www.Lady Lake MAGAZINE.com

"Your community newspaper since 1981"

Volume 40 Issue 10

October 2021 Take Me Home!



at Vascular Vein Centers. Wednesday, Webster Cutting the Ribbon.

Ribbon Cutting and Grand Re-Opening September 8th Congressman Daniel



Bob Gersh center is Lady Lake Chamber Leslie Dicesare. Ambassador of the Quarter, pictured with

ife Saving Story

To the Publisher

This is a neighborhood resident who listed this note on behalf of her friend and very much worth repeating given our presence in Afghanistan. We love and pray for all our military service men and women.

Afghanistan. 14 hr ago, Sent Saturday the 28 th 11:33 AM A dear friend of mine on here wants me to pass a message along. She is posting her own updates, but I will keep her name hidden for OPSEC reasons on my part. Her son is a Master Gunnery Sergeant in Afghanistan. Part of the just 2.5K troops left there. He helped oversee the removal of vital out of there. equipment and technology in the past D.C.G.

month. This man is literally crying about how the military is being portrayed in the news. He wants everyone to know that they got most of everything out in time. The items that the Taliban have are things given to the Afghan Army. His unit/battalion made sure that everything truly useful was rendered absolutely useless to the Taliban. He is angry and sad that the military on ground is being portrayed as useless. He would also like the world to know that in the past 3 days, they have evacuated around 28K people and that he is proud to stay behind until everyone is



Ribbon Cutting at Lady Lake Community Building with Mayor Ruth Kussard

cutting the ribbon on Saturday Sept 18, 2021.

DeSantis talks about Life-saving Monoclonal Antibody sites!

expand access to live-saving monoclonal antibody treatments. Florida has 25 staterun monoclonal antibody treatment sites.

Since opening the first state monoclonal antibody site in Florida on August 12th, our state has experienced a more than 50% decrease in hospital admissions. Additionally, there has been a decline in hospital census for 24 consecutive days and COVID-like emergency room visits are down to the lowest point in nearly two

Micha Siegel, a Boca Raton resident who has received monoclonal antibodies, said, "Three weeks ago, I was fully vaccinated, had a family birthday party at my house, and we all ended up getting sick. I was sick for about two or three days before I got the treatment. The symptoms were... severe headaches, head congestion, colds, lowgrade fever, and about 24 hours after [the treatment], it was basically gone. I think [monoclonals] are a great opportunity for everybody to know about whether you were vaccinated or not."

President and CEO of Broward Health Shane Strum said, "As the world celebrated the arrival of the long awaited COVID-19 vaccine, another weapon in our arsenal against COVID became available. So, missing the spotlight shared by its vaccine counterpart, the monoclonal antibodies began being infused into recently diagnosed patients [and] really began to show a difference. As an early adopter [of] the therapy here at Broward Health, we actually started back on December 14th, and

Governor Ron DeSantis highlight's we really started to see the benefits of the progress made in Florida through efforts to treatments. Governor DeSantis took so much time to listen to our doctors, our nurses, our clinicians, spent a lot of time with our staff, to hear the [patient] stories and get a better understanding of what we're actually doing here at Broward Health."

Broward Health Medical Director of Ambulatory Services, Dr. Aldo Calvo said, "Thank you, Governor, for really putting a spotlight on a state and national level regarding the value of monoclonal antibodies. The way monoclonal antibodies work is through injecting the neutralizing antibodies and boosting the immunity of those patients with mild to moderate symptoms right away.'

Previously opened State of Florida sites are located at:

Alachua County Fellowship Church 16916 NW U.S. Highway 441 High Springs, Florida 32643 Hours: Mon-Fri 9 a.m. - 5 p.m.

Sumter County Barnstorm Theater 2720 Brownwood Boulevard The Villages, Florida 32163 Hours: 7 days/week, 9 am. - 5 pm

To find locations to receive monoclonal antibody treatments around the entire state, please visit <u>floridahealthcovid19.gov</u>.



AS I SEE IT

The U.S. National Debt is approaching \$30 Trillion Dollars, and increasing faster than ever before, with an additional \$5 Trillion this past year, and the so-called Infrastructure Bill will cost another \$2 trillion.

That adds up to about \$86,000 for every person living in the USA.to pay it off.

Of course these numbers are from various 'government agencies', so the real numbers could be anything - But, I doubt they are any

Is the National Debt. and the ever increasing Budget Deficits relevant to "we,

The 'American Rescue Plan' from March 2021 is not funded. and the deficit is now the highest in the history of the USA.

Of course, the Democrats blame the Republicans and the 'Trumpites' blame the Bidenettes'.

Is there anyone who knows "The truth, the whole truth and nothing but the truth?"

As I See It, there is no such thing as 'the truth' any more.

But we can look back at some generally accepted Presidential spending in recent years.

For example, President Bush's, tax cuts added about \$5.6 trillion to the national

The last time the U.S. had a budget surplus was under Democrat Bill Clinton.

Then the Trump tax cut added another \$1.5 trillion.

One source says that the worst deficits were Barack Obama, Donald Trump, Fund has run a surplus since 1987

George W. Bush, and Ronald Reagan.

President Obama was the worst with a loss of almost \$7 trillion which was a whopping 60% worse than his predecessor

President George W. Bush racked up over \$3 Trillion in deficits, a 57% increase, and, his massive tax cuts added almost \$860 billion in deficits in its first two years.

On the positive side, Obama's 'Patient Protection and Affordable Care Act' would reduce federal deficits by about \$337 billion over 9 years.

But Obama's 'American Recovery and Reinvestment Act' added about \$534 billion to the problem.

Donald Trump took office in 2017. By the end of his term, he had a deficit of \$5.6 Trillion, an increase of about 33%.

Trump had declared the COVID state of emergency, causing many businesses to close, and he signed the '\$2 trillion CARES Act', along with other stimulus measures which reduced tax receipts and created the record deficits.

President Ronald Reagan over-spent about \$1.4 trillion by continued spending and reducing income (tax cuts).

Of course even these reported figures are misleading

All these Presidents borrowed from Federal Retirement funds in off-budget transactions.

Each year's deficit adds to the debt. But the total amount a president adds to the debt each year is usually more than the deficit.

For example, the Social Security Trust



Ribbon Cutting at CORA Physical Everglades Lane, The Villages in magnolia Therapy, Thursday Aug 26, 2021 2155

Plaza.

A president can reduce the deficit by spending these funds instead of borrowing

For example, Obama added \$8.588 trillion to the national debt. But his total budget deficits only showed \$6.781 trillion.

Similarly, President Bush showed deficits of \$3.293 trillion. But he added \$5.849 trillion to the debt. Although most other presidents have run deficits, none has yet came close to those above.

Does all this make any difference to the average American?

You tell me . . .

Diversity In Cancer Clinical Trials

(NAPSI)—There's good news, bad news and better news about combating cancer in America these days.

The good news is there's been an overall decline in U.S. cancer deaths since 1991.

The bad news is not all patients have benefited equally from advances in prevention, early detection and precision medicine. One study found that around 8.1

Continued page 5



pulling a wagon. Wagon has wooden the condition right now It is FOR SALE barrels in it with two people in the drive \$250. Call Tom at 352-804-1223

Cast Iron antique eight horse team seat. I purchased it 35 year ago as you see





Florida State Senate =

DENNIS K. BAXLEY



Dear Friends,

My update this month will be brief. Committee meetings for the 2022 Legislative Session have begun and we are excited to return to Tallahassee and fight to

protect faith, family, freedom, opportunity and life itself.

brought the heartbeat bill back to the forefront. Senate President Simpson and House Speaker Sprowls have indicated that they will be willing to consider such a measure in this coming year. Your Senator sponsored this bill in 2018 (under different Senate leadership) and even though we had nearly half of the Senate signed on as co-sponsors, we were unable to get it across the finish

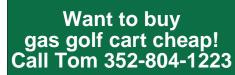
implemented in Florida.

Our Senate President continues to put his trust in our team and has expanded our responsibilities to include the full Appropriations Committee. This committee will hear all matters relating to Florida's budget and we are excited to have the opportunity to be a part ensuring that our state remains fiscally responsible and financially stable. In addition, your Senator will sit on eight other committees and will once again be chairing the Committee on Ethics and Elections and the alternating chair of the Joint Legislative Auditing

remain hopeful that such a measure can be three bill that we filed. Some legislators have filed as many as eighty bills in a single session and will get fewer than fourteen. This shows that we are not just throwing everything up on a wall to see what sticks, but rather we are focused on finding the truly good ideas and working hard to see that we are successful. Much of the credit belongs to my colleagues and Senate leadership that has supported us at every turn. It truly has been a team effort and we are very blessed to

> None of that would be possible if the voters of District 12 had not sent me to do this work on their behalf. Remember, this is not my Senate seat, it is yours and I thank you for putting your trust in me and this team to do the job. "Nothing significant is ever done alone, but one person can make a big difference."

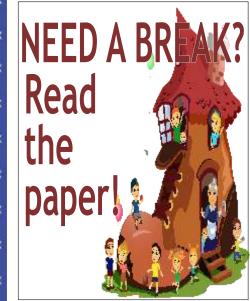
Onward & Upward, Senator Dennis Baxley



Businesses That Are Hiring

- Bill Bryan
- Ernie Morris
- First Baptist Church of Lady Lake
- Goodwill
- Insight Credit Union
- Just Dandy Pet Parlour
- Lake Port Senior Living
- Mid-Florida Agencies Florida Blue
- Outback Steakhouse (Sign on Bonus)
- Paramount Urgent Care
- Slezak Financial Security Agency
- Thomas Insurance (Receptionist)
- TrustCO Bank
- Your Humane Society SPCA







HERE TO HELP YOU WHEN YOU NEED HELP

THANKS TO LOCAL SUPPORT FROM OUR CUSTOMERS

E HAVE BEEN IN BUSINESS FOR OVER 15

Tom Loury Long time member of CEP/Ocala Chamber of Commerce, Past = President of the Ocala Business Leaders and current member, Co-Founder and past President of Select Business Associates, Past President of the Lady Lake Chamber and current member.

PUBLISHER'S NOTES



WHEN THE TOWERS

9-11 When the towers were destroyed and all the lives were lost it started into days, weeks, months and years of memories, sorrow and morning because this was an unnecessary loss

of life. Yes the people that did this act were paid back, except trials that are still going on. 20 years later it ended in another disaster at our southern border. More loss of life, more morning and our country was weakened maybe beyond repair.

Maybe we need to recruit, train and send all these refugee's back to the countries they came from so they can clean up their country. Meanwhile the people coming into our country are free to invade us!

email letter to the Editor.

Last month I had a headline that said "In My Opinion This Is Wrong" The story was about our government hiding refugee's in hotels across our country. A letter to the editor sent in by email came in to me saying it was not right that i was accusing a foundation of wrong doing. I did not! I was pointing out it was not right that our government was hiding these refugees and using tax payer money. I think it is a good thing that there are organizations that help the downtrodden. It was also my job to report there was over \$600 million supplied to house, feed and hide these people from the public. I'm not saying the organization that is furnishing things for their well being, but the fact that our government had no disclosure about this. We are finding more and more thing our government is using our

Meanwhile check out the video of the This was a month with several negative press conference with Biden and the King of Jordan, what a disgrace it was. While sitting

tax payer money for that is not right. We

must tell that story.

there bungling his talking points he was shuffling a couple of cards that he was suppose to read. The only thing that I could tell that Biden said to the King was "you live in a rough neighborhood.'

Second negative email letter was addressed to me!. A guy named Robert pick apart the newspapers story by story, Columnist, writers, letters to the editor. I thank him for being a reader even though he obviously is a Democrat. I will take this space in this paper to answer all his questions and statements.

Answer to Robert he started out tom tom tom so started out the same way...

Robert, Robert, Robert,

First Robert you sound like your a Democrat.

Here is the answer to your letter!

You need to get more information from the net. You can check, cross check and verify the information. For instance I printed last year on the net was Dr Anthony S Fauci, Clinton and two of the high tech guys investing money in the Lab developing the COVID-19 (THE INVESTORS). We the United States were

funding the Lab through a Charity. The Lab had a bad track record so Obama told Fauci to stop and defund them from us, he did not. Instead he went on with the investors. I think Fauci and others figured if they came up with a vaccine they make a killing. There was some killing. I think they should be charged with murder!

You say maybe the Governor is invested in the serum? The Governor is only invested in gthe people of Florida. The Monlconol Antibody state sites are designed to keep people out of the hospital with the treatment centers. Now Fauci has been caught lying to Congress???

SURPRISE SURPRISE no one could even imagine that Trump could come up with Warp Speed. Of course there are some who believe that Biden came up with the cure in his cellar.

As far as your comments from Robert about Dennis Baxley's statement that there were mothers "throwing their children over barbed wires" you said was far from the truth. I have know Dennis Baxley for many years and I would say he knows a hell of a lot more about what is going on than you do!

Next you attack Governor DeSantis about

Continued page 6

Newspaper Deadlines

Editorial & Ad Copy for November Seniors Voice & Ocala DownTown

Noon, October 15th Lady Lake Magazine & Village Spectator 12am, October 20th

Seniors Voice of Ocala/Ocala Downtown Products of TomL Publishing, LLC

P.O Box 1698, Dunnellon FL 34430

Publisher: Tom Loury Phone: 352-804-1223 | Fax: 352-489-7208 Email: tloury@att.net

The "Ocala DownTown" (Newspaper) www.OcalaDownTown.com (Online Product) and the Seniors Voice of Ocala (Newspaper) and www.Seniors Voiceof Ocala.com are owned and operated by TomL Publishing LLC, a sole proprietor Corp. Its owners, editors, writers, compositors, printers and publishers are not responsible or liable for typographical errors, misinformation, misprints, and the like, unintentionally contained herein. All letter hard copies or online received become the property of TomL Publishing LLC and may be reproduced without further consent. All above are independent contractors.

LÊTTERS TO THE EDITOR reflect the opinion of the writer, not the opinion of these newspapers. Letters should be online typed and limited to 300 words or less. Letters must have the written signature of the author and the current telephone number. Signatures for publication may be withheld on request. Letters that are libelous, or considered in poor taste, or are personal in nature, will not be published.

COPYRIGHT NOTICE 1996. The contents of this publication are protected by the copyright laws of the United States of America. Any reproduction in part or in whole is forbidden without the express written consent of the publisher. Violators can be prosecuted to the fullest extent of the law.

COLUMNS are the opinions of the writer and do not necessarily reflect the opinion of the above named newspapers and online products. Writers are chosen to represent a diversity of views on local issues. The editorial on page 4 is the opinion of the Publisher only.

Why Join The Lady Lake Area Chamber?

- **Networking Opportunities** Connect with business professionals
- **Visibility** Get noticed in your community
- **Credibility** Membership raises your business reputation
- **Discounts** Take advantage of member- only discounts
- **Learning** Member only speaker series on business topics
- Give Back- Volunteer on committees to help the community

Contact us today to be added to our email list and stay connected to local businesses & events!



LadyLakeChamber.com (352) 753-6029 Connect, Grow, Prosper







Tires Brakes • Batteries (Interstate)

Wheel Balance

Tire Rotation

Alignments (2 & 4 Wheel)

Struts & Shocks Oil Change

Lubrication

BRAKES, WHEEL ALIGNMENTS & SERVICE!

Custom & Performance Exhaust

PLEASE SUPPORT THE WOUNDED **WARRIORS!**





Former Olympics tech suit designer develops innovative non-slip bra inserts for women everywhere

For 15 years, Angie Kornas worked on technical racing suits for the Olympics to shaping and supportive swimwear for women. There was one thing that remained consistent in all swimsuit brands, no matter the quality, price point- all the removable bra inserts that came with swimsuits were terrible. They constantly moved around, bunched up and fell out. Not only was she personally frustrated, but women everywhere would light up talking about how awful the flimsy pieces of foam were.

Kornas searched the market for a better option worldwide and found nothing that would fix this real problem. She was blown away by the lack of design improvements over the last few decades. Bra inserts hadn't been reengineered or reimagined in over 20 years! These pads are important for women because they provide nipple coverage, filler for volume loss, shaping and added support. They can even help women balance 2 different sized breasts, a very common issue, wearing an insert on the smaller side. Inserts are typically worn in regular bras, swimsuits, sports bras to dresses and tops.

Determined to make better inserts for all women, Kornas devoted 2 years to the development of Honey Cloudz - the world's first patented removable non-slip bra pad inserts. They were wear tested on women of all ages and sizes. The unique grip is on the outside and sticks to all fabrics. The inside is soft and smooth. There is nothing sticky touching the skin. With her background in product development, quality and fit are of upmost importance. The lightweight inserts are seamless and offer 5 sizes allowing for more women to be covered and have great fitting inserts. Honey Cloudz also offers 5 skin tone-based shades providing an undetectable look even in lighter colors and thin fabrics. At her core, Angie believes that all women should be able to have bra inserts that fit properly, stay and are close to them in skin tone. Now they can with Honey

In their first year of launching, Oprah Magazine coined the inserts "Ingenious" (February 2019) The following year, Honey Cloudz was featured on ABC's "The View" and sold out of inventory in one day. Kornas says "we are continuing to grow every month and I couldn't be happier bringing better inserts to all women. It's about time' To learn more about Honey Cloudz visit honeycloudz.com and Amazon.





percent of cancer patients participate in a clinical trial. Of those, FDA data show that only 4 percent of clinical trial participants are Black and 5 percent are Hispanic.

What's more, minority groups overall in the U.S. have both the highest death rate and shortest survival rate for most cancers. These inequities in cancer care have been ongoing for decades, due in part to socioeconomic barriers, insufficient information about trials and their benefits, as well as other challenges.

The better news is a major funder of cancer research is working to tackle cancer disparities. Stand Up To Cancer® (SU2C), which raises money to accelerate the pace of research to get new therapies to patients quickly and save lives now, began formalizing its Health Equity Initiative in 2017. The initiative aims to increase minority representation in cancer clinical trials and ensure new cancer treatments are effective for all.

Improving diversity in cancer clinical

Moving forward, SU2C-funded research teams will be required to address issues related to recruitment and retention of patients from minority groups to improve diverse participation in cancer clinical trials.

"As one of the leading funders of cancer research, we believe it is our duty to ensure that minority representation in cancer clinical trials is addressed. Now, more than ever, better understanding of the role of biology in cancer treatment, advances in precision treatment, and development of new technologies demands that we also make significant improvements in diverse clinical trial participation," explained SU2C CEO Sung Poblete, PhD, RN. "We are confident that this initiative will make a significant and meaningful impact to ensure all communities have equal access to potentially life-saving treatments.'

SU2C is collaborating with a number of industry leaders who are also committed to improving cancer disparities, including Genentech, Exact Sciences, Bristol Myers Squibb and Amgen. Funding from these donors supports SU2C's Health Equity Initiative, including cancer screening and clinical trial awareness efforts as well as research into specific types of cancers that disproportionately impact people of color. Another collaboration with the Black Women's Health Imperative and Friends of Cancer Research is Project TEACH, which will empower Black women to effectively engage with researchers and clinicians as well as increase participation of Black women in cancer-focused clinical trials. Project TEACH is supported by the Patient Centered Outcomes Research Institute.

"Bringing a diverse patient population into the clinical trials arena is complex,' said Dr. Edith A. Perez, MD, professor of medicine at Mayo Clinic, chief medical officer at Bolt Biotherapeutics, chair of the

SU2C Health Equity Committee and vice chair of the SU2C Scientific Advisory Committee. "As a part of this effort, Stand Up To Cancer is amplifying the conversation around health equity so that researchers, institutions and cancer research funders join this effort and become more engaged in increasing diversity in cancer clinical trials, similar to Stand Up To Cancer's successes in normalizing collaboration across cancer research.'

For further facts and stats about Stand Up To Cancer, go to.

Spooky Safe Pet Halloween



by Darris Cooper, CPDT-KA

(NAPSI)—It's no secret that pets are like family—holiday traditions included. This Halloween bring your pups in on the spooky fun by decking them out in a scary cute costume and training them to be the most polite trick-or-treater on the block.

From fun costumes to virtual and inperson dog training, Petco has everything a pet parent needs to make Halloween a howling good time for the whole family. Whether your family is planning to trick-ortreat or celebrate at home, here are five surefire ways to help prep your pet:

Plan Your Pet's Look: Petco's latest "Bootique" collection features an array of ready-to-wear Halloween apparel, accessories, matching costumes and more. Dogs can play a different role in the animal kingdom as a shark or cow or even twin with their human as tigers. From easy-on options to full-body costumes, the "Bootique" is full of costumes designed with care so all types of pets and preferences can find their match.

Take Precautions: Once the whole pack has picked their costumes, have a pre-Halloween dress rehearsal so your pup can get used to the outfit and accustomed to everyone else's. Before any festivities begin, triple-check your pet's costume for any hazardous materials that could be chewed or cause choking. To stay safe after sundown, every Halloween look should also include reflective gear and proper pet

Learn the Training Basics: Basic skills such as "sit" and "stay" can make all the difference for dogs when it comes to safely interacting with trick-or-treaters and helping your pet navigate the Halloween commotion. "Drop it" or "leave it" are additional key training cues in case your curious pup sniffs or picks up any human treats—such as chocolate—that could be toxic to dogs. Preemptive Petco positive dog training can be helpful to teach your pet proper Halloween etiquette and keep the holiday fun for all.

Offer Treats in Moderation: Although it's tempting to indulge pets around the holidays, it's important to remember that no more than 10% of a pet's daily calorie intake should be from treats. Help keep pets Continued page 7



non-slip bra insert pads



benefits

✓ nipple coverage

✓ shaping

lost volume

"Ingenious" - O Magazine



regular bras active tops dresses camisoles

sports bras swimwear

No more folding, bunching inserts. No visible outline. Wear with or without a pocket liner. Re-designed by a woman.

honeycloudz.com



CHIEF ROBERT TEMPESTA.



October is
National
Domestic
Violence
Awareness
Month

Under the provisions of section 741.28 of the Florida State Statutes,

"Domestic

violence" means any assault, aggravated assault, battery, aggravated battery, sexual assault, sexual battery, stalking, aggravated stalking, kidnapping, false imprisonment, or any criminal offense resulting in physical injury or death of one family or household member by another family or household member.



• "Family or household member" means spouses, former spouses, persons related by blood or marriage, persons who are presently residing together as if a family or who have resided together in the past as if a family, and persons who are parents of a child in common regardless of whether they have been married. With the exception of persons who have a child in common, the family or household members must be currently residing or have in the past resided together in the same single dwelling unit.

Under the provisions of section 784.046 of the Florida State Statutes,

- "Dating violence" means violence between individuals who have or have had a continuing and significant relationship of a romantic or intimate nature. The existence of such a relationship shall be determined based on the consideration of the following factors:
- 1. A dating relationship must have existed within the past 6 months;
- 2. The nature of the relationship must have been characterized by the expectation of affection or sexual involvement between the parties; and
- 3. The frequency and type of interaction between the persons involved in the relationship must have included that the persons have been involved over time and on a continuous basis during the course of the

relationship.

• "Repeat violence" means two incidents of violence or stalking committed by the respondent, one of which must have been within 6 months of the filing of the petition, which are directed against the petitioner or the petitioner's immediate family member.

What does the law mean and how can it help you?

If you are a victim of any domestic abuse, call your local law enforcement agency to report the incident. You may also contact the Florida Domestic Violence hotline at 800-500-1119 or the Florida Abuse hotline at 800-962-2873.

You have the right to contact the State Attorney's Office and request a criminal complaint be filed. You have the right to go to the courthouse and file a petition requesting an injunction for protection against domestic violence, repeat violence, dating violence, sexual violence or stalking. A parent of a minor child can file for an injunction if their child is a victim of violence or is in imminent danger of becoming a victim.

An injunction can protect the victim of abuse from any contact from the alleged abuser whether by phone, or in person typically within 500 feet of your residence, school, business, or place of employment.

The men and women of the Lady Lake Police Department are here to help. If you are victim of domestic abuse, contact law enforcement immediately.

Publisher's

Continued from page 4

the Monoclonal antibody treatment sites. If you go to the site any of them in the state they are FREE. I had a personal experience where the business man running a vegetable stand tested positive. He went straight to the state site and tested negative in three days I say that was a good example. Trump bought all the serum the pharmaceutical company had before he left office, you see that is what cured him.

Your comment about a letter from D.I.L. This writer reads several books a week. I will say this writer has a right to see their opinion in print. That is what this newspapers stands for. It seems as though you don't believe in that. We printed your opinion!

In closing, the facts are that thousands have died because they do not have the money to go to the hospital. May God have mercy on their soul, I wish you good health.

In my oninion this guy is out to discredit me and my newspapers. I could not ignore this letter. I have four newspapers which one would you like buy and make bigger I will put you in touch with my agent.

Robert is one of my best readers. He spends hours looking for something he can pick apart. Thanks for reading Robert. It's your opinion I'll print it! What is your opinion? tloury@att.net TomL



■ ONE PERSON'S OPINION

LETTERS TO THE EDITOR

Dear Mr. Loury:

I was extremely disappointed by your recent op-ed regarding the Biden administration efforts to provide safe haven to refugees and migrants. Endeavors, the non-profit, Christian-based organization you referenced, is a faith-based organization based on Judeo Christian principles. The five churches that founded the organization in 1969 followed these principles while providing social welfare services to the community.

I am extremely disheartened to hear you disavow an organization that has done this outstanding work for years, and felt the need to make this a political issue rather than a charitable act of altruism. There is no "cloak of secrecy" around an organization that not only publishes an annual report (link here: 2020 annual report - Endeavors®,) but which works closely with the media to share its stories around helping those in need.

Please do yourself (and your readers) a favor and spend some time researching the incredible work this non-profit does to help those in need.

J.L.R.

Letter to editor

I want Trump to run for a House seat in 2022. Pick a winnable Republican district in Florida -- where the president is beloved. I promise 74 million-plus Trump voters will get excited. They will volunteer, donate, spread the word and, yes, many will move to your district in Florida to help elect you, Mr. President.

This isn't about one House seat. With Trump campaigning and leading the battle, Republicans will sweep to victory in 2022 with the biggest GOP voter turnout in

history. We will win a GOP House landslide by 40 to 60 seats -- just like in 2010 and

Now, to the important part of my plan. The GOP Congress then elects Trump as speaker of the House -- the second most powerful job in America. From that platform, Trump rules Washington, D.C., for the next two years. He is President Joe Biden's worst nightmare.

Speaker of the House Trump can open a dozen criminal investigations against Biden. He can lead the impeachment of Biden (how ironic would that be?). He can block every single Biden bill. He will stop the Biden agenda dead in its tracks.

And don't forget, Speaker of the House Trump can sit behind Biden for each State of the Union address. I can't wait to watch that.

I told Trump he will become an American folk hero. His legend will grow even bigger. His brand and actions will dominate Washington politics leading into 2024. From that platform, folk hero Trump wins the presidency again in 2024 -- after first saving America from the Biden disaster.

Trump was clearly fascinated by the idea. He should be. It's a game-changer for Trump, for the GOP and for America.

The seed has been planted. I hope and pray I just changed the course of history. God bless Trump, and God bless America. email letter with no signature (sound good)

Tom, Tom, Tom, (letter to publisher)

You have spilled the beans as to where you get your news source. In your opinion piece, "this is wrong" You got your information from the net. How is this rumor mill a credible source of news? This means that your entire commentary is nothing but a rumor, placed on the web by a pro-trump and to hospitals with the virus who have NOT anti-Biden individual. So much for that piece of trash.

With respect to Dennis Baxley's comment that mothers were "throwing their children over barbed wires" was so far from up to soldiers vary carefully so as not to harm the children. This is how this disinformation begins, with a powerful Senator making false statements in order to further his cause. But so much for him. I rarely read his statements as I do not agree with his philosophy.

Under publishers notes, "A Great governor" You state that monoclonal antibodies are useful in treating patients with covid...but you failed to mention that this treatment comes at a cost of roughly 40 times the cost of a vaccine shot. And DeSantis touts this treatment instead on vigorously pushing for the general population to get vaccinated. Perhaps he promotes this mono treatment because it is reported a friend of the governor's has a great deal of money invested in the mono drug. And how has banning a mask mandate in schools going to help in controlling the spread of the virus? A recent news article reported that an infected teacher spread her disease to at least twenty six other people. Yeah, DeSantis is a really great governor. He just doesn't know a lot.

And finally to D.I.L. I'm not sure what kind of a message was attempting to be conveyed because the delivery of it was kind of scattershot. Why should Fauci or anybody know what your health issues were 60 years ago? Because its irrelevant. The fact is that masks, social distancing and vaccines work. I practice these three all the time, because I don't want to play RUSSIAN ROULETTE with my life.

In closing, I would just like to add that I believe that all these people being admitted

been vaccinated should be responsible for their own hospital costs. Maybe then some of these people would opt for a vaccine to prevent getting infected instead of taking up valuable bed space in a hospital which could the truth. They were handing their children then be used to treat patients with other ailments.

Til next time, Tom.

P.S. you need a bigger magazine as I have a lot more to say.

Read Publishers notes for answers!!!

Halloween

Continued from page 5

energized for the Halloween festivities by giving them protein-packed treats, such as Wholehearted stick treats for dogs or new freeze-dried treats for cats, or find other ways to celebrate the season with them through fun seasonal toys such as a plush pumpkin spice latte or rope toy. To help keep pets feeling their best year-round, give them the ultimate treat of Vital Care for just \$19 a month to enjoy savings on grooming, vet exams and more.

Create a Spook-Free Safe Haven: Between constant doorbell rings, unknown trick-or-treaters and spooky costumes, Halloween festivities can add to pets' anxiety. The best way to help your pet is by learning to identify their anxious behavior and which calming tactics work best for them. Petco offers an array of calming aids, chews or oil diffusers to help keep pets at ease. Background noise from either music or the TV can help drown out unusual sounds, but it's also a good idea to give pets a quiet room away from the action.

STAY INFORMED!



Insulin at 100



Insulin at 100: How The Discovery Improved Lives

(NAPSI)—The discovery of insulin 100 years ago led to many research and clinical advances that have greatly improved strategies used to help people manage diabetes to live longer and healthier lives.

Before insulin, physicians treated people with diabetes, a disease that occurs when blood glucose—or blood sugar—is too high, by recommending changes in their diet. In 1921, scientists at the University of Toronto found that pancreatic extracts from healthy dogs reduced blood glucose levels in other animals with diabetes. By 1922, the

SEND US **YOUR** We'll post on Facebook and websites. Email tloury@att.net

pancreatic extract, now known as insulin, was chemically processed and used in studies to treat people with type 1 diabetes.

This discovery, which led to the development of better insulin formulations over time, also led to a series of research studies conducted or supported by the NIH's National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) that have dramatically changed how people with diabetes, especially type 1 diabetes, live. For instance:

In the 1970s, NIDDK researchers developed a more effective form of artificial human insulin using DNA technology. This artificial human insulin was purer and of higher quality than the animal-based insulin.

In 1983, the NIDDK launched the Diabetes Control and Complications Trial (DCCT). This study showed that when people with type 1 diabetes use insulin to keep their blood glucose levels as close to their target range as possible, they are at significantly less risk for developing diabetes-related eye, kidney, and nerve diseases.

Since 1994, the Epidemiology of Diabetes Interventions and Complications or EDIC trial has followed DCCT participants to show that keeping blood glucose levels steady over time helps people with type 1 diabetes live healthier and longer.

The discovery of insulin also led to research that has made managing diabetes

easier and more effective. Such results led to the development of continuous glucose monitoring, insulin formulations that work faster or last longer throughout the day and keep blood glucose stable longer, and wearable insulin pumps.

Despite the many ways in which insulin has improved the well-being of people with type 1 diabetes, managing blood glucose levels is still a challenge. That is why the NIDDK continues to support research into insulin and other diabetes management tools and technologies. For example:

NIDDK scientists are studying ways to make insulin more patient-friendly by developing formulations that do not need to be refrigerated and creating smaller, easierto-use insulin pumps and blood glucose monitoring devices.

Recent research shows artificial pancreas technology, also known as closed-loop control, can automatically monitor and regulate the delivery of insulin, which may reduce patient burden and help keep blood glucose levels in a healthy range.

The NIH's Rare and Atypical Diabetes Network, or RADIANT (www.atypicaldiabetesnetwork.org) helps researchers better understand unusual or unknown forms of diabetes.

The NIDDK continues to study how type diabetes occurs and how to prevent the disease. For instance, the NIDDKsupported TrialNet (<u>www.trialnet.org</u>) project is a collection of screening tools and research studies designed to help scientists learn how to slow or stop type 1 diabetes before or soon after patients are diagnosed.

The NIDDK remains committed to conducting diabetes research to help patients with diabetes live healthier lives and make the goal of finding a cure for type 1 diabetes more reachable.

To learn more about diabetes, including the latest research, visit the NIDDK website at www.niddk.nih.gov.

Time to Return to Regular Screening



(NAPSI)—The COVID-19 pandemic took its toll on lives in more ways than many realize. For example, it meant too many Americans neglected getting the regular health testing—particularly cancer screening—they should.

刢

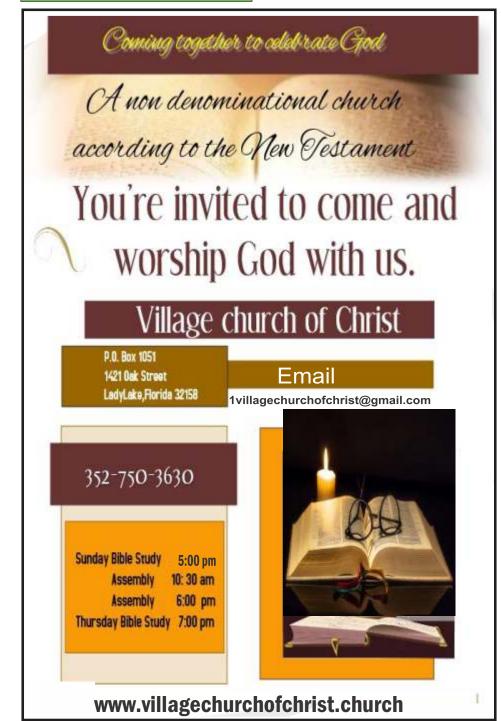
According to the Journal of the American Medical Association, an estimated 41% of U.S. adults reported forgoing medical care early in the pandemic. If you or someone you care about is among them, now may be a good time to schedule a doctor's appointment. Members of the medical community fear that in a few years, all too many men will be diagnosed with laterstage, less-treatable prostate cancer.

As it is, the American Cancer Society, reports about one in eight American men will be diagnosed with prostate cancer. Fortunately, it can be treated successfully, especially if caught early. If you're 50 or older or have a family history of prostate cancer, speak to your doctor about screening.

Understanding Prostate Cancer

There are four stages of prostate cancer. Stage one is diagnosed very early and confined to the prostate. At this stage, the patient is unlikely to have any symptoms and may not need treatment beyond regular follow-up tests—and the five-year relative survival rate is almost 100 percent.

Continued page 13





- Print and Web Advertising
- Ad in Digital Papers
- Thrown into Driveways

Ocala Downtown • Seniors Voice of Ocala **Village Spectator • Lady Lake Magazine**

Call/Email Tom: 352-804-1223 | tloury@att.net



Finally, a Scientifically Documented Product for Women's Incontinence – That Works!!

FEMAXEEN® is a natural product designed to help women maintain a good bladder function and urinary flow.

FEMAXEEN® is a European product that underwent **Randomized Double Blind Clinical Studies*** and obtained great results for the treatment of Urinary Incontinence in Women starting in as little as 90 days.

Stress Incontinence occurs when weakened pelvic floor muscles cause you to leak urine when you cough, sneeze, jump, or laugh. Intensive physical exercise or sudden movements can also set it off. This is caused when the Muscarinic Nerve Receptors (M3) which mediates the contractile response in the bladder stops sending said signals.

Urge incontinence typically occurs in older women and is when you feel a sudden, uncontrollable urge to urinate. It is caused by the Soft Detrusor Muscle in the bladder contracting during the Fill – Void stage in the bladder forcing urine to leak through the Sphincter Muscles. It can strike at any time or anywhere.

FEMAXEEN® has dual action that helps women conquer Stress and Urge Incontinence. Its proprietary ingredient **Uri-Cy-Tonin®** sends weak signals to the Muscarinic Nerve Receptors (M3) in the Bladder and this action helps you overcome Stress Incontinence while its Flower Pollen Extract works on the Soft Detrusor Muscle relaxing it, helping you fight Urge Incontinence or Overactive Bladder.

FEMAXEEN® dual action works by sending weak signals to the Bladder Receptors and the Soft Detrusor Muscle. These signals are weak, but they are cumulative, and their effect gets stronger month by month when taken daily

In addition, **FEMAXEEN**® also has Vitamin D (Antioxidant) and Pumpkin Seed Extract to help you maintain good Bladder health.













FEMAXEEN® has been formulated to help you stop having to rush to the bathroom frequently, while helping to maintain a healthy bladder. In a 90-day clinical study among incontinence sufferers, after taking a daily FEMAXEEN® tablet, there were significant improvements in the participants' ability to maintain normal urine flow.*

- FEMAXEEN® works on both types of Incontinence, Stress Incontinence & Urge Incontinence.
- **FEMAXEEN®** s **UriCyTonin®** sends weak signals to the Muscarinic3 (M3) receptors, enabling them to inhibit the contractions necessary to control **Stress Incontinence**.
- FEMAXEEN®'s Flower Pollen Extract sends weak signals to the Soft Detrusor
 Muscle in the bladder helping stop the sudden contractions of this muscle that
 cause Urge Incontinence.
- FEMAXEEN®'s Pumpkin Seed Extract helps support Lower Urinary Track Health.
- FEMAXEEN®'s Vitamin E is a potent Antioxidant that can help protect the bladder.
- **FEMAXEEN®** is manufactured in Europe under strict GMP standards and in Europe unlike the U.S. natural products go thru health authority regulations.



FIRST ORDER PROMO GET FEMAXEEN FOR JUST \$39.90 WITH MONTHLY SUBSCRIPTION. ORDER NOW AT:

> WWW.FEMAXEEN.COM OR CALL 1-833-362-9336

AND USE CODE VILLAGE TO PAY ONLY: \$9.90
FOR YOUR FIRST BOX.

What our customers are saying:

Maureen, Pennsylvania

"Using **Femaxeen h**as helped tremendous. It works as well as prescription medication. I can hold my urine longer without leaking, I did not have any side effects. I would recommend this product.

Paola, Florida

"Amazing natural product!!! I suffered with bladder incontinence for years after having my first child and couldn't find anything that would help, I tried prescriptions, but always hated the side effects. A friend recommended this, and it has so far worked miracles for me. Fast shipping, great product. A must try!!

* PALACIOS et al., Evaluation of Femaxeen® for control of urinary incontinence in woman. A randomized, double-blind, placebo-controlled study. 2020 Maturitas 133; 1-6

Lady Lake Magazines & Village Spectator **Newspaper Pickup Points** Bobs Coin & Jewelry Lady Lake Chamber 17860 Ave, Suite 629, Downtown Summerfield 441 S, Lady Lake Baseline Tire Service · City Hall 441 10950 SE 441, Belleview N Lady Lake Legion Hall Flag & Flag Poles 211 S 441, Lady Lake 466, Lady Lake Recreation Plantation Lady Lake Discount Beverage 466 Lady Lake 207 S 441, Lady Lake Plus thousands of home deliveries

Ads are Sponsored by TomL Publishing and Lady Lake Chamber



Has The Pandemic Affected your Business?

Free Small Business Advice





Free confidential mentoring to help you launch, restart or adapt your small business.

Check out our online **Business Pandemic Survival Guide.**

Learn at one of our targeted business webinars and workshops.

All free at https://midflorida.score.org

DONATIONS NEEDED!

Lady Lake Animal Control is working hard to keep local animals safe. At this time they are helping a large number of cats & kittens and are in desperate need of donations of the following items:

- Fancy Feast Kitten Food (Chicken)
- KMR Kitten Milk
- Cat Litter
- Laundry Detergent

Donations Can Be Dropped Off at the following locations:

Monday - Friday 9:00 - 2:30

Just Dandy Pet Parlour 201 W. Miller St. Fruitland Park Lady Lake Area Chamber 106 US Hwy 441/27 Lady Lake





ReStore

SHOP. DONATE. VOLUNTEER.



OPEN 9:30AM - 6PM Mon - Fri

9:30AM - 4:30PM Sat Habitat for Humanity Lake-Sumter
ReStores are nonprofit home
improvement stores and donation
centers that sell new and gently used
furniture, appliances, home accessories,
building materials and more to the
public at a fraction of the retail price.
Proceeds are used to help build
strength, stability, self-reliance and
shelter in our hometown community.

FREE Donation Pick-up available: (352) 589-3005



GOVERNOR DESANTIS



Hear Directly From Monoclonal Antibody Recipients

PENSACOLA, Fla. – Governor Ron DeSantis was joined by Floridians who have received monoclonal antibody treatments, and

announced that Florida will open a new monoclonal antibody treatment site in Escambia County at Bayview Community Center.

Bayview Community Center 2001 East Lloyd Street Pensacola, Florida 32503

Hours: 7 days a week, 9:00 a.m. - 5:00 p.m.

Hear directly from monoclonal antibody recipients about their experience with the therapy...

Melody Hinson, a resident of Pace, said, "After I tested positive, I immediately got in touch with my doctor. Within two hours, I had an appointment to receive the monoclonal antibodies for the next day. I hadn't heard a whole lot about it, but I went and got the infusion. When I got home that afternoon, my taste came back. The achiness, and all of that went away. We've been blessed by all this effort. There's people here that don't have insurance, and with the state sites and standing referral, they are going to be able to get this help."

Yvette McLellan, who works for the City

of Pensacola, said, "When I started feeling sick it felt like a head cold, and I was just coughing. I didn't want to infect my coworkers, so I stayed home Monday and when I went and got tested, I was positive for COVID. My husband was positive by Friday, and he was a lot sicker than I was. We had the antibody infusion and were better that afternoon. I encourage everyone to go and get this antibody infusion as soon as you start feeling anything. The sooner you get it done, the faster you can start feeling better and that'll keep us all out of the hospital. And thank you so much for pushing this. I encourage you all to get the treatment."

Angela Moore, a resident of Pensacola Beach, said, "I contracted COVID on a Saturday evening. By Tuesday I couldn't stand, and I had a fever of 99 to almost 103. Three days later I was able to get the monoclonal infusion. I went in there with a fever, and I came out after the treatment and I didn't have any more symptoms."

Sean Kramer, a retired Navy aviator who lives in Pensacola, said, "Two weeks ago I came down with symptoms after being vaccinated back in February. My symptoms were classic, loss of taste and smell. I contacted one of my doctors that I knew at the VA, and he said he was unaware of the monoclonal antibodies treatment. I sent him a link with information, and he suggested I go get it. Two days later, I tested negative, and got back to work. That was my goal, to not expose anybody else, and to get back to

work."

James Madarena, a local paramedic, said, "When I tested positive, I called a medical director that we work with, to ask him what I should do next. He told me to start driving towards Fort Walton, so that's what I did. While I was in route, my wife scheduled an appointment online and once I got there I was in and out within an hour and a half. I tested negative four days later, with nothing more than a stuffy nose. I'm very thankful to have this treatment for those at risk and severe COVID patients. Our community is very thankful for you taking care of them, it is a true blessing."

Governor DeSantis Calls for Biden Administration to Restore Monoclonal Antibody Supply to Florida

On September 23, 2021, in News Releases, by Staff

Governor announces that Florida secured 3,000 mAb doses directly from GlaxoSmithKline

TAMPA, Fla. – Today, Governor Ron DeSantis called on the Biden Administration to restore Florida's monoclonal antibody supply. At the event, Governor DeSantis also announced that due to the lack of support from the federal government, Florida secured 3,000 doses of the monoclonal antibody treatment on its own from GlaxoSmithKline.

"We should be doing everything we can to get patients monoclonal antibody treatments, not cutting allocations of treatment like the Biden Administration has done," said **Governor Ron DeSantis.**"Despite the cuts by the federal government,

we want any Floridians that could benefit from this treatment to have access to it. Florida is going to leave no stone unturned when finding treatment for our state, and we are encouraged to have secured a shipment of monoclonal antibody treatments from GlaxoSmithKline."

In a nationwide address on September 9th, President Biden announced that he would "increase the average pace of shipment across the country of free monoclonal antibody treatments by another 50 percent." Despite this welcome statement, Florida has had our allocations of the treatment drastically cut from nearly 31,000 doses last week to less than 26,000 doses this week, despite the fact that Floridians continue to use this free lifesaving therapy to recover from COVID-19.

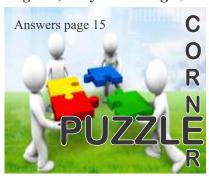
Joining Governor DeSantis today was Dr. Larry Antonucci, CEO at Lee Health who has seen a high demand for the treatment at his hospital.

"The monoclonal antibody program has really been a game changer here in the state of Florida," said **Dr. Larry Antonucci**, **CEO at Lee Health**. "[Monoclonal antibody treatments are] making people better... It's key to keeping them out of the hospital... I want to thank the Governor and his whole team for doing this."

Also joining the Governor today were Floridians who have benefited from monoclonal antibody treatments:

"[When I had COVID], I had a 101 fever, rapid heart rate and was very tired," said **Lou Castoria**, a software developer from Land O' Lakes. "I got the [monoclonal antibody] treatment and by Tuesday *Continued page 13*

Your "SOURCE" ON AR For SOURCE ON AR Sports, News, THE OUR CE sports, News, Talk, News-Talk-Music-Sports Talk, 96.3 1370 Prizes, Music, FM AM & More! WOCA



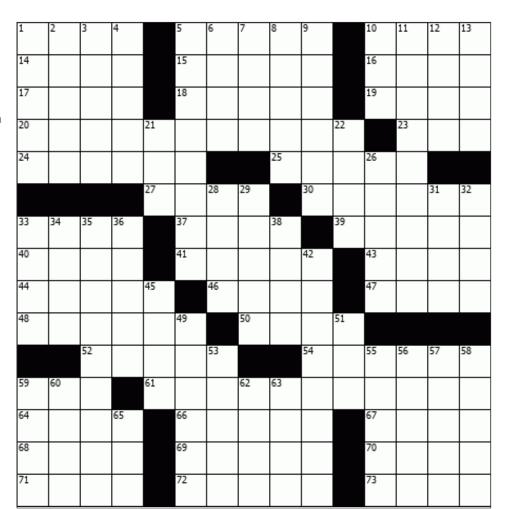
- 1. Object of blind devotion
- **5**. Puppeteer Lewis
- 10. Military doctor's concern
- 14. Hitchcock classic
- 15. Tiberius' tongue
- 16. Animated brat
- 17. Put your two cents in?
- 18. Mythical hunter
- 19. Expectorated
- 20. Fast on the uptake
- 23. Pixie
- 24. Used a backscratcher, perhaps
- **25**. Worked for Hilfiger
- 27. It's not wanted in the big apple?
- 30. Olympic object
- 33. Weightiness
- 37. Seeks the affection of
- 39. Means of mounting a fence
- 40. Jazz state
- 41. Lecture memoranda
- 43. Sicilian volcano

- 44. Daydreamer
- 46. "Rich Man,
- Poor Man" author **47**. Private in a
- memorable film
- 48. Felt sorry for
- 50. Deli side dish **52**. Riser partner
- 54. It may be in
- the groove
- 59. Kind of tree 61. Newspaper hub in London
- **64**. Vegetate
- 66. Kind of print
- **67**. Babe that's famous
- 68. In olden times
- 69. John of "The Addams Family"
- **70**. Cavern phenomenon
- 71. "Finnegans (Joyce)
- **72**. Swindled
- 73. Grades below the curve, perhaps

Down

- 1. Persian Gulf citizen
- 2. Brief coffee go-with, perhaps
- 3. Type of nerve
- 4. Parasite
- 5. What spotting a trooper causes
- 6. Mata
- 7. "Look this way ..."
- 8. Public outbreaks
- 9. Requiring help 10. Crunched items

- 11. South Dakota town
- 12. Pack in
- 13. Start of untold millions of addresses
- 21. Royal Botanic Gardens
- 22. Worst things to have on one's driving record
- 26. Aromatic organic compound
- 28. Outback bounders
- **29**. Flame lovers
- 31. Forelimb bone
- 32. Leo Penn's boy
- 33. Quasimodo's affliction
- 34. Personal articles case
- **35**. Route for Type A
- personalities
- **36**. Possessive pronoun
- **38**. Mark of approval
- **42**. Farewell performance
- 45. Coral structure
- 49. Southfork Ranch setting
- **51**. Kind of blanket
- 53. Pragmatic believer
- 55. Made an "oopsie"
- **56**. Bottom of a suit
- 57. River of oblivion
- **58**. Group character
- **59**. Type of chart
- **60**. Private school in N.Y.
- 62. Caesar's famous auestion
- 63. Add water
- 65. Attorney's concern, among other things



TRY FREE ONLINE JIGSAW PUZZLES www.jigsawplanet.com





regulators, original leather seats in call 352-804-1223 excellent condition, electric window and

Jack up, one ton running gear, 3,000 much more. 90% done have to sell, have rpm stall converter, special fuel over \$10,000 in it will take \$6,000 firm.





Governor

Continued from page 11

evening, I was feeling much better. My fever dropped. By Wednesday I had no fever anymore – and by Thursday I was able to return to work...Today, I'm back to 100% with no lingering issues."

'[My whole household] received [monoclonal antibody treatments] and all came through just fine," said Betsy Palmer Bigler, a former middle school math and science teacher. "That's the reason I wrote the Governor's office with a lot of gratitude in my heart, because I sincerely feel that it saved probably one or all three of our lives, being able to have those [treatments.]"

'I'm 64 years old and I have suffered three heart attacks," said Jeff Randall, a guitarist from Gulf Harbors. "So having COVID-19 is not what you want to hear when you've suffered three heart attacks and you've already got a breathing problem. I always thought COVID maybe wasn't real, but it's real. It hurts your body... It makes a grown man want to cry. Within a day or two [after receiving the monoclonal antibody treatment], I felt great, everything was fine. The day after I got the treatment, my 93year-old mother said, 'I have chills. I'm cold. I have a headache, a slight fever.' We didn't waste any time. My wife took my mother to [the monoclonal site], she got the Regeneron, and the next day — it's a miracle she is completely healed. She's walking around with her little walker and getting along just fine."

Have a Happy and Safe Halloween!

Screening

Continued from page 8

Testing: Prostate cancer can be diagnosed with a simple blood test, the PSA, which checks the level of prostate-specific antigen in your blood.

In the past, there was controversy about whether having a prostate cancer screening done was beneficial or if it produced more harmful effects due to complications from over-testing. PSA testing was the best thing available for a long time.

Now there are tools that provide much more information, giving predictability about the aggressiveness of the cancer and data to help urologists safely manage their patients' disease. This lets urologists keep more patients on active surveillance regimens and put off more aggressive treatment. Using tests such as the Gleason grade score, overall patient health and risk factors—age, race, ethnicity, family history and exposure to Agent Orange—doctors can determine with confidence how aggressive the cancer is and which patients will do well on active surveillance. They'll also know which therapy options will be the optimal for the patient.

Making it easier for doctors and their patients to do this testing is the full range of diagnostic equipment and supplies available through the trusted advisors at Henry Schein Medical, a provider of medical and surgical supplies to healthcare professionals.

Treatments: There are many ways to treat prostate cancer, including hormone therapy, surgery, chemotherapy, radiation and cryoablation. The newest innovation is immunotherapy, which uses your own

immune system to identify, target and destroy the cancer cells without harming the body's own "good cells." Your doctor can help you decide what's best for you.

It's important to remember you have the most options available when prostate cancer is diagnosed early and in the most treatable

Paying: Many insurance policies will pay for diagnostic tests and in some places, such as New York State, there's no co-pay or coinsurance cost sharing responsibility for diagnostic prostate cancer screenings (with such policies). This puts PSAs on the same level as mammograms, thanks to efforts of advocates and doctors such as those at Advanced Urology Centers of New York, one of the largest urology group practices in the country.

Learn More

Cancer Society at www.cancer.org and Integrated Medical Foundation (IMF) at https://imfcares.org/. IMF provides free screenings, education and support services.

Child's Lunch Box

Easy Tips To Reduce Food Waste In Your Child's Lunch Box

by Jean Buzby

(NAPSI)—It's estimated that a family of four spends, on average, \$1,500 a year on food that goes uneaten—but you can help save food and money and improve your kids' health.

As kids go back to school, these six easy tips can help you reduce food waste in your child's packed lunch.

in Countmon ...

Lunch Packing Tips And Stats

1.Get your children's input on what they like. Avoid "wish packing" foods that your child won't eat at home as these foods will likely be discarded at school. If clementines and turkey wraps are his thing, pack those. It is challenging to find the sweet spot between good nutrition and your child's preferences.

2.Cut up fruits and veggies so they are easy to eat. Most fruits and vegetables are naturally low in fat, sodium, and calories. None have cholesterol. They provide many essential nutrients, including potassium, dietary fiber, folate, vitamin A, and vitamin

3.Make lunch fun. For example, add dips for cut veggies, make meat or cheese pinwheels and include dressing to add to a shake and serve" salad.

4. Make sure to get the portions right For further facts, visit the American for kids of different ages and sizes. USDA's MyPlate provides simple-to-use nutrition guidelines for allocating portions among food groups, such as one-quarter of the meal as lean protein (e.g., beans, fish, lean meats, and nuts), one-quarter grains (preferably whole grain), and fruit and vegetables for the remaining half of the

> 5.Aim for "zero-waste lunches" by using reusable water bottles, containers, and snack bags, compostable cutlery, and bentostyle lunch boxes, which separate foods into different compartments to offer variety while providing portion control.

> 6.Always keep food safety in mind. Some practices can reduce both food safety risks and food waste, such as using insulated lunch bags or boxes to keep fresh foods fresh and including reusable cold packs.

fomL Publishin Serving Communities in Marion, Lake & Sumter County Florida



Tom Loury 352-804-1223

ADVERTISING RATES Including Color

Full Page \$ 558 1/2 Page 414 1/4 Page 254 1/8 Page 142

TomL Publishing, LLC P.O. Box 1698 Dunnellon, FL 34430

tloury@att.net | 352-804-1223

Visit Us Online:

www.TomLPublishing.com www.LadyLakeMagazine.com www.VillageSpectator.com www.SeniorsVoiceOfOcala.com www.OcalaDowntown.com



Connect with us on Facebook at *OcalaVillagesNews*



FROM THE DESK OF

ATTORNEY GENERAL MOODY



Attorney General
Moody Urges
Floridians to Remain
Prepared for
Hurricanes During
National Preparedness
Month

TALLAHASSEE, Fla.—September is

National Preparedness Month and Attorney General Ashley Moody urges Floridians to remain vigilant and reevaluate preparedness plans should disaster strike. The peak of hurricane season occurs between mid-August and late October. As Floridians enter the second half of hurricane season, Attorney General Moody is highlighting the 2021 Hurricane Preparedness Guide for Floridians to prepare their homes and families against potential disaster.

Attorney General Ashley Moody said, "2020 was a record-breaking hurricane season with 30 named storms and 11 land strikes. As we continue to recognize National Preparedness Month and peak hurricane season, I urge all Floridians to make preparations now, to keep their loved ones and property safe—should a storm strike where you live."

The theme of this year's National Preparedness Month is: Prepare to Protect. Preparing for disasters is protecting everyone you love. To help Floridians protect their families and homes, Attorney General Moody is issuing the following hurricane preparedness tips:

Have at least a three-day supply of 100d, water and other emergency supplies stored in your house;

Research storm-related products to verify they are hurricane-proof or impact-proof before purchasing;

Create a plan with evacuation routes, shelter locations and specialized plans if a family has young children;

After the storm, be wary of scammers offering extremely low prices for repairs or demanding considerable sums of upfront payments; and

Make sure that potential charitable donations are going to a real cause, as it is common for charity scams to crop up during times of disaster.

To view more tips in Attorney General Moody's 2021 Hurricane Preparedness Guide, go to

http://www.myfloridalegal.com

After a storm, recovery can be a grueling process that scammers may attempt to exploit. Read more about after-the-storm scams in my Scams at a Glance: After the Storm go to

http://www.myfloridalegal.com

During the hurricane season, price gouging is one of the most common consumer complaints. Price gouging is when essential commodities are sold for an amount that grossly exceeds the average price for that commodity during a declared state of emergency. For more information about price gouging, go to

http://www.myfloridalegal.com.

Attorney General Moody Warns of QR Code Scams

TALLAHASSEE, Fla.—Attorney General Ashley Moody today issued a Consumer Alert warning Floridians about QR code scams. QR, or Quick Response, codes are codes arranged in black and white pixelated squares that can be scanned by your phone, tablet or other electronic device. The COVID-19 pandemic compelled many businesses to offer QR codes for customers to access information such as menus, tracking packages and viewing apps. According to the Better Business Bureau, scammers are reportedly replacing QR codes with fake codes leading consumers to phishing websites, automatically launching payment apps or downloading malicious malware.

Attorney General Ashley Moody said, "Many businesses are innovating how they share information to reduce person-toperson contact during the pandemic, turning to QR codes to eliminate the sharing of printed material. Sadly, scammers are taking advantage of this by changing QR codes to re-route consumers to malicious websites. Be wary when using QR codes and make sure that what you scan is approved by the business."

To avoid QR code scams, Attorney General Moody is offering the following tips:

Before scanning, make sure a QR code is from a reputable source;

Watch for shortened URL links that may contain malware;

Research and download a QR code app

that has added security;

Do not scan QR codes from an unknown source; and

Look out for stickers placed over legitimate codes or other signs of tampering with codes at business locations.

Downloading security apps may help to keep devices free of malware but be sure to thoroughly research any such app to avoid mistakenly downloading malware.

If malicious malware is downloaded, visit the Google Support Help Center for information on how to remove unwanted ads, pop-ups and malware from a mobile phone or computer. Additionally, the Federal Trade Commission provides a detailed guide on how to recognize, remove and avoid malware.

To report a QR code scam, contact the Florida Attorney General's Office by calling 1(866) 9NO-SCAM or file a complaint by visiting MyFloridaLegal.com.

###

The Florida Attorney General's Consumer Protection Division issues Consumer Alerts to inform Floridians of emerging scams, new methods used to commit fraud, increased reports of common scams, or any other deceptive practice. Consumer Alerts are designed to notify Floridians about scams and available refunds in an effort to prevent financial losses or other harm caused by deceptive practices. Anyone encountering a scam should report the incident to the Florida Attorney General's Office by calling 1(866) 9 N O - S C A M o r v i s i t i n g MyFloridaLegal.com.

Summer Lake Realty, Inc 352-255-4364 - Cell/Text

A.J. Powell - Broker

Tony@SummerLakeRealty.net

New Listing - 1337 Augustine Dr, The Villages FL 32159













No Homes in Back, 1468 sqft, 2018 Roof, YBL 1999, 3 Bedrooms, 2 Bath, Double Garage, Part Furnished (Optional), Inside laundry, Screen Porch, No Bond, Listed at \$330,000

Statewide Classifieds

AUTOMOBILES

A-1 DONATE YOUR CAR FOR BREAST CANCER! Help United Breast Foundation education, prevention & support programs. FAST FREE PICKUP -24 HR RESPONSE - TAX DEDUCTION 1-855-758-6966 (t)

CASH FOR CARS! We buy all cars! Junk, high-end, totaled – it doesn't matter! Get free towing and same day cash! NEWER MODELS too! Call 1-833-238-0340 (t)

DONATE YOUR CAR OR TRUCK TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-855-972-5518 (m)

Donate your car, truck or van. Help veterans find jobs or start a business. Call Patriotic Hearts Foundation. Fast, FREE pick-up. Max tax-deduction. Operators are standing by! Call 1-833-909-0926 (m)

EDUCATION

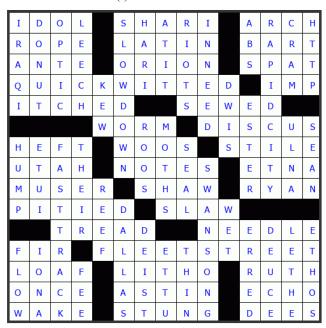
Attention Active Duty & Military Veterans! Begin a new career and earn your Degree at CTI! Online Computer & Medical training available for Veterans & Families! To learn more, call 844-545-4568 (t)

COMPUTER & IT TRAINING PROGRAM! Train ONLINE to get the skills to become a Computer & Help Desk Professional now! Grants and Scholarships available for certain programs for qualified applicants. Call CTI for details! 866-455-0151 (t)

TRAIN ONLINE TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 855-972-3288 (t)

FINANCIAL

Credit Card Debt Relief! Reduce payment by up to 50%! Get one LOW affordable payment/month. Reduce interest. Stop calls. FREE no-obligation consultation Call 833-755-1695 (t)



¿Luchando con la deuda fiscal? ¡Resuelve su factura de impuestos ahora! Detener las acciones de colección negativas. Negociar pagos mensuales asequibles. Llame a United Tax Fix 1-855-620-9258 (m)

The COVID crisis has cost us all something. Many have lost jobs and financial security. Have \$10K In Debt? Credit Cards. Medical Bills. Car Loans. Call NATIONAL DEBT RELIEF! We can help! Get a FREE debt relief quote: Call 1-877-316-7129 (m)

Wesley Financial Group, LLC. Timeshare Cancellation Experts. Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 844-405-1099 (m)

FOR SALE

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 833-957-0862 (t)

The Generac PWRcell, a solar plus battery storage system. SAVE money, reduce your reliance on the grid, prepare for power outages and power your home. Full installation services available. \$0 Down Financing Option. Request a FREE, no obligation, quote today. Call 1-855-706-0484 (m)

GENERAC Standby Generators provide backup power during utility power outages, so your home and family stay safe and comfortable. Prepare now. Free 7-year extended warranty (\$695 value!). Request a free quote today! Call for additional terms and conditions. 1-855-708-4101 (m)

HEALTH & MEDICAL

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 350 plus procedures. Real dental insurance – NOT just a discount plan. Don't wait!

Call now! Get your FREE Dental Information Kit with all the details! 1-833-424-6043

www.dental50plus.com/cpf #6258 (m)

Don't let the stairs limit your mobility! Discover the ideal solution for anyone who struggles on the stairs, is concerned about a fall or wants to regain access to their entire home. Call AmeriGlide today! 1-844-994-1745 (m)

Life Alert. One press of a button sends help FAST, 24/7! At home and on the go. Mobile Pendant with

GPS. FREE First Aid Kit (with subscription.) CALL 877-354-1492 FREE Brochure. (m)

Lung Cancer? And Age 60+? You and Your Family May Be Entitled to Significant Cash Award. Call 1-855-635-9214 for Information. No Risk. No Money Out of Pocket. (t)

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 855-397-7056 (m)

Stroke and Cardiovascular disease are leading causes of death, according to the American Heart Association. Screenings can provide peace of mind or early detection! Contact Life Line Screening to schedule your screening. Special offer - 5 screenings for just \$149. Call 1-855-708-0597 (m)

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150. FREE shipping. Money back guaranteed! 1-855-457-9751 (t)

We have Clinics STATEWIDE. Medical Marijuana Clinics, call today! Call 1-833-420-0421

MISCELLANEOUS

AT&T Internet. Starting at \$40/month w/12-mo agmt. Includes 1 TB of data per month. Get More For Your High-Speed Internet Thing. Ask us how to bundle and SAVE! Geo & svc restrictions apply. Call us today 1-877-568-5045. (m)

AT&T TV - The Best of Live & On-Demand On All Your Favorite Screens. CHOICE Package, \$84.99/mo for 12months. Stream on 20 devices at once in your home. HBO Max FREE for 1 yr (w/CHOICE Package or higher.) Call for more details today! (some restrictions apply) Call IVS 1-866-460-1886 (m)

Become a published author! Publications sold at all major secular & specialty Christian bookstores. CALL Christian Faith Publishing for your FREE author submission kit. 1-844-293-6611 (m)

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920. Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for your Free Author's Guide 1-844-218-1247 or visit http://dorranceinfo.com/florida (m)

Cable Price Increase Again? Switch To DIRECTV & Save + get a \$100 visa gift card! Get More Channels For Less Money. Restrictions apply. Call Now! 1-855-773-0527 (t)

DIRECTV for \$69.99/mo for 12 months with CHOICE Package. Watch your favorite live sports, news & entertainment anywhere. One year of HBO Max FREE. DirecTV is #1 in Customer Satisfaction (JD Power & Assoc.) Call for more details! (some restrictions apply) Call 1-844-335-2369 (m)

DISH Network. \$64.99 for 190 Channels! Blazing Fast Internet, \$19.99/mo. (where available.) Switch & Get a FREE \$100 Visa Gift Card. FREE Voice Remote. FREE HD DVR. FREE Streaming on ALL Devices. Call today! 1-855-895-7245 (m)

Earthlink High Speed Internet. As Low As \$49.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-877-929-1176 (m)

Eliminate gutter cleaning forever! LeafFilter, the most advanced debrisblocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-866-287-4769 (m)

Get Your Medical Marijuana Card. Stop in for a sample of DBD Bud. Stop taking dangerous pain and Anxiety Pills with Toxic side effects. 1-833-420-0421

HughesNet Satellite Internet - 25mbps starting at \$49.99/mo! Get More Data FREE Off-Peak Data. FAST download speeds. WiFi built in! FREE Standard Installation for lease customers! Limited Time, Call 1-855-485-4101 (m)

Need IRS Relief \$10K - \$125K+ Get Fresh Start or Forgiveness Call 1-855-908-2440 Monday through Friday 7AM-5PM PST (t)

Never Pay For Covered Home Repairs Again! Complete Care Home Warranty COVERS ALL MAJOR SYSTEMS AND APPLIANCES. 30 DAY RISK FREE. \$200.00 OFF + 2 FREE Months! 1-833-304-2083 Hours Mon-Thu, Sun: 9:30 am to 8:00 pm Fri: 9:30 am to 2:00 pm (all times Eastern). (t)

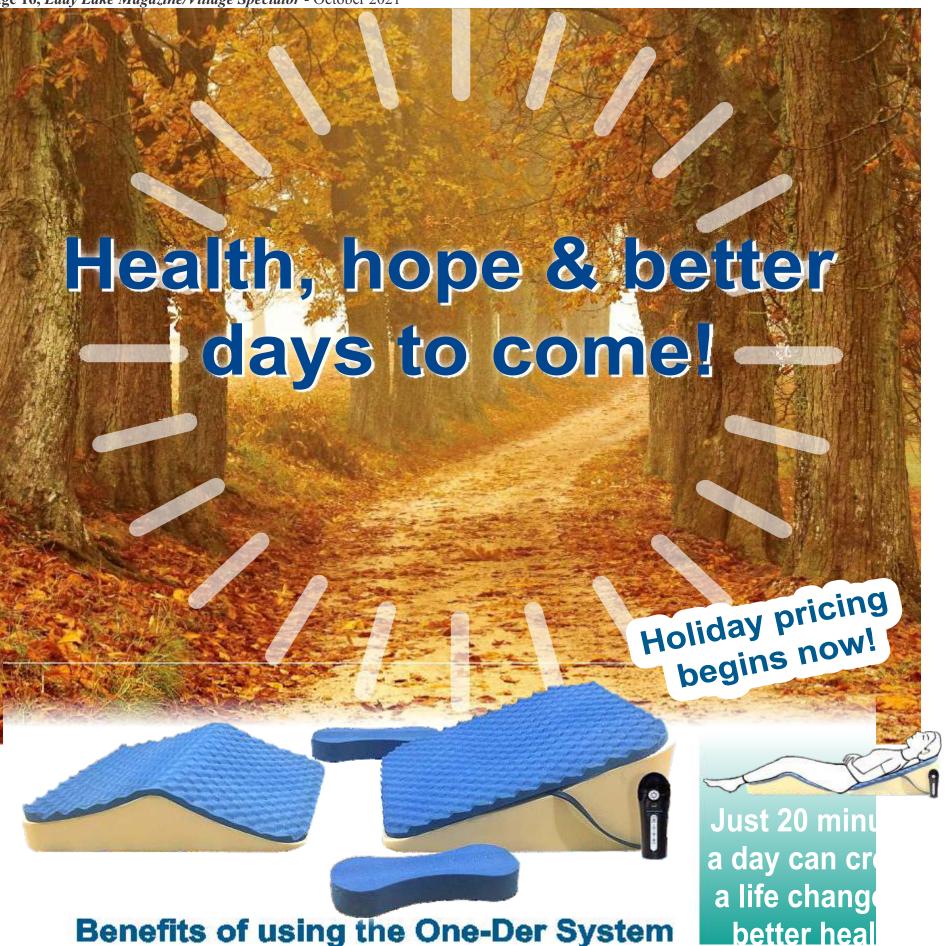
Up to \$15,000.00 of GUARANTEED Life Insurance! No medical exam or health questions. Cash to help pay funeral and other final expenses. Call Physicians Life Insurance Company- 844-721-1875 or visit www.Life55plus.info/flma (m)

4G LTE Home Internet Now Available! Get GotW3 with lightning fast speeds plus take your service with you when you travel! As low as \$109.99/mo! 1-888-708-1498 (t)

SERVICES

COMPUTER ISSUES? GEEKS ON SITE provides FREE diagnosis REMOTELY 24/7 SERVICE DURING COVID19. No home visit necessary. \$40 OFF with coupon 86407! Restrictions apply. 1-855-993-4172) (t)







- Deeper, more restful sleep
- Faster recovery from exercise
- Relieves anxiety and tension from stress
- Helps balance hormonal changes and mood swings
- Facilitates the shedding of toxins and chemicals in the liver and body tissue

Visit us at:

www.OneDerSystem.com

Created by 4 Your Health LLC. - made in the USA by Geneva Healthcare

Testimonial

"Finally, I wake up

energized and fresh"

Edna - Virginia