



Ribbon Cutting and Grand Re-Opening September 8th Congressman Daniel Webster Cutting the Ribbon. at Vascular Vein Centers. Wednesday,



Ribbon Cutting at Lady Lake Community Building with Mayor Ruth Kussard cutting the ribbon on Saturday Sept 18, 2021.

DeSantis talks about Life-saving Monoclonal Antibody sites!

Governor Ron DeSantis highlight's progress made in Florida through efforts to expand access to live-saving monoclonal antibody treatments. Florida has 25 state-run monoclonal antibody treatment sites.

Since opening the first state monoclonal antibody site in Florida on August 12th, our state has experienced a more than 50% decrease in hospital admissions. Additionally, there has been a decline in hospital census for 24 consecutive days and COVID-like emergency room visits are down to the lowest point in nearly two months.

Micha Siegel, a Boca Raton resident who has received monoclonal antibodies, said, "Three weeks ago, I was fully vaccinated, had a family birthday party at my house, and we all ended up getting sick. I was sick for about two or three days before I got the treatment. The symptoms were... severe headaches, head congestion, colds, low-grade fever, and about 24 hours after [the treatment], it was basically gone. I think [monoclonals] are a great opportunity for everybody to know about whether you were vaccinated or not."

President and CEO of Broward Health Shane Strum said, "As the world celebrated the arrival of the long awaited COVID-19 vaccine, another weapon in our arsenal against COVID became available. So, missing the spotlight shared by its vaccine counterpart, the monoclonal antibodies began being infused into recently diagnosed patients [and] really began to show a difference. As an early adopter [of] the therapy here at Broward Health, we actually started back on December 14th, and

we really started to see the benefits of the treatments. Governor DeSantis took so much time to listen to our doctors, our nurses, our clinicians, spent a lot of time with our staff, to hear the [patient] stories and get a better understanding of what we're actually doing here at Broward Health."

Broward Health Medical Director of Ambulatory Services, Dr. Aldo Calvo said, "Thank you, Governor, for really putting a spotlight on a state and national level regarding the value of monoclonal antibodies. The way monoclonal antibodies work is through injecting the neutralizing antibodies and boosting the immunity of those patients with mild to moderate symptoms right away."

Previously opened State of Florida sites are located at:

Alachua County Fellowship Church
16916 NW U.S. Highway 441
High Springs, Florida 32643
Hours: Mon - Fri 9 a.m. - 5 p.m.

Sumter County Barnstorm Theater
2720 Brownwood Boulevard
The Villages, Florida 32163
Hours: 7 days/week, 9 am. - 5 pm

To find locations to receive monoclonal antibody treatments around the entire state, please visit floridahealthcovid19.gov.



Bob Gersh center is Lady Lake Chamber Ambassador of the Quarter, pictured with Leslie Dicesare.

Life Saving Story

To the Publisher

This is a neighborhood resident who listed this note on behalf of her friend and very much worth repeating given our presence in Afghanistan. We love and pray for all our military service men and women.

Afghanistan. 14 hr ago, Sent Saturday the 28th 11:33 AM dear friend of mine on here wants me to pass a message along. She is posting her own updates, but I will keep her name hidden for OPSEC reasons on my part. Her son is a Master Gunnery Sergeant in Afghanistan. Part of the just 2.5K troops left there. He helped oversee the removal of vital equipment and technology in the past

month. This man is literally crying about how the military is being portrayed in the news. He wants everyone to know that they got most of everything out in time. The items that the Taliban have are things given to the Afghan Army. His unit/battalion made sure that everything truly useful was rendered absolutely useless to the Taliban. He is angry and sad that the military on ground is being portrayed as useless. He would also like the world to know that in the past 3 days, they have evacuated around 28K people and that he is proud to stay behind until everyone is out of there.
D. C. G.



AS I SEE IT

The U.S. National Debt is approaching \$30 Trillion Dollars, and increasing faster than ever before, with an additional \$5 Trillion this past year, and the so-called Infrastructure Bill will cost another \$2 trillion.

That adds up to about \$86,000 for every person living in the USA. to pay it off.

Of course these numbers are from various 'government agencies', so the real numbers could be anything - But, I doubt they are any lower.

Is the National Debt. and the ever increasing Budget Deficits relevant to "we, the people?"

The 'American Rescue Plan' from March 2021 is not funded. and the deficit is now the highest in the history of the USA.

Of course, the Democrats blame the Republicans and the 'Trumpites' blame the Bidenettes'.

Is there anyone who knows "The truth, the whole truth and nothing but the truth?"

As I See It, there is no such thing as 'the truth' any more.

But we can look back at some generally accepted Presidential spending in recent years.

For example, President Bush's, tax cuts added about \$5.6 trillion to the national debt.

The last time the U.S. had a budget surplus was under Democrat Bill Clinton.

Then the Trump tax cut added another \$1.5 trillion.

One source says that the worst deficits were Barack Obama, Donald Trump,

George W. Bush, and Ronald Reagan.

President Obama was the worst with a loss of almost \$7 trillion which was a whopping 60% worse than his predecessor

President George W. Bush racked up over \$3 Trillion in deficits, a 57% increase, and, his massive tax cuts added almost \$860 billion in deficits in its first two years.

On the positive side, Obama's 'Patient Protection and Affordable Care Act' would reduce federal deficits by about \$337 billion over 9 years.

But Obama's 'American Recovery and Reinvestment Act' added about \$534 billion to the problem.

Donald Trump took office in 2017. By the end of his term, he had a deficit of \$5.6 Trillion, an increase of about 33%.

Trump had declared the COVID state of emergency, causing many businesses to close, and he signed the '\$2 trillion CARES Act', along with other stimulus measures which reduced tax receipts and created the record deficits.

President Ronald Reagan over-spent about \$1.4 trillion by continued spending and reducing income (tax cuts).

Of course even these reported figures are misleading

All these Presidents borrowed from Federal Retirement funds in off-budget transactions.

Each year's deficit adds to the debt. But the total amount a president adds to the debt each year is usually more than the deficit.

For example, the Social Security Trust Fund has run a surplus since 1987



Ribbon Cutting at CORA Physical Therapy, Thursday Aug 26, 2021 2155 Everglades Lane, The Villages in Magnolia Plaza.

A president can reduce the deficit by spending these funds instead of borrowing more

For example, Obama added \$8.588 trillion to the national debt. But his total budget deficits only showed \$6.781 trillion.

Similarly, President Bush showed deficits of \$3.293 trillion. But he added \$5.849 trillion to the debt. Although most other presidents have run deficits, none has yet come close to those above.

Does all this make any difference to the average American?

You tell me . . .

Diversity In Cancer Clinical Trials

(NAPSI)—There's good news, bad news and better news about combating cancer in America these days.

The good news is there's been an overall decline in U.S. cancer deaths since 1991.

The bad news is not all patients have benefited equally from advances in prevention, early detection and precision medicine. One study found that around 8.1

Continued page 5



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Florida State Senate

DENNIS K. BAXLEY



Dear Friends,
My update this month will be brief. Committee meetings for the 2022 Legislative Session have begun and we are excited to return to Tallahassee and fight to protect faith, family, freedom, opportunity and life itself.

On the frontlines in the fight for life, we are gaining allies and the state of Texas has

brought the heartbeat bill back to the forefront. Senate President Simpson and House Speaker Sprowls have indicated that they will be willing to consider such a measure in this coming year. Your Senator sponsored this bill in 2018 (under different Senate leadership) and even though we had nearly half of the Senate signed on as co-sponsors, we were unable to get it across the finish line. We are very encouraged to see this gaining traction again this year and we

remain hopeful that such a measure can be implemented in Florida.

Our Senate President continues to put his trust in our team and has expanded our responsibilities to include the full Appropriations Committee. This committee will hear all matters relating to Florida's budget and we are excited to have the opportunity to be a part ensuring that our state remains fiscally responsible and financially stable. In addition, your Senator will sit on eight other committees and will once again be chairing the Committee on Ethics and Elections and the alternating chair of the Joint Legislative Auditing Committee.

Last year, we passed fourteen out of thirty-

three bill that we filed. Some legislators have filed as many as eighty bills in a single session and will get fewer than fourteen. This shows that we are not just throwing everything up on a wall to see what sticks, but rather we are focused on finding the truly good ideas and working hard to see that we are successful. Much of the credit belongs to my colleagues and Senate leadership that has supported us at every turn. It truly has been a team effort and we are very blessed to be a part of it.

None of that would be possible if the voters of District 12 had not sent me to do this work on their behalf. Remember, this is not my Senate seat, it is yours and I thank you for putting your trust in me and this team to do the job. "Nothing significant is ever done alone, but one person can make a big difference."

Onward & Upward,
Senator Dennis Baxley



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Tom Loury Long time member of CEP/Ocala Chamber of Commerce, Past President of the Ocala Business Leaders and current member, Co-Founder and past President of Select Business Associates, Past President of the Lady Lake Chamber and current member.

PUBLISHER'S NOTES



WHEN THE TOWERS FELL!

9-11 When the towers were destroyed and all the lives were lost it started into days, weeks, months and years of memories, sorrow and morning because this was an unnecessary loss of life. Yes the people that did this act were paid back, except trials that are still going on. 20 years later it ended in another disaster at our southern border. More loss of life, more morning and our country was weakened maybe beyond repair.

Maybe we need to recruit, train and send all these refugee's back to the countries they came from so they can clean up their country. Meanwhile the people coming into our country are free to invade us!

This was a month with several negative email letter to the Editor.

Last month I had a headline that said "In My Opinion This Is Wrong" The story was about our government hiding refugee's in hotels across our country. A letter to the editor sent in by email came in to me saying it was not right that i was accusing a foundation of wrong doing. I did not! I was pointing out it was not right that our government was hiding these refugees and using tax payer money. I think it is a good thing that there are organizations that help the downtrodden. It was also my job to report there was over \$600 million supplied to house, feed and hide these people from the public. I'm not saying the organization that is furnishing things for their well being, but the fact that our government had no disclosure about this. We are finding more and more thing our government is using our tax payer money for that is not right. We must tell that story.

Meanwhile check out the video of the press conference with Biden and the King of Jordan, what a disgrace it was. While sitting

there bungling his talking points he was shuffling a couple of cards that he was suppose to read. The only thing that I could tell that Biden said to the King was "you live in a rough neighborhood."

Second negative email letter was addressed to me! A guy named Robert pick apart the newspapers story by story, Columnist, writers, letters to the editor. I thank him for being a reader even though he obviously is a Democrat. I will take this space in this paper to answer all his questions and statements.

Answer to Robert he started out tom tom tom so started out the same way...

Robert, Robert, Robert,

First Robert you sound like your a Democrat.

Here is the answer to your letter!

You need to get more information from the net. You can check, cross check and verify the information. For instance I printed last year on the net was Dr Anthony S Fauci, Clinton and two of the high tech guys investing money in the Lab developing the COVID-19 (THE INVESTORS). We the United States were

funding the Lab through a Charity. The Lab had a bad track record so Obama told Fauci to stop and defund them from us, he did not. Instead he went on with the investors. I think Fauci and others figured if they came up with a vaccine they make a killing. There was some killing. I think they should be charged with murder!

You say maybe the Governor is invested in the serum? The Governor is only invested in gthe people of Florida. The Monlconol Antibody state sites are designed to keep people out of the hospital with the treatment centers. Now Fauci has been caught lying to Congress???

SURPRISE SURPRISE no one could even imagine that Trump could come up with Warp Speed. Of course there are some who believe that Biden came up with the cure in his cellar.

As far as your comments from Robert about Dennis Baxley's statement that there were mothers "throwing their children over barbed wires" you said was far from the truth. I have know Dennis Baxley for many years and I would say he knows a hell of a lot more about what is going on than you do!

Next you attack Governor DeSantis about

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Newspaper Deadlines

Editorial & Ad Copy for November

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Noon, October 15th

Lady Lake Magazine & Village Spectator

12am, October 20th

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Former Olympics tech suit designer develops innovative non-slip bra inserts for women everywhere

For 15 years, Angie Kornas worked on technical racing suits for the Olympics to shaping and supportive swimwear for women. There was one thing that remained consistent in all swimsuit brands, no matter the quality, price point- all the removable bra inserts that came with swimsuits were terrible. They constantly moved around, bunched up and fell out. Not only was she personally frustrated, but women everywhere would light up talking about how awful the flimsy pieces of foam were.

Kornas searched the market for a better option worldwide and found nothing that would fix this real problem. She was blown away by the lack of design improvements over the last few decades. Bra inserts hadn't been reengineered or reimagined in over 20 years! These pads are important for women

because they provide nipple coverage, filler for volume loss, shaping and added support. They can even help women balance 2 different sized breasts, a very common issue, wearing an insert on the smaller side. Inserts are typically worn in regular bras, swimsuits, sports bras to dresses and tops.

Determined to make better inserts for all women, Kornas devoted 2 years to the development of Honey Cloudz—the world's first patented removable non-slip bra pad inserts. They were wear tested on women of all ages and sizes. The unique grip is on the outside and sticks to all fabrics. The inside is soft and smooth. There is nothing sticky touching the skin. With her background in product development, quality and fit are of upmost importance. The lightweight inserts are seamless and offer 5 sizes allowing for more women to be covered and have great fitting inserts. Honey Cloudz also offers 5 skin tone-based shades providing an undetectable look even in lighter colors and thin fabrics. At her core, Angie believes that all women should be able to have bra inserts that fit properly, stay and are close to them in skin tone. Now they can with Honey Cloudz.

In their first year of launching, Oprah Magazine coined the inserts “Ingenious” (February 2019) The following year, Honey Cloudz was featured on ABC's “The View” and sold out of inventory in one day. Kornas says “we are continuing to grow every month and I couldn't be happier bringing better inserts to all women. It's about time” To learn more about Honey Cloudz visit honeycloudz.com and Amazon.

Cancer

Continued from page 2



percent of cancer patients participate in a clinical trial. Of those, FDA data show that only 4 percent of clinical trial participants are Black and 5 percent are Hispanic.

What's more, minority groups overall in the U.S. have both the highest death rate and shortest survival rate for most cancers. These inequities in cancer care have been ongoing for decades, due in part to socioeconomic barriers, insufficient information about trials and their benefits, as well as other challenges.

The better news is a major funder of cancer research is working to tackle cancer disparities. Stand Up To Cancer® (SU2C), which raises money to accelerate the pace of research to get new therapies to patients quickly and save lives now, began formalizing its Health Equity Initiative in 2017. The initiative aims to increase minority representation in cancer clinical trials and ensure new cancer treatments are effective for all.

Improving diversity in cancer clinical trials

Moving forward, SU2C-funded research teams will be required to address issues related to recruitment and retention of patients from minority groups to improve diverse participation in cancer clinical trials.

“As one of the leading funders of cancer research, we believe it is our duty to ensure that minority representation in cancer clinical trials is addressed. Now, more than ever, better understanding of the role of biology in cancer treatment, advances in precision treatment, and development of new technologies demands that we also make significant improvements in diverse clinical trial participation,” explained SU2C CEO Sung Poblete, PhD, RN. “We are confident that this initiative will make a significant and meaningful impact to ensure all communities have equal access to potentially life-saving treatments.”

SU2C is collaborating with a number of industry leaders who are also committed to improving cancer disparities, including Genentech, Exact Sciences, Bristol Myers Squibb and Amgen. Funding from these donors supports SU2C's Health Equity Initiative, including cancer screening and clinical trial awareness efforts as well as research into specific types of cancers that disproportionately impact people of color. Another collaboration with the Black Women's Health Imperative and Friends of Cancer Research is Project TEACH, which will empower Black women to effectively engage with researchers and clinicians as well as increase participation of Black women in cancer-focused clinical trials. Project TEACH is supported by the Patient Centered Outcomes Research Institute.

“Bringing a diverse patient population into the clinical trials arena is complex,” said Dr. Edith A. Perez, MD, professor of medicine at Mayo Clinic, chief medical officer at Bolt Biotherapeutics, chair of the

SU2C Health Equity Committee and vice chair of the SU2C Scientific Advisory Committee. “As a part of this effort, Stand Up To Cancer is amplifying the conversation around health equity so that researchers, institutions and cancer research funders join this effort and become more engaged in increasing diversity in cancer clinical trials, similar to Stand Up To Cancer's successes in normalizing collaboration across cancer research.”

Learn More

For further facts and stats about Stand Up To Cancer, go to .

Spooky Safe Pet Halloween



by Darris Cooper, CPDT-KA

(NAPSI)—It's no secret that pets are like family—holiday traditions included. This Halloween bring your pups in on the spooky fun by decking them out in a scary cute costume and training them to be the most polite trick-or-treater on the block.

From fun costumes to virtual and in-person dog training, Petco has everything a pet parent needs to make Halloween a howling good time for the whole family. Whether your family is planning to trick-or-treat or celebrate at home, here are five surefire ways to help prep your pet:

Plan Your Pet's Look: Petco's latest “Bootique” collection features an array of ready-to-wear Halloween apparel, accessories, matching costumes and more. Dogs can play a different role in the animal kingdom as a shark or cow or even twin with their human as tigers. From easy-on options to full-body costumes, the “Bootique” is full of costumes designed with care so all types of pets and preferences can find their match.

Take Precautions: Once the whole pack has picked their costumes, have a pre-Halloween dress rehearsal so your pup can get used to the outfit and accustomed to everyone else's. Before any festivities begin, triple-check your pet's costume for any hazardous materials that could be chewed or cause choking. To stay safe after sundown, every Halloween look should also include reflective gear and proper pet identification.

Learn the Training Basics: Basic skills such as “sit” and “stay” can make all the difference for dogs when it comes to safely interacting with trick-or-treaters and helping your pet navigate the Halloween commotion. “Drop it” or “leave it” are additional key training cues in case your curious pup sniffs or picks up any human treats—such as chocolate—that could be toxic to dogs. Preemptive Petco positive dog training can be helpful to teach your pet proper Halloween etiquette and keep the holiday fun for all.

Offer Treats in Moderation: Although it's tempting to indulge pets around the holidays, it's important to remember that no more than 10% of a pet's daily calorie intake should be from treats. Help keep pets

Continued page 7



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"Ingenious" - O Magazine



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CHIEF ROBERT TEMPESTA.



October is National Domestic Violence Awareness Month

Under the provisions of section 741.28 of the Florida State Statutes,

• “Domestic violence” means any assault, aggravated assault, battery, aggravated battery, sexual assault, sexual battery, stalking, aggravated stalking, kidnapping, false imprisonment, or any criminal offense resulting in physical injury or death of one family or household member by another family or household member.

• “Family or household member” means spouses, former spouses, persons related by blood or marriage, persons who are presently residing together as if a family or who have resided together in the past as if a family, and persons who are parents of a child in common regardless of whether they have been married. With the exception of persons who have a child in common, the family or household members must be currently residing or have in the past resided together in the same single dwelling unit.

Under the provisions of section 784.046 of the Florida State Statutes,

• “Dating violence” means violence between individuals who have or have had a continuing and significant relationship of a romantic or intimate nature. The existence of such a relationship shall be determined based on the consideration of the following factors:

1. A dating relationship must have existed within the past 6 months;
2. The nature of the relationship must have been characterized by the expectation of affection or sexual involvement between the parties; and
3. The frequency and type of interaction between the persons involved in the relationship must have included that the persons have been involved over time and on a continuous basis during the course of the

relationship.

- “Repeat violence” means two incidents of violence or stalking committed by the respondent, one of which must have been within 6 months of the filing of the petition, which are directed against the petitioner or the petitioner's immediate family member.

What does the law mean and how can it help you?

If you are a victim of any domestic abuse, call your local law enforcement agency to report the incident. You may also contact the Florida Domestic Violence hotline at 800-500-1119 or the Florida Abuse hotline at 800-962-2873.

You have the right to contact the State Attorney's Office and request a criminal complaint be filed. You have the right to go to the courthouse and file a petition requesting an injunction for protection against domestic violence, repeat violence, dating violence, sexual violence or stalking. A parent of a minor child can file for an injunction if their child is a victim of violence or is in imminent danger of becoming a victim.

An injunction can protect the victim of abuse from any contact from the alleged abuser whether by phone, or in person typically within 500 feet of your residence, school, business, or place of employment.

The men and women of the Lady Lake Police Department are here to help. If you are victim of domestic abuse, contact law enforcement immediately.

Publisher's

Continued from page 4
the Monoclonal antibody treatment sites. If you go to the site any of them in the state they are FREE. I had a personal experience where the business man running a vegetable stand tested positive. He went straight to the state site and tested negative in three days I say that was a good example. Trump bought all the serum the pharmaceutical company had before he left office, you see that is what cured him.

Your comment about a letter from D.I.L. This writer reads several books a week. I will say this writer has a right to see their opinion in print. That is what this newspapers stands for. It seems as though you don't believe in that. We printed your opinion!

In closing, the facts are that thousands have died because they do not have the money to go to the hospital. May God have mercy on their soul, I wish you good health.

In my opinion this guy is out to discredit me and my newspapers. I could not ignore this letter. I have four newspapers which one would you like buy and make bigger I will put you in touch with my agent.

Robert is one of my best readers. He spends hours looking for something he can pick apart. Thanks for reading Robert. It's your opinion I'll print it! What is your opinion? tloury@att.net
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ONE PERSON'S OPINION

LETTERS TO THE EDITOR

Dear Mr. Loury:

I was extremely disappointed by your recent op-ed regarding the Biden administration efforts to provide safe haven to refugees and migrants. Endeavors, the non-profit, Christian-based organization you referenced, is a faith-based organization based on Judeo Christian principles. The five churches that founded the organization in 1969 followed these principles while providing social welfare services to the community.

I am extremely disheartened to hear you disavow an organization that has done this outstanding work for years, and felt the need to make this a political issue rather than a charitable act of altruism. There is no "cloak of secrecy" around an organization that not only publishes an annual report (link here: [2020 annual report - Endeavors®](#)), but which works closely with the media to share its stories around helping those in need.

Please do yourself (and your readers) a favor and spend some time researching the incredible work this non-profit does to help those in need.

J. L. R.

Letter to editor

I want Trump to run for a House seat in 2022. Pick a winnable Republican district in Florida -- where the president is beloved. I promise 74 million-plus Trump voters will get excited. They will volunteer, donate, spread the word and, yes, many will move to your district in Florida to help elect you, Mr. President.

This isn't about one House seat. With Trump campaigning and leading the battle, Republicans will sweep to victory in 2022 with the biggest GOP voter turnout in

history. We will win a GOP House landslide by 40 to 60 seats -- just like in 2010 and 2014.

Now, to the important part of my plan. The GOP Congress then elects Trump as speaker of the House -- the second most powerful job in America. From that platform, Trump rules Washington, D.C., for the next two years. He is President Joe Biden's worst nightmare.

Speaker of the House Trump can open a dozen criminal investigations against Biden. He can lead the impeachment of Biden (how ironic would that be?). He can block every single Biden bill. He will stop the Biden agenda dead in its tracks.

And don't forget, Speaker of the House Trump can sit behind Biden for each State of the Union address. I can't wait to watch that.

I told Trump he will become an American folk hero. His legend will grow even bigger. His brand and actions will dominate Washington politics leading into 2024. From that platform, folk hero Trump wins the presidency again in 2024 -- after first saving America from the Biden disaster.

Trump was clearly fascinated by the idea. He should be. It's a game-changer for Trump, for the GOP and for America.

The seed has been planted. I hope and pray I just changed the course of history. God bless Trump, and God bless America. email letter with no signature (sound good)

Tom, Tom, Tom, (letter to publisher)

You have spilled the beans as to where you get your news source. In your opinion piece, "this is wrong" You got your information from the net. How is this rumor mill a credible source of news? This means that your entire commentary is nothing but a

rumor, placed on the web by a pro-trump and anti-Biden individual. So much for that piece of trash.

With respect to Dennis Baxley's comment that mothers were "throwing their children over barbed wires" was so far from the truth. They were handing their children up to soldiers vary carefully so as not to harm the children. This is how this disinformation begins, with a powerful Senator making false statements in order to further his cause. But so much for him. I rarely read his statements as I do not agree with his philosophy.

Under publishers notes, "A Great governor" You state that monoclonal antibodies are useful in treating patients with covid...but you failed to mention that this treatment comes at a cost of roughly 40 times the cost of a vaccine shot. And DeSantis touts this treatment instead on vigorously pushing for the general population to get vaccinated. Perhaps he promotes this mono treatment because it is reported a friend of the governor's has a great deal of money invested in the mono drug. And how has banning a mask mandate in schools going to help in controlling the spread of the virus? A recent news article reported that an infected teacher spread her disease to at least twenty six other people. Yeah, DeSantis is a really great governor. He just doesn't know a lot.

And finally to D.I.L. I'm not sure what kind of a message was attempting to be conveyed because the delivery of it was kind of scattershot. Why should Fauci or anybody know what your health issues were 60 years ago? Because its irrelevant. The fact is that masks, social distancing and vaccines work. I practice these three all the time, because I don't want to play RUSSIAN ROULETTE with my life.

In closing, I would just like to add that I believe that all these people being admitted

to hospitals with the virus who have NOT been vaccinated should be responsible for their own hospital costs. Maybe then some of these people would opt for a vaccine to prevent getting infected instead of taking up valuable bed space in a hospital which could then be used to treat patients with other ailments.

Til next time, Tom.

P.S. you need a bigger magazine as I have a lot more to say.

Read Publishers notes for answers!!!

Halloween

Continued from page 5

energized for the Halloween festivities by giving them protein-packed treats, such as Wholehearted stick treats for dogs or new freeze-dried treats for cats, or find other ways to celebrate the season with them through fun seasonal toys such as a plush pumpkin spice latte or rope toy. To help keep pets feeling their best year-round, give them the ultimate treat of Vital Care for just \$19 a month to enjoy savings on grooming, vet exams and more.

Create a Spook-Free Safe Haven: Between constant doorbell rings, unknown trick-or-treaters and spooky costumes, Halloween festivities can add to pets' anxiety. The best way to help your pet is by learning to identify their anxious behavior and which calming tactics work best for them. Petco offers an array of calming aids, chews or oil diffusers to help keep pets at ease. Background noise from either music or the TV can help drown out unusual sounds, but it's also a good idea to give pets a quiet room away from the action.

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Insulin at 100



Insulin at 100: How The Discovery Improved Lives

(NAPSI)—The discovery of insulin 100 years ago led to many research and clinical advances that have greatly improved strategies used to help people manage diabetes to live longer and healthier lives.

Before insulin, physicians treated people with diabetes, a disease that occurs when blood glucose—or blood sugar—is too high, by recommending changes in their diet. In 1921, scientists at the University of Toronto found that pancreatic extracts from healthy dogs reduced blood glucose levels in other animals with diabetes. By 1922, the

pancreatic extract, now known as insulin, was chemically processed and used in studies to treat people with type 1 diabetes.

This discovery, which led to the development of better insulin formulations over time, also led to a series of research studies conducted or supported by the NIH's National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) that have dramatically changed how people with diabetes, especially type 1 diabetes, live. For instance:

In the 1970s, NIDDK researchers developed a more effective form of artificial human insulin using DNA technology. This artificial human insulin was purer and of higher quality than the animal-based insulin.

In 1983, the NIDDK launched the Diabetes Control and Complications Trial (DCCT). This study showed that when people with type 1 diabetes use insulin to keep their blood glucose levels as close to their target range as possible, they are at significantly less risk for developing diabetes-related eye, kidney, and nerve diseases.

Since 1994, the Epidemiology of Diabetes Interventions and Complications or EDIC trial has followed DCCT participants to show that keeping blood glucose levels steady over time helps people with type 1 diabetes live healthier and longer.

The discovery of insulin also led to research that has made managing diabetes

easier and more effective. Such results led to the development of continuous glucose monitoring, insulin formulations that work faster or last longer throughout the day and keep blood glucose stable longer, and wearable insulin pumps.

Despite the many ways in which insulin has improved the well-being of people with type 1 diabetes, managing blood glucose levels is still a challenge. That is why the NIDDK continues to support research into insulin and other diabetes management tools and technologies. For example:

NIDDK scientists are studying ways to make insulin more patient-friendly by developing formulations that do not need to be refrigerated and creating smaller, easier-to-use insulin pumps and blood glucose monitoring devices.

Recent research shows artificial pancreas technology, also known as closed-loop control, can automatically monitor and regulate the delivery of insulin, which may reduce patient burden and help keep blood glucose levels in a healthy range.

The NIH's Rare and Atypical Diabetes Network, or RADIANT (www.atypicaldiabetesnetwork.org), helps researchers better understand unusual or unknown forms of diabetes.

The NIDDK continues to study how type 1 diabetes occurs and how to prevent the disease. For instance, the NIDDK-supported TrialNet (www.trialnet.org) project is a collection of screening tools and research studies designed to help scientists learn how to slow or stop type 1 diabetes before or soon after patients are diagnosed.

The NIDDK remains committed to conducting diabetes research to help patients with diabetes live healthier lives and make the goal of finding a cure for type 1 diabetes more reachable.

To learn more about diabetes, including the latest research, visit the NIDDK website at www.niddk.nih.gov.

Time to Return to Regular Screening



(NAPSI)—The COVID-19 pandemic took its toll on lives in more ways than many realize. For example, it meant too many Americans neglected getting the regular health testing—particularly cancer screening—they should.

According to the Journal of the American Medical Association, an estimated 41% of U.S. adults reported forgoing medical care early in the pandemic. If you or someone you care about is among them, now may be a good time to schedule a doctor's appointment. Members of the medical community fear that in a few years, all too many men will be diagnosed with later-stage, less-treatable prostate cancer.

As it is, the American Cancer Society, reports about one in eight American men will be diagnosed with prostate cancer. Fortunately, it can be treated successfully, especially if caught early. If you're 50 or older or have a family history of prostate cancer, speak to your doctor about screening.

Understanding Prostate Cancer

There are four stages of prostate cancer. Stage one is diagnosed very early and confined to the prostate. At this stage, the patient is unlikely to have any symptoms and may not need treatment beyond regular follow-up tests—and the five-year relative survival rate is almost 100 percent.

Some Answers

Continued page 13

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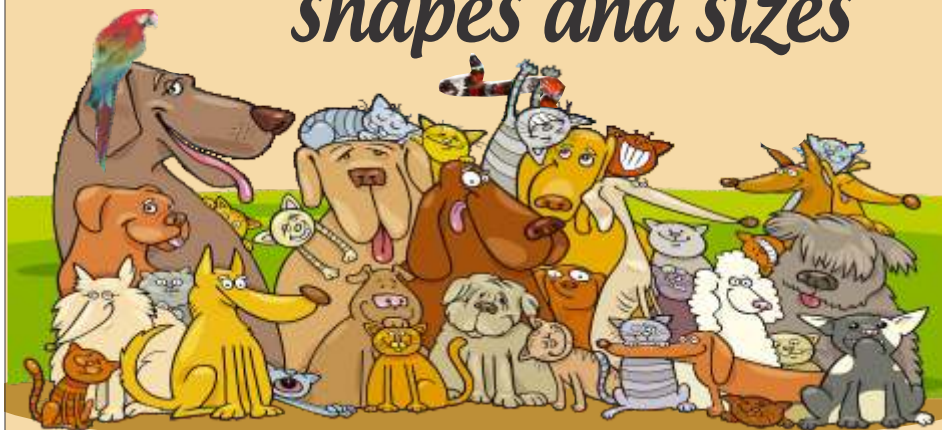
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FEMAXEEN® is a European product that underwent **Randomized Double Blind Clinical Studies*** and obtained great results for the treatment of Urinary Incontinence in Women starting in as little as 90 days.

Stress Incontinence occurs when weakened pelvic floor muscles cause you to leak urine when you cough, sneeze, jump, or laugh. Intensive physical exercise or sudden movements can also set it off. This is caused when the Muscarinic Nerve Receptors (M3) which mediates the contractile response in the bladder stops sending said signals.

Urge incontinence typically occurs in older women and is when you feel a sudden, uncontrollable urge to urinate. It is caused by the Soft Detrusor Muscle in the bladder contracting during the Fill – Void stage in the bladder forcing urine to leak through the Sphincter Muscles. It can strike at any time or anywhere.

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FEMAXEEN® dual action works by sending weak signals to the Bladder Receptors and the Soft Detrusor Muscle. These signals are weak, but they are cumulative, and their effect gets stronger month by month when taken daily.

In addition, **FEMAXEEN®** also has Vitamin D (Antioxidant) and Pumpkin Seed Extract to help you maintain good Bladder health.

- **FEMAXEEN®** works on both types of Incontinence, **Stress Incontinence & Urge Incontinence.**
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- **FEMAXEEN®**'s Pumpkin Seed Extract helps support Lower Urinary Track Health.
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Maureen , Pennsylvania

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Paola, Florida

"Amazing natural product!!! I suffered with bladder incontinence for years after having my first child and couldn't find anything that would help, I tried prescriptions, but always hated the side effects. A friend recommended this, and it has so far worked miracles for me. Fast shipping, great product. A must try!!



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* PALACIOS et al., Evaluation of Femaxeen® for control of urinary incontinence in woman. A randomized, double-blind, placebo-controlled study. 2020 Maturitas 133; 1-6

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FROM THE DESK OF GOVERNOR DESANTIS



Hear Directly From Monoclonal Antibody Recipients

PENSACOLA, Fla. – Governor Ron DeSantis was joined by Floridians who have received monoclonal antibody treatments, and announced that Florida will open a new monoclonal antibody treatment site in Escambia County at Bayview Community Center.

Bayview Community Center
2001 East Lloyd Street
Pensacola, Florida 32503

Hours: 7 days a week, 9:00 a.m. - 5:00 p.m.

Hear directly from monoclonal antibody recipients about their experience with the therapy...

Melody Hinson, a resident of Pace, said, "After I tested positive, I immediately got in touch with my doctor. Within two hours, I had an appointment to receive the monoclonal antibodies for the next day. I hadn't heard a whole lot about it, but I went and got the infusion. When I got home that afternoon, my taste came back. The achiness, and all of that went away. We've been blessed by all this effort. There's people here that don't have insurance, and with the state sites and standing referral, they are going to be able to get this help."

Yvette McLellan, who works for the City

of Pensacola, said, "When I started feeling sick it felt like a head cold, and I was just coughing. I didn't want to infect my coworkers, so I stayed home Monday and when I went and got tested, I was positive for COVID. My husband was positive by Friday, and he was a lot sicker than I was. We had the antibody infusion and were better that afternoon. I encourage everyone to go and get this antibody infusion as soon as you start feeling anything. The sooner you get it done, the faster you can start feeling better and that'll keep us all out of the hospital. And thank you so much for pushing this. I encourage you all to get the treatment."

Angela Moore, a resident of Pensacola Beach, said, "I contracted COVID on a Saturday evening. By Tuesday I couldn't stand, and I had a fever of 99 to almost 103. Three days later I was able to get the monoclonal infusion. I went in there with a fever, and I came out after the treatment and I didn't have any more symptoms."

Sean Kramer, a retired Navy aviator who lives in Pensacola, said, "Two weeks ago I came down with symptoms after being vaccinated back in February. My symptoms were classic, loss of taste and smell. I contacted one of my doctors that I knew at the VA, and he said he was unaware of the monoclonal antibodies treatment. I sent him a link with information, and he suggested I go get it. Two days later, I tested negative, and got back to work. That was my goal, to not expose anybody else, and to get back to

work."

James Madarena, a local paramedic, said, "When I tested positive, I called a medical director that we work with, to ask him what I should do next. He told me to start driving towards Fort Walton, so that's what I did. While I was in route, my wife scheduled an appointment online and once I got there I was in and out within an hour and a half. I tested negative four days later, with nothing more than a stuffy nose. I'm very thankful to have this treatment for those at risk and severe COVID patients. Our community is very thankful for you taking care of them, it is a true blessing."

Governor DeSantis Calls for Biden Administration to Restore Monoclonal Antibody Supply to Florida

On September 23, 2021, in News Releases, by Staff

Governor announces that Florida secured 3,000 mAb doses directly from GlaxoSmithKline

TAMPA, Fla. – Today, Governor Ron DeSantis called on the Biden Administration to restore Florida's monoclonal antibody supply. At the event, Governor DeSantis also announced that due to the lack of support from the federal government, Florida secured 3,000 doses of the monoclonal antibody treatment on its own from GlaxoSmithKline.

"We should be doing everything we can to get patients monoclonal antibody treatments, not cutting allocations of treatment like the Biden Administration has done," said **Governor Ron DeSantis**. "Despite the cuts by the federal government,

we want any Floridians that could benefit from this treatment to have access to it. Florida is going to leave no stone unturned when finding treatment for our state, and we are encouraged to have secured a shipment of monoclonal antibody treatments from GlaxoSmithKline."

[In a nationwide address on September 9th](#), President Biden announced that he would "increase the average pace of shipment across the country of free monoclonal antibody treatments by another 50 percent." Despite this welcome statement, Florida has had our allocations of the treatment drastically cut from nearly 31,000 doses last week to less than 26,000 doses this week, despite the fact that Floridians continue to use this free lifesaving therapy to recover from COVID-19.

Joining Governor DeSantis today was Dr. Larry Antonucci, CEO at Lee Health who has seen a high demand for the treatment at his hospital.

"The monoclonal antibody program has really been a game changer here in the state of Florida," said **Dr. Larry Antonucci, CEO at Lee Health**. "[Monoclonal antibody treatments are] making people better... It's key to keeping them out of the hospital... I want to thank the Governor and his whole team for doing this."

Also joining the Governor today were Floridians who have benefited from monoclonal antibody treatments:

"[When I had COVID], I had a 101 fever, rapid heart rate and was very tired," said **Lou Castoria**, a software developer from Land O' Lakes. "I got the [monoclonal antibody] treatment and by Tuesday

Continued page 13



Answers page 15

CORNER

- Across**

 - Object of blind devotion
 - Puppeteer Lewis
 - Military doctor's concern
 - Hitchcock classic
 - Tiberius' tongue
 - Animated brat
 - Put your two cents in?
 - Mythical hunter
 - Expectorated
 - Fast on the uptake
 - Pixie
 - Used a backscratcher, perhaps
 - Worked for Hilfiger
 - It's not wanted in the big apple?
 - Olympic object
 - Weightiness
 - Seeks the affection of
 - Means of mounting a fence
 - Jazz state
 - Lecture memoranda
 - Sicilian volcano
- Down**

 - Persian Gulf citizen
 - Brief coffee go-with, perhaps
 - Type of nerve
 - Parasite
 - What spotting a trooper causes
 - Mata _____
 - "Look _____ this way ..."
 - Public outbreaks
 - Requiring help
 - Crunched items
- Daydreamer
 - "Rich Man, Poor Man" author
 - Private in a memorable film
 - Felt sorry for
 - Deli side dish
 - Riser partner
 - It may be in the groove
 - Kind of tree
 - Newspaper hub in London
 - Vegetate
 - Kind of print
 - Babe that's famous
 - In olden times
 - John of "The Addams Family"
 - Cavern phenomenon
 - "Finnegans _____" (Joyce)
 - Swindled
 - Grades below the curve, perhaps
- South Dakota town
 - Pack in
 - Start of untold millions of addresses
 - Royal Botanic Gardens site
 - Worst things to have on one's driving record
 - Aromatic organic compound
 - Outback boundaries
 - Flame lovers
 - Forelimb bone
 - Leo Penn's boy
 - Quasimodo's affliction
 - Personal articles case
 - Route for Type A personalities
 - Possessive pronoun
 - Mark of approval
 - Farewell performance
 - Coral structure
 - Southfork Ranch setting
 - Kind of blanket
 - Pragmatic believer
 - Made an "oopsie"
 - Bottom of a suit
 - River of oblivion
 - Group character
 - Type of chart
 - Private school in N.Y.
 - Caesar's famous question
 - Add water
 - Attorney's concern, among other things

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Testament my wish

Governor

Continued from page 11

evening, I was feeling much better. My fever dropped. By Wednesday I had no fever anymore – and by Thursday I was able to return to work... Today, I'm back to 100% with no lingering issues."

"[My whole household] received [monoclonal antibody treatments] and all came through just fine," said **Betsy Palmer Bigler**, a former middle school math and science teacher. "That's the reason I wrote the Governor's office with a lot of gratitude in my heart, because I sincerely feel that it saved probably one or all three of our lives, being able to have those [treatments.]"

"I'm 64 years old and I have suffered three heart attacks," said **Jeff Randall**, a guitarist from Gulf Harbors. "So having COVID-19 is not what you want to hear when you've suffered three heart attacks and you've already got a breathing problem. I always thought COVID maybe wasn't real, but it's real. It hurts your body... It makes a grown man want to cry. Within a day or two [after receiving the monoclonal antibody treatment], I felt great, everything was fine. The day after I got the treatment, my 93-year-old mother said, 'I have chills. I'm cold. I have a headache, a slight fever.' We didn't waste any time. My wife took my mother to [the monoclonal site], she got the Regeneron, and the next day — it's a miracle — she is completely healed. She's walking around with her little walker and getting along just fine."

Have a Happy and Safe Halloween!

Screening

Continued from page 8

Testing: Prostate cancer can be diagnosed with a simple blood test, the PSA, which checks the level of prostate-specific antigen in your blood.

In the past, there was controversy about whether having a prostate cancer screening done was beneficial or if it produced more harmful effects due to complications from over-testing. PSA testing was the best thing available for a long time.

Now there are tools that provide much more information, giving predictability about the aggressiveness of the cancer and data to help urologists safely manage their patients' disease. This lets urologists keep more patients on active surveillance regimens and put off more aggressive treatment. Using tests such as the Gleason grade score, overall patient health and risk factors—age, race, ethnicity, family history and exposure to Agent Orange—doctors can determine with confidence how aggressive the cancer is and which patients will do well on active surveillance. They'll also know which therapy options will be the optimal for the patient.

Making it easier for doctors and their patients to do this testing is the full range of diagnostic equipment and supplies available through the trusted advisors at Henry Schein Medical, a provider of medical and surgical supplies to healthcare professionals.

Treatments: There are many ways to treat prostate cancer, including hormone therapy, surgery, chemotherapy, radiation and cryoablation. The newest innovation is immunotherapy, which uses your own

immune system to identify, target and destroy the cancer cells without harming the body's own "good cells." Your doctor can help you decide what's best for you.

It's important to remember you have the most options available when prostate cancer is diagnosed early and in the most treatable stage.

Paying: Many insurance policies will pay for diagnostic tests and in some places, such as New York State, there's no co-pay or co-insurance cost sharing responsibility for diagnostic prostate cancer screenings (with such policies). This puts PSAs on the same level as mammograms, thanks to efforts of advocates and doctors such as those at Advanced Urology Centers of New York, one of the largest urology group practices in the country.

Learn More

For further facts, visit the American Cancer Society at www.cancer.org and Integrated Medical Foundation (IMF) at <https://imfcares.org/>. IMF provides free screenings, education and support services.

Child's Lunch Box

Easy Tips To Reduce Food Waste In Your Child's Lunch Box

by Jean Buzby

(NAPSI)—It's estimated that a family of four spends, on average, \$1,500 a year on food that goes uneaten—but you can help save food and money and improve your kids' health.

As kids go back to school, these six easy tips can help you reduce food waste in your child's packed lunch.

Lunch Packing Tips And Stats

1. Get your children's input on what they like. Avoid "wish packing" foods that your child won't eat at home as these foods will likely be discarded at school. If clementines and turkey wraps are his thing, pack those. It is challenging to find the sweet spot between good nutrition and your child's preferences.

2. Cut up fruits and veggies so they are easy to eat. Most fruits and vegetables are naturally low in fat, sodium, and calories. None have cholesterol. They provide many essential nutrients, including potassium, dietary fiber, folate, vitamin A, and vitamin C.

3. Make lunch fun. For example, add dips for cut veggies, make meat or cheese pinwheels and include dressing to add to a "shake and serve" salad.

4. Make sure to get the portions right for kids of different ages and sizes. USDA's MyPlate provides simple-to-use nutrition guidelines for allocating portions among food groups, such as one-quarter of the meal as lean protein (e.g., beans, fish, lean meats, and nuts), one-quarter grains (preferably whole grain), and fruit and vegetables for the remaining half of the lunch.

5. Aim for "zero-waste lunches" by using reusable water bottles, containers, and snack bags, compostable cutlery, and bento-style lunch boxes, which separate foods into different compartments to offer variety while providing portion control.

6. Always keep food safety in mind. Some practices can reduce both food safety risks and food waste, such as using insulated lunch bags or boxes to keep fresh foods fresh and including reusable cold packs.

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FROM THE DESK OF

ATTORNEY GENERAL MOODY



Attorney General Moody Urges Floridians to Remain Prepared for Hurricanes During National Preparedness Month

TALLAHASSEE, Fla.—September is

National Preparedness Month and Attorney General Ashley Moody urges Floridians to remain vigilant and reevaluate preparedness plans should disaster strike. The peak of hurricane season occurs between mid-August and late October. As Floridians enter the second half of hurricane season, Attorney General Moody is highlighting the 2021 Hurricane Preparedness Guide for Floridians to prepare their homes and families against potential disaster.

Attorney General Ashley Moody said, “2020 was a record-breaking hurricane season with 30 named storms and 11 land strikes. As we continue to recognize National Preparedness Month and peak hurricane season, I urge all Floridians to make preparations now, to keep their loved ones and property safe—should a storm strike where you live.”

The theme of this year's National Preparedness Month is: Prepare to Protect. Preparing for disasters is protecting everyone you love. To help Floridians protect their families and homes, Attorney General Moody is issuing the following hurricane preparedness tips:

Have at least a three-day supply of food, water and other emergency supplies stored in your house;

Research storm-related products to verify they are hurricane-proof or impact-proof before purchasing;

Create a plan with evacuation routes, shelter locations and specialized plans if a family has young children;

After the storm, be wary of scammers offering extremely low prices for repairs or demanding considerable sums of upfront payments; and

Make sure that potential charitable donations are going to a real cause, as it is common for charity scams to crop up during times of disaster.

To view more tips in Attorney General Moody's 2021 Hurricane Preparedness Guide, go to

<http://www.myfloridalegal.com>

After a storm, recovery can be a grueling process that scammers may attempt to exploit. Read more about after-the-storm scams in my Scams at a Glance: After the Storm go to

<http://www.myfloridalegal.com>

During the hurricane season, price gouging is one of the most common consumer complaints. Price gouging is when essential commodities are sold for an amount that grossly exceeds the average price for that commodity during a declared state of emergency. For more information about price gouging, go to

<http://www.myfloridalegal.com>.

Attorney General Moody Warns of QR Code Scams

TALLAHASSEE, Fla.—Attorney General Ashley Moody today issued a Consumer Alert warning Floridians about QR code scams. QR, or Quick Response, codes are codes arranged in black and white pixelated squares that can be scanned by your phone, tablet or other electronic device. The COVID-19 pandemic compelled many businesses to offer QR codes for customers to access information such as menus, tracking packages and viewing apps. According to the Better Business Bureau, scammers are reportedly replacing QR codes with fake codes leading consumers to phishing websites, automatically launching payment apps or downloading malicious malware.

Attorney General Ashley Moody said, “Many businesses are innovating how they share information to reduce person-to-person contact during the pandemic, turning to QR codes to eliminate the sharing of printed material. Sadly, scammers are taking advantage of this by changing QR codes to re-route consumers to malicious websites. Be wary when using QR codes and make sure that what you scan is approved by the business.”

To avoid QR code scams, Attorney General Moody is offering the following tips:

Before scanning, make sure a QR code is from a reputable source;

Watch for shortened URL links that may contain malware;

Research and download a QR code app

that has added security;

Do not scan QR codes from an unknown source; and

Look out for stickers placed over legitimate codes or other signs of tampering with codes at business locations.

Downloading security apps may help to keep devices free of malware but be sure to thoroughly research any such app to avoid mistakenly downloading malware.

If malicious malware is downloaded, visit the Google Support Help Center for information on how to remove unwanted ads, pop-ups and malware from a mobile phone or computer. Additionally, the Federal Trade Commission provides a detailed guide on how to recognize, remove and avoid malware.

To report a QR code scam, contact the Florida Attorney General's Office by calling 1(866) 9NO-SCAM or file a complaint by visiting MyFloridaLegal.com.

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The Florida Attorney General's Consumer Protection Division issues Consumer Alerts to inform Floridians of emerging scams, new methods used to commit fraud, increased reports of common scams, or any other deceptive practice. Consumer Alerts are designed to notify Floridians about scams and available refunds in an effort to prevent financial losses or other harm caused by deceptive practices. Anyone encountering a scam should report the incident to the Florida Attorney General's Office by calling 1(866) 9 N O - S C A M or visiting MyFloridaLegal.com.

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