReStore

# SHOP. DONATE. VOLUNTEER.



**OPEN**  
9:30AM - 6PM  
Mon - Fri  
9:30AM - 4:30PM  
Sat

Habitat for Humanity Lake-Sumter  
ReStores are nonprofit home  
improvement stores and donation  
centers that sell new and gently used  
furniture, appliances, home accessories,  
building materials and more to the  
public at a fraction of the retail price.  
Proceeds are used to help build  
strength, stability, self-reliance and  
shelter in our hometown community.

FREE Donation Pick-up available:  
(352) 589-3005

[HABITATLS.ORG](https://HABITATLS.ORG)



## FROM THE DESK OF GOVERNOR DESANTIS



### Governor Ron DeSantis Appoints Two to the Sumter County Board of County Commissioners

**TALLAHASSEE, Fla.** — Today, Governor Ron DeSantis announced the

appointment of Diane Spencer and Roberta Ulrich to the Sumter County Board of County Commissioners.

#### Diane Spencer

Spencer, of The Villages, is a retired attorney with 36 years of experience previously working as a claim attorney for State Farm Fire and Casualty Company. She is currently elected to and serves on The Villages Community Development District #5 and previously served on the North Sumter Utility Development District. Spencer earned her bachelor's degree from the University of Florida and juris doctor from Nova Southeastern University.

#### Roberta Ulrich

Ulrich, of The Villages, is a retired mathematician. She previously worked at the Goddard Space Flight Center analyzing Mars data and has experience working in the federal government and in private industry. Ulrich earned her bachelor's degree in mathematics from Duquesne University.

-----  
Governor Ron DeSantis Announces \$289 Million for Programs that Close

### Achievement Gaps, Improve STEM Education and Boost Student Resiliency

On March 16, 2022, in News Releases, by Staff

**HIALEAH, Fla.** — Today, Governor Ron DeSantis announced \$289 million across Florida for programs that will ensure Florida is continuing to meet the needs of its students, teachers and families while remaining a national leader in closing education achievement gaps and advancing student growth. Governor DeSantis made the announcement at Hialeah Educational Academy, a school that has dedicated STEM programs and offers certificate programs in a variety of fields including law enforcement, nursing and fire rescue. The \$289 million includes funding for STEM programs, civics education and after-school and summer learning programs.

"I am proud to announce an additional \$289 million for programs that will improve student achievement and close learning gaps," said **Governor Ron DeSantis**. "This announcement builds on our accomplishments over the past three years to make Florida a national leader on education, with our focus on civics, early literacy and STEM programs. I look forward to more announcements in the coming weeks as we continue investing in education for Florida students."

"Governor DeSantis continues to make the right call when it comes to working to provide a world-class education to our

students," said **Florida Education Commissioner Richard Corcoran**. "Florida continues to emphasize and command focus on the key pillars of learning, especially for early grades and students represented in achievement gaps, with wrap-around supports for literacy, mathematics and the civic literacy skills necessary to elevate our students into lifelong learners and great citizens."

Included in the \$289 million is:

- \$105 million for after-school and summer learning camps that help struggling students catch up;
- \$47 million for primary materials aligned to Florida's new standards for English Language Arts (ELA), math, civics and Holocaust education;
- \$50 million to support reading intervention and professional development for reading coaches;
- \$44 million to support STEM and hands-on learning programs;
- \$22.5 million for resources to help parents be more involved in their children's education; and
- \$5 million to establish Regional Mental Health Resiliency Teams.

For more information about the Florida Department of Education, visit [www.fl DOE.org](http://www.fl DOE.org).

### Memo: Flags at Half-Staff in Honor of Former United States Secretary of State Madeleine Albright

On March 24, 2022, in News Releases, by Staff

#### MEMORANDUM

TO: Tom Berger, Director of Real Estate

Management and Development

FROM: Governor Ron DeSantis

DATE: March 24, 2022

RE: Flags at Half-Staff in Honor of Former United States Secretary of State Madeleine Albright

On Wednesday, March 23, 2022, Former United States Secretary of State Madeleine Albright passed away at the age of 84 after battling cancer. In 1996, Albright became the first woman to serve as United States Secretary of State. While serving in this role, she was the highest-ranking woman in the history of American government. Previously, she served as the United States Ambassador to the United Nations. Prior to her notable career as an American diplomat, Albright made her way to the United States as a child of Czech refugees who fled from Nazi and Soviet oppression in Eastern Europe.

Pursuant to the President's orders and as a mark of respect, I hereby direct the flags of the United States and the State of Florida to be flown at half-staff at all local and state buildings, installations, and grounds throughout the State of Florida immediately until sunset on Sunday, March 27, 2022.



<https://www.flgov.com/gallery>

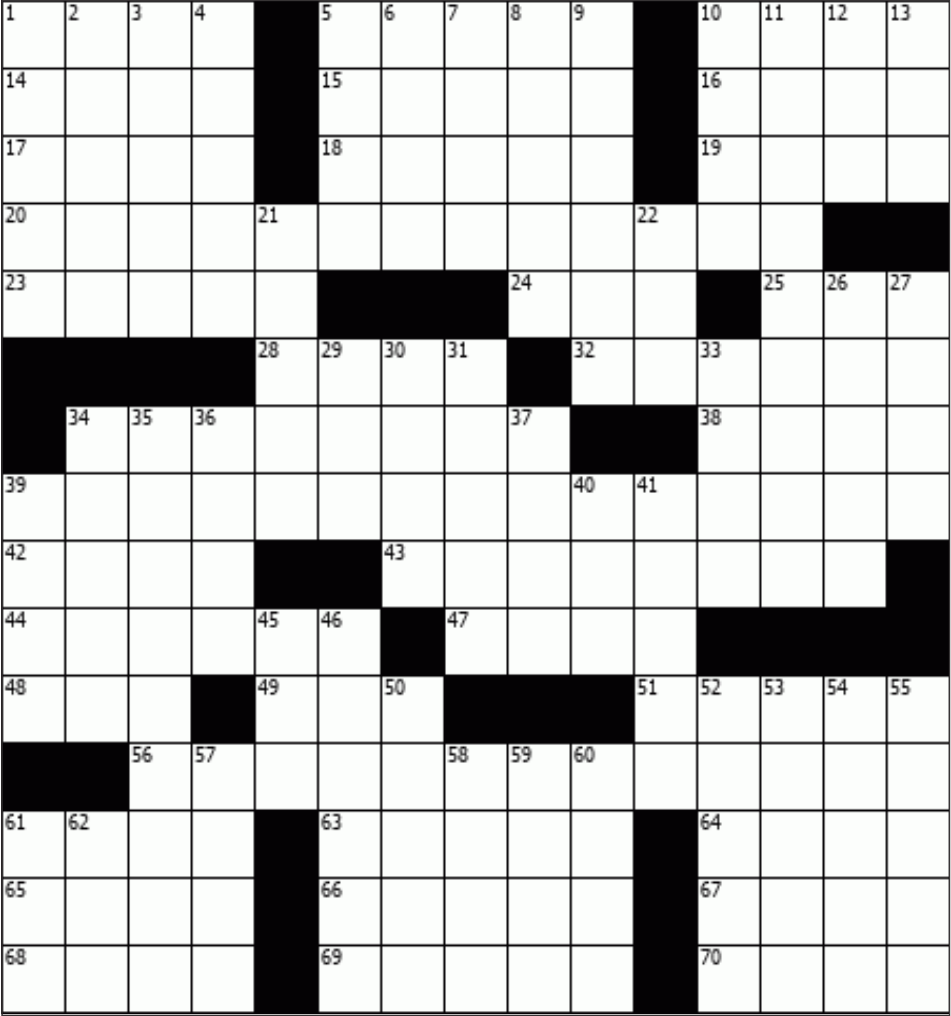




- Across**

  - Rugged cliff
  - Steakhouse order, perhaps
  - "Here comes trouble!"
  - Wife of a rajah
  - Screw thread, e.g.
  - Space-race goal
  - It's near the crazy bone
  - "\_\_\_ we all!"
  - Pierce player on "M\*A\*S\*H"
  - Early yarn machine
  - Sweater letter, perhaps
  - Wee colonist
  - Talk, talk, talk
  - Start of a cheer
  - Greg's sitcom wife
  - Half-wit
  - Café au \_\_\_
  - Certain Muslim dancer
  - Mandlikova of tennis
- Down**

  - Outer layer
  - Alice's husband
  - Harold Gray heroine
  - Elephantine
  - Bangkok citizen
  - Swiss capital
  - Mr. Cassini
  - Old Japanese mercenary
  - Draw out
  - Arabian monarchy
  - Dim memory
  - Pope John Paul II's first name
  - Pare
  - Vidal's Breckenridge
  - Parry
  - "Beauty \_\_\_ the eye ..."
  - What some willows do?
  - Actress Zellweger
  - Pool-shooter's powder
- Famed chalice
  - East of Eden
  - Stop \_\_\_ dime
  - Bellybutton
  - Nonacademic degree
  - Out of order
  - Cleansing vessel
  - It's "here" in Arles
  - Italian wine
  - Pond life
  - Part of T.A.E.
  - "\_\_\_ a dream" (Martin Luther King)
  - Kind of golf
  - Type of nail
  - 1999 Ron Howard film
  - "Huh?"
  - Beatles label
  - Sublease
  - Island necklace
  - New \_\_\_ (Empire State resident)
  - Bondservant
  - Suit
  - Dance or sauce
  - Virus carrier, sometimes
  - Former boy-band
  - Fur stole
  - Turkmenistan neighbor
  - Lymph, for one
  - Mirth
  - Pricy wheels
  - Caustic substance



# Bringing our community together...

- Print and Web Advertising
- Ad in Digital Papers
- Thrown into Driveways

Ocala Downtown  
Seniors Voice of Ocala  
Village Spectator  
Lady Lake Magazine

Call/Email Tom:  
352-804-1223  
tloury@att.net

A graphic showing three blue human figures standing on a stack of colorful puzzle pieces (red, yellow, green). The figures are arranged in a line, with the first figure standing on the red piece, the second on the yellow piece, and the third on the green piece. The puzzle pieces are interlocking and arranged in a way that suggests a path or a solution.



Bob Paxton left of FAIRtax Power Radio Arizona at CPAC 2022 in Orlando FL on interviewing Sheriff Arpaio right of Feb 26.

Want to Kill the Death Tax?

Only the FAIRtax can Pull the Trigger!

Want to learn more?

Go to: [FLfairtax.org](http://FLfairtax.org) or Call 352-804-0007

Testament my wish

The FAIRTax logo is prominently displayed, featuring the word 'FAIRTax' in a stylized font with a red and blue color scheme. Below the logo is a QR code that, when scanned, likely leads to the FAIRTax website. The background of the advertisement includes images of US dollar bills, suggesting the financial benefits of the FAIRTax.



## Teen Driver Challenge

Sheriff Peyton C. Grinnell is committed to the safety of Lake County's youth and is pleased to offer, in conjunction with the Florida Sheriff's Association, the Teen Driver Challenge. This 9 hour course is taught 8am - 5pm and trains teen drivers how to prevent crashes through defensive driving techniques and evasive maneuvers. The program provides a mixture of classroom instruction and hands-on driver training at the Lake Tech Institute of Public Safety Driving Range in Tavares.

Teens between the ages of 15 - 19 are eligible and MUST have a valid Learner's Permit or Florida Operators License and participants must provide their own car. The Lake County Sheriff's Office does not provide cars for this program.

- Seats are available on a first come first serve basis, and class size is limited. Do not delay, as classes do fill quickly.
- Registration packet must be completed in full in order to participate in the driving course.
- Lunch will be provided. If a student has any food allergies they must provide their own lunch.

Upcoming classes: 07/09/22, 08/27/22

Lake County Sheriff's Office  
Teen Driver Challenge  
360 W. Ruby St, Tavares, FL 32778  
Phone: 352-343-9723  
www.lcso.org/ouryouth/tdc/  
Email: teendriver@lcso.org

## Save A Life

*Continued from page 5*

myeloma. The Leukemia and Lymphoma Society estimates that 186,400 people will experience this frightening news just this year.

While a bone marrow or blood stem cell transplant can serve as a cure for leukemia and other blood cancers, only 30 percent of patients have a matching donor in their families. The remaining 70 percent must hope that a compatible stranger can be found through the global registry.

### Seeking Solutions

For the past 30 years, one organization has been singularly passionate about engaging the public to get everyone involved in curing blood cancer. Gift of Life Marrow Registry, a nonprofit based in Boca Raton, Florida, works globally to find matching bone marrow and blood stem cell donors for patients battling nearly 100 diseases, including blood cancer, immune disorders and sickle cell.

### One Man's Story

The best chance of finding a matching donor is with people who share the same ethnicity and race—and Gift of Life was founded due to a lack of Jewish donors in the national registry when Jay Feinberg was 22 years old and unable find a match to cure his leukemia.

Determined to save his life, Feinberg's family and friends set on a 4-year grassroots donor recruitment campaign, resulting in the enrollment of more than 60,000 new donors in the worldwide bone marrow registry. Feinberg eventually found his lifesaving match, and his diagnosis started the butterfly effect that became Gift of Life.

Feinberg has never taken for granted the gift that his bone marrow donor gave to him, and he has turned a moment of personal crisis into a lifetime of achievement for the greater good and now, you can be part of it.

"Every day I live is a day I am blessed to

*Continued from page 15*

## Long COVID

*Continued from page 2*

and had good sleep habits. Because of his healthy lifestyle, Smith believed that it was very unlikely COVID-19 would have a serious effect on his health. In September 2020, at the age of 22, Smith contracted the virus, and his life changed forever.

"I used to run 5 or 6 miles a day. Now,

when I walk up a flight of stairs, I'm gasping for air," said Smith, who misses his daily exercise. "It feels like my brain is clouded, and I can't think straight. It's surreal."

Smith is not alone. Though many healthy young people who contract COVID have mild symptoms and recover quickly, others experience a wide range of new, returning or ongoing health problems that can persist for months. This condition is referred to as long COVID. As scientists work to learn more about long COVID, many mysteries remain.

"COVID is extremely unpredictable," said Ann Marie Pettis, immediate past president of the Association for Professionals in Infection Control and Epidemiology in Rochester, NY. "It is impossible to know who will recover readily, who will experience severe life-threatening illness, or who will have long COVID haunt them for months or even longer. Staying up to date on vaccines is the best way to prevent the devastating consequences of long COVID."

Symptoms of long COVID can vary. Many, like Smith, report shortness of breath and difficulty with memory and thinking, often described as "brain fog." Other common symptoms of long COVID include fatigue, pain, fast or irregular heartbeat, loss of taste and smell, memory problems, mood changes, and hair loss.

Katelyn Van Dyke, an athletic 20-year-old, contracted COVID in November 2020. Two months later she began to experience severe symptoms of long COVID. Van Dyke began having trouble remembering things, and she struggled to breathe with simple activity.

"I was a varsity soccer player in high school, and now I get winded just from walking," Van Dyke said. "I can't remember things. It's unbearable."

It is common for people with long COVID to have breathing issues, a possible indication of lung damage. COVID can damage organs including the lungs, heart, and brain. Symptoms can last many months after COVID illness.

Recent studies have also found serious increases in the risk for many kinds of cardiovascular disease in COVID survivors, including for people who were not hospitalized for COVID. Cardiovascular risks can be significantly higher for people who have had COVID regardless of their age, race, sex, or other cardiovascular risk factors.

Three weeks after getting COVID, dancer Isaiah Smith began experiencing chest pains.

"I used to be able to dance all day," said Smith, who is 26. "But now just getting up gives me chest pain. And I can't comprehend words at times. This has honestly been a very scary journey. I'm telling my long COVID story because I wouldn't wish this on anyone."

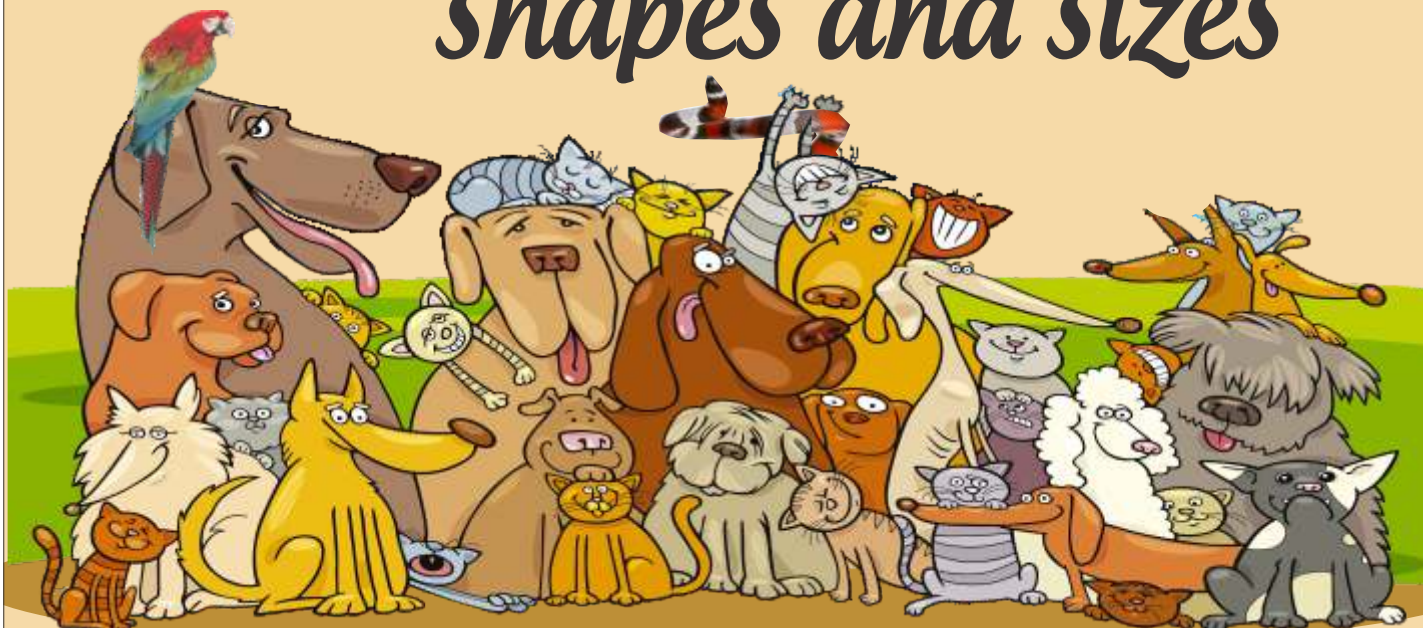
The risk of contracting long COVID is real—especially for those who have not been vaccinated and boosted. Remaining up to date on vaccinations provides the best protection against severe illness and long COVID.

### Learn More

For accurate, science-based information about vaccines, visit [www.vaccines.gov](http://www.vaccines.gov).



# Advertising Partnerships Come in all sorts of shapes and sizes



- Print and Web Advertising
- Ad in Digital Papers
- Thrown into Driveways

**Ocala Downtown • Seniors Voice of Ocala  
Village Spectator • Lady Lake Magazine**

**Call/Email Tom: 352-804-1223 | [tlowry@att.net](mailto:tlowry@att.net)**



## Tax Saver

*Continued from page 6*

tool to help determine if you are eligible for the Saver's Credit.

### 2. Save for Retirement

To claim the Saver's Credit for 2021, you must have contributed to a 401(k), a 403(b), a similar employer-sponsored retirement plan or an ABLÉ account during 2021. Contributions to traditional or Roth IRAs are also eligible and you have until April 18, 2022 to make an IRA contribution for tax year 2021. Roll-over contributions are not eligible for the credit.

### 3. File Your Tax Return and Claim the Saver's Credit

Let the IRS help you file your federal taxes with its Free File program. The program's eight partners offer online tax preparation tools free to taxpayers with an AGI of \$73,000 or less. More at [www.irs.gov/FreeFile](http://www.irs.gov/FreeFile).

When using an online tax preparation tool, be sure to answer questions about the Saver's Credit, also referred to by the IRS as the Retirement Savings Contributions Credit and Credit for Qualified Retirement Savings Contributions.

If you prepare your tax return manually, complete Form 8880, Credit for Qualified Retirement Savings Contributions, to determine your exact credit rate and amount. Then transfer the amount to line 4 on Schedule 3, which is used with Forms 1040, 1040-SR, and 1040-NR.

If you use a professional tax preparer, be

sure to ask about the Saver's Credit.

"Consistently saving for retirement is fundamental to helping achieve financial security in retirement," says Collinson. "Another way to help boost your retirement savings is to directly deposit any tax refund into an IRA. Saving more now could help you reap more later."

Remember, this important tax credit may help reduce what you owe in federal taxes or increase your refund. Check your eligibility, particularly if you had pandemic-related employment impacts in 2021. Help spread the word about the Saver's Credit by telling family, friends, and colleagues.

### Learn More

For more details and resources on the Saver's Credit in English and Spanish, visit Transamerica Institute at [www.transamericainstitute.org/SaversCredit](http://www.transamericainstitute.org/SaversCredit) or the IRS at [www.irs.gov](http://www.irs.gov).

*Transamerica Center for Retirement Studies is an operating division of Transamerica Institute, a nonprofit, private foundation.*

## COVID-19 Vaccine Booster Myths

### Fact Or Fiction: COVID-19 Vaccine And Booster Myths Debunked

*by the We Can Do This*

*COVID-19 Public Education Campaign (NAPSI)—Two years into the COVID-19 pandemic, myths and misperceptions*

about COVID and vaccines continue to arise and evolve on social media, online, and in daily conversation. Getting facts from a reliable source can keep myths from complicating decisions about getting vaccinated and boosted or following other prevention measures.

"Misinformation tends to spread rapidly, and it can be difficult for people to sort fact from fiction," said Dr. Mohamed Yassin, Chief of Infectious Diseases at the University of Pittsburgh Medical Center Mercy. "But at this point in the fight against COVID, there is no doubt that keeping up on vaccinations gives people the strongest defense against serious illness."

Here are the facts behind COVID vaccine and booster myths:

**Myth: The need for booster shots is a sign that the vaccines aren't working.**

**Fact:** Science shows that COVID vaccines are working well to prevent severe illness, hospitalization, and premature death. However, studies show that protection against mild and moderate disease can decrease gradually over time, and boosters can make your protection last longer. They can also help protect you against new variants.

**Myth: Vaccinated and boosted people no longer need to wear masks or social distance.**

**Fact:** Even though vaccines reduce the risk of spreading and getting COVID, the virus can still be passed through the air as people breathe and talk, especially in crowded and poorly ventilated spaces. To

help prevent the spread of COVID and reduce risk of infection, everyone ages 2 years and older should wear the best-fitting mask available to them while in public indoor areas regardless of their vaccination status. In general, people do not need to wear masks when outdoors.

**Myth: Since there are more ways to treat COVID, getting vaccinated is no longer necessary.**

**Fact:** Many advances have been made in the fight against COVID, but treatments have limitations, and it is always better to prevent disease in the first place. Some treatments, including antivirals like "the COVID pill," must be taken within days of getting COVID and are only for people at highest risk. Other treatments are taken by injection or intravenously in multiple sessions in a healthcare facility. Treatments are in limited supply and do not keep you from getting COVID. They can also be expensive. Getting vaccinated teaches the body to recognize and fight the virus. No-cost vaccines and boosters offer the best form of protection against severe illness, hospitalization, and premature death.

**Myth: Natural immunity from getting sick with COVID is better than the immunity you get from vaccination.**

**Fact:** The risks of getting seriously ill from COVID, or of developing long COVID after infection, far outweigh any potential side effects of COVID vaccines. Getting vaccinated gives most people a high level of protection against severe illness. Current data shows that unvaccinated adults 18 and

*Continued jpage 15*

# Lady Lake Realty Inc

(352)-255-4364 - Cell/Text

A.J.(Tony) Powell- Broker

[Tony@Lady Lake Realty.com](mailto:Tony@LadyLakeRealty.com)



**NEW LISTING.**  
**FOR SALE 2 bed/2 bath Home**  
1011sqft Ranch  
2222 Lake Griffin Rd,  
Lady Lake Fl 32159  
Screened Back Porch. Free-  
Standing Garage/ Workshop.  
Fenced Dog Run.  
Paved County Street.  
1.1 Acre Lot  
**List Price = \$249,900**



**FOR SALE or LEASE**  
**3 bed/2.5 bath. Home/Business**  
13600 S Hwy441 Summerfield Fl 34491  
**Office/Residence** 1596sqft Block/Stucco.  
Zoned 'B4'Marion County.  
Just north of Del Webb/ Spruce Creek..  
**Warehouse/Shop** 1224sqft Paved  
Driveway. Bathroom. 4-Lane highway.  
215'Frontage. On Site Well & Septic.  
**Lease \$2,100/Mo. Sale - \$425,000**  
**Call/Text/Email for details**  
**352-255-4364**





Myths

Continued from page 14

older are five times more likely to get COVID than vaccinated adults and 16 times more likely to be hospitalized from it than vaccinated adults. Vaccination also protects the people around you since you can spread COVID to others when you are ill. Vaccination even provides more robust protection for people who have already had COVID to reduce the risk of getting infected again.

Myths and misperceptions about COVID, vaccines, and boosters are everywhere, and misinformation can interfere with making informed decisions about getting vaccinated or following other prevention measures—putting people at risk for severe illness, hospitalization, and premature death.

**Learn More**  
For accurate, science-based information about vaccines and boosters, visit [www.vaccines.gov](http://www.vaccines.gov).

Save A Life

Continued from page 13

pay it forward,” said Feinberg. “Everyone has the power to spread light by joining the registry and giving the most precious gifts

of all—hope and health.”

**Gift of Life Marrow Registry**  
Under Feinberg's leadership as the Founder and CEO, Gift of Life Marrow Registry has grown into a multi-faceted organization that operates a global marrow and blood stem cell donor registry, donor collection center, cellular therapy laboratory and a soon-to-launch biotech entity. To date, the organization has a membership of nearly 400,000 individuals who have volunteered to save a life, and it has also facilitated more than 4,100 transplants.

**What That Means To The Jews**  
Through many years of recruiting and partnerships with Jewish communities and organizations, Gift of Life has radically increased the rates of survival for patients of Jewish descent (from 5 to approximately 80 percent), and is working to do the same for other ethnicities and races.

**What You Can Do**  
You can join Gift of Life's donor registry with the common goal of saving lives. Signing up is simple and can be done with a quick and painless cheek swab and the completion of a form to give consent. If you're between 18 and 35 years old and in general good health, visit [www.giftoflife.org/register](http://www.giftoflife.org/register) to get your free kit.



BIRDING



BOATING



PICNIC FACILITIES



DOGS ALLOWED



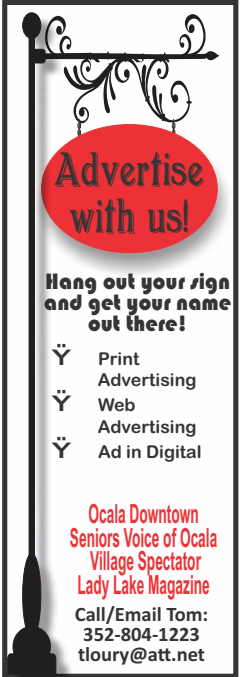
CANOEING PADDLING



RESTROOMS

<https://www.swfwmd.state.fl.us/recreation>

C	R	A	G		T	B	O	N	E		O	H	N	O
R	A	N	I		H	E	L	I	X		M	O	O	N
U	L	N	A		A	R	E	N	T		A	L	D	A
S	P	I	N	N	I	N	G	J	E	N	N	Y		
T	H	E	T	A				A	N	T		G	A	B
					V	I	V	A		D	H	A	R	M
					I	M	B	E	C	I	L	E		L
W	H	I	R	L	I	N	G	D	E	R	V	I	S	H
H	A	N	A				O	A	T	M	E	A	L	S
A	V	I	D	L	Y			E	V	I	L			
T	E	A			E	O	S				E	B	S	E
					T	W	I	R	L	I	N	G	T	E
B	L	U	R				K	A	R	O	L		F	L
M	Y	R	A				E	V	A	D	E		I	S
W	E	E	P				R	E	N	E	E		T	A



Advertise with us!

Hang out your sign and get your name out there!

- Print Advertising
- Web Advertising
- Ad in Digital

Ocala Downtown Seniors Voice of Ocala Village Spectator Lady Lake Magazine

Call/Email Tom: 352-804-1223 [tloury@att.net](mailto:tloury@att.net)



### Smoked Sausage Classic Jambalaya

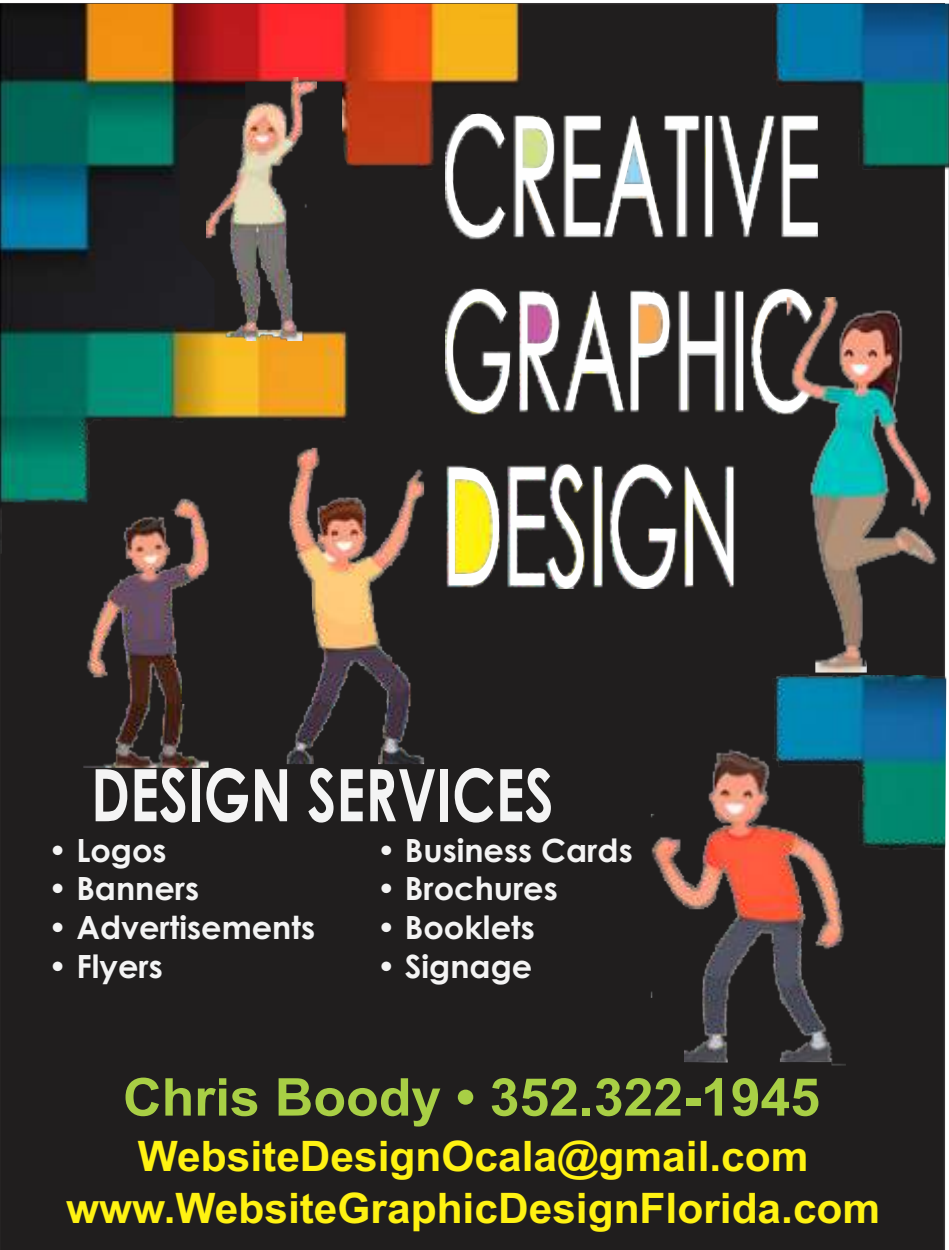
Prep Time: 15 minutes  
Cook Time: 35 minutes  
Servings: 8

**1tablespoon vegetable oil**  
**1pound boneless skinless chicken breasts, cut into 1-inch cubes**  
**1pound of Zatarain's Andouille or Cajun Smoked Sausage, cut into 1/4-inch slices**  
**1medium yellow onion, chopped**  
**1medium green bell pepper, chopped**  
**1rib celery, chopped**

**1tablespoon minced fresh garlic**  
**1medium tomato, chopped**  
**2teaspoons Zatarain's Creole Seasoning**  
**1teaspoon cayenne pepper**  
**1cup extra Long Grain Rice**  
**1 3/4cups Kitchen Basics Original Chicken Stock**

Heat oil in large skillet on medium-high heat. Add chicken and sausage; cook and stir 5 minutes. Remove from skillet. Add onion, bell pepper, celery and garlic; cook and stir on medium heat until onion is softened. Stir in tomato, Creole Seasoning and cayenne pepper. Return chicken and sausage to skillet. Add rice and stock; bring to boil. Reduce heat to low; cover and cook 25 minutes or until rice is tender, stirring occasionally.

You can find this recipe and much more at [www.zatarains.com](http://www.zatarains.com).



## CREATIVE GRAPHIC DESIGN

### DESIGN SERVICES

- Logos
- Banners
- Advertisements
- Flyers
- Business Cards
- Brochures
- Booklets
- Signage

Chris Boody • 352.322-1945

[WebsiteDesignOcala@gmail.com](mailto:WebsiteDesignOcala@gmail.com)

[www.WebsiteGraphicDesignFlorida.com](http://www.WebsiteGraphicDesignFlorida.com)





**Opening Soon**  
**in**  
**Lady Lake**

**Up to 25% off grocery  
store prices. Yes, please!**

**Join today in Lady Lake or online at *BJs.com/LadyLake***

**\$25<sup>\*</sup> for 12 months**  
REGULARLY \$55

**BJ's Inner Circle® Membership**



Scan to join online or go to  
***BJs.com/LadyLake***



Or visit the **BJ's Membership Center**  
13469 US 441 Lady Lake, FL 32159  
Mon-Sat: 9AM-6PM, Sun: 10AM-6PM



New Members only.  
All BJ's Memberships are subject to BJ's current Membership Terms, ask in-Club or go to *BJs.com/terms*.  
\*For a 1-Year BJ's Membership with BJ's Easy Renewal®. Offer is valid at the Lady Lake Membership Center and online at BJ's.com/LadyLake only, may not be combined with other offers, not redeemable for cash, nontransferable and only good for new Members. Plus sales tax where applicable. Offer is contingent upon your enrolling in BJ's Easy Renewal, and you authorize BJ's to charge the debit/credit card first used at BJ's after accepting this offer, an annual recurring charge in the amount of the then-current Membership fee for all active Memberships on your account, plus tax where applicable, on the first day of the month your Membership expires. **For BJ's Membership Center use only. Enter market code: LDYNPP.**