# WWW.SENIORSVOICE OF OCALAcom DELIVERED TO THE SR 200 CORRIDOR



Volume 24 Issue 8



Are you looking to improve your bar or restaurant's inventory profitability to gain healthier profit margins? Then look no further than Sculpture Hospitality of Ocala. Local inventory experts offer solutions that will revolutionize your inventory processes, no matter your budget.

As the pioneering company in creating efficiencies in the bar and restaurant inventory control process, Sculpture Hospitality of Ocala is the one-stop-solution for your restaurant or bar's entire inventory needs. In fact, we've turned inventory solutions into an art.

We are passionate about ensuring your company earns more profit. Through our data-driven, artisanal solutions that are created specifically for you by local experts based in your town, Sculpture Hospitality of Ocala will transform your inventory management processes and ensure your business hits its profit and loss goals.





Ocala, FL) - The Summer Season for the Ocala Polo Club is in full swing with matches every Saturday through September at 6pm. Watch as two teams consisting of four players navigate a white ball across the field using horse power and wooden mallets. Players gallop up and down the field passing the ball to other teammates with the mission of scoring a goal. The match is broken up into periods called chukkers. Each chukker lasts seven minutes and in between chukkers, players can switch out their horses. Players can attempt to ride other players off of the ball or bump them out of the way, but two umpires oversee the game and issue fouls when someone does something that could endanger the other riders. In the end, the team with the most goals wins the match and celebrates on top of the podium! An announcer commentates the match, making it a great event to bring family and friends to especially if they have never been to a polo match before.



Sandra Wilson, Spoke at the Business Leaders meeting Ocala Business Leaders meeting scheduled for Wednesday, June 30th. Sandra Wilson, City Manager for Ocala, shared information on the growth, challenges and successes of the City of Ocala. She also shared some of her past experiences and jobs.



## OCALA/MARION COUNTY CHAMBER & ECONOMIC PARTNERSHIP



While summer is often a slower time for many businesses with people taking vacations and kids out of school, that is not the case at the CEP. If anything, this year the already crazy speed has gotten even faster. This

month I would like to update you on a few recent awards, recognitions, and goals.

US News & World Reports Best Places List

The venerable US News & World Reports Annual "Best Places to Live" list was just released, and the Ocala Metro again placed very well. The list ranks the 150 largest metros in the nation on a series of data points and then provides ranking in several categories. For 2022, the Ocala Metro ranked:

#4 Safest Metro #6 Fastest Growing Metro

- #6 Best Place to Retire #16 Best Small Metro
- #58 Overall

These great rankings reinforce what so many of us already know – the Ocala Metro is an exceptional place to live, work, and play.

National Association of Workforceand make a difference!Boards AwardThe School-Busines

Ocala, FL 34475

CareerSource Citrus Levy Marion and the CEP have been recognized by the National Association of Workforce Boards (NAWB) for significant partnership to advance the region's workforce and economic development.

The 2021 Laurie Moran Partnership Award, given jointly to a workforce development board and chamber of commerce, will be presented next month at NAWB's annual Forum in Washington, D.C. It is one of NAWB's three most prestigious awards, along with the Workforce Innovation and Opportunity Trailblazer and W.O. Lawton awards.

The CEP has collaborated with CareerSource CLM on numerous initiatives to establish a talented and trained workforce, including its annual involvement with the Marion County Youth Career Expos.

School Business Partners

The CEP is partnering with our public schools and we need your help! Six of our local public schools are without a school business partner. This represents hundreds of teachers and thousands of students who don't have a meaningful relationship with a local business that cares about them. The CEP wants to change that, so we're reaching out to our CEP partners to answer this call and make a difference!

The School-Business Partner program is

Shop: 352.629.3134



an initiative of the Public Education Foundation for Marion County. All of the funds stay with the schools and create fantastic partnerships between businesses, employee, and students. By the time school starts in August, we want every school to have at least one business partner. If you would like to learn more, please reach out to

## "Untreatable" Cancers

#### Functional Profiling Comes of Age

(NAPSI)—Over 1.8 million Americans are diagnosed with cancer every year according to the American Cancer Society. If you or someone you care about is diagnosed with cancer you may be relieved to know there are techniques available that can



improve your likelihood of response and survival by using your cancer cells to select the most effective drugs before you receive them.

#### What Can Help

The process is called functional profiling, which analyzes living cancer cells from a patient to find out the drugs, combinations and sequences that are the most effective and least toxic for each individual. It's particularly helpful in treating cancers that have been considered "untreatable," such as pancreatic cancers, advanced lung and *Continued page 3* 



Project Management
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#### WHERE PHOTOGRAPHY IS ART Photography where you live life.

"Tammy has been our family photographer for over 15 years. I knew with the first images she created for us that she would be the only professional photographer I would use to take photos of our growing family. Every time she captures our children perfectly. When I look at the images, even years later, they evoke memories and emotions from that time in our lives. We are so blessed to have Tammy as a member of our family, as our official family photographer." Teecy Matthews - Ocala, FI





#### Florida State Senate == **DENNIS K. BAXLEY**

Dear friends, enjoying our sunny Florida weather this summer. We are so fortunate to be living in a free, open state, which just happens to have great weather too! We have seen

reports that there are one-thousand people a day moving in to Florida. They have seen how prosperous we are and how many opportunities that we have here that may not exist anywhere else in the country. We have one of the best, most affordable education systems in America. We continue to expand school choice and allow families the freedom to determine how and where their

students will learn. We I hope you are continue to invest in our beautiful, natural resources and this fiscal year alone, funding from the legislature totals nearly \$300 million, which go in to the Resilient Florida Trust Fund and the Water Protection and Sustainability Trust Fund. Our cost of living is nearly half of that of California's or New York's. We do not suffocate our businesses with burdensome taxes and regulation and our citizens can earn a pavcheck, free of state income taxes. We are not following the failed, authoritarian policies of mask ordinances or vaccine passports. We do not tolerate rioting, looting, or the destruction of private property by lawless groups of Marxists. Our houses of worship are open and we maintain

OD.

that the State has no authority to order their closure under the first amendment of the constitution.

We have much to be grateful, indeed, but we must be vigilant. All of this ends if the Democratic Party is able to get control of any branch of our government. Our Governor, Ron DeSantis, will need our help in November of 2022. We hold a slim majority in the Florida Senate and one or two lost seats can put us jeopardy. If

you love faith, family, freedom, opportunity and life itself, then now this time to be engaged. Talk with your friends and neighbors and explain to them what is at stake. Yelling on social media may help us blow off steam, but it is the personal contact and the involvement in clubs and organizations that help us focus our energy and efforts that can make the difference. Let's make America Florida.

Onward & Upward, Senator Dennis Baxley



Allied Tax Group, LLC Senior Tax Manager 843-327-7998

References needed for those who would like to be in this ad. To Add Your Picture Call Tom Loury 352-804-1223

### Ocala Downtown/Seniors Voice - August 2021 Page 3

#### Cancers Continued from page 2 recurrent breast cancers.

Why It Works

Cancers arise from cells that have learned certain tricks to enhance their survival. In so doing they outlive their normal counterparts. These transformed cells interact directly with their microenvironment. Cancer cells "talk" to each other and to all the surrounding immune cells, blood vessels and structural elements using chemical signals such as growth factors and metabolic byproducts. Blood vessels, immune cells and connective tissues all participate and promote the cancer process.

Each human cancer reflects all of its genes, both mutated and normal, acting together to create what we recognize as a malignant tumor. But gene changes are only the starting point and not the final product of cancer development. The practice of just analyzing genes is incapable of capturing the complexity of human tumor biology. Only Functional analyses can interrogate each patient's tumor in real time to provide insights that can inform drug selection and treatment decisions.

Because each cancer patient is unique and very different from one person to the next, drugs that work for one person may not for another, even with exactly the same diagnosis. Standard trial-and-error approaches cannot meet each patient's needs.

#### Who Developed the Idea

The pioneer behind this is Los Angelesbased oncologist Dr. Robert Nagourney, author of "Outliving Cancer" and known as the father of precision cancer medicine. His testing of cancer cells against potential drugs offers patients the opportunity to take charge of their cancers and the treatments most likely to work.

Dr. Nagourney recognized the short comings of modern trial and error cancer medicine and decided to do something about it. Over the past two decades he has amassed data on over 10,000 patients, providing individualized therapies that have been shown to double response rates and improve survival. While major centers continue to offer gene profiles that examine DNA mutations hoping to find a "magic bullet," those result have been extremely disappointing with a minority of patient's revealing actionable findings.

**Get Help** 

The Nagourney Institute receives samples from all over the world. If you think functional profiling would be good for you, you can arrange to have your sample collected and shipped overnight to the laboratory. The Institute will even assist you with a specimen transportation kit and specific handling instructions.



President Loyalty Social Marketing Frank@LoyaltySocialMarketing.com

President

352-629-3134

Jerry Abis **Owner Operator** 352-219-0131

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Tom Loury Tom Loury Long time member of CEP/Ocala Chamber of Commerce, Past President of the Ocala Business Leaders and current member, Co-Founder and past President of Select Business Associates, Past President of the Lady Lake Chamber and current member.

## PUBLISHER'S NOTES



Collapse is horrible. Can you imagine sleeping in that building when it collapsed? All kinds of rumors are flying around that the building should have been condemned, There were crack in the

foundation reported a year ago??? My gosh what a terrible loss. It needs to be investigated and if there was negligence they need to deal with it harshly.

\*\*\*\*

Has anyone been watching what is going on in Oklahoma, they have been passing laws and amendment. One was to place the Ten Commandments on the Oklahoma State Capital Building Entrance.

Wait there is more... They passed a Law to arrest all Illegal Immigrants and ship them back to where they came from, with people in this state and of this state have the

The Sea side Building exception that if they want to become a United States Citizen and get a green card to work in this country sign up here they all ran. The ACLU and the American Government told Oklahoma law enforcement, It's not a good idea. They said they were doing it anyway. Obama and Biden did not do well in Oklahoma, neither one won one county during the election.

Wait there is more...Oklahoma has now passed law to send all DNA samples to the Oklahoma Data Base for criminal investigation purposes. Speaker Pelosi said it was unconstitutional.

Wait there is more...Oklahoma has declared as a Sovereign state joining Utah, Montana and Texas. There is a list of states that are likely to follow.

Wait there is more... The Federal Government has been maneuvering to attempt to take our guns, starting with small steps and then getting bolder as time goes on. Oklahoma has recently passed laws that

vehicle. Watch out criminals the public is armed.

Wait there is more...All drivers license exams will be printed in English only. If they can't read the exam they can't read the road signs.

SIMPLY PUT Oklahoma has had enough! The population will grow by leaps and bounds.

\*\*\*\*\*

#### **DOYOU KNOW WHO IAM!**

A local restaurant was known for it's famous foods so on Friday and Saturday nights a line would form at the entrance of the restaurant, they were content because they could see the line move as people would come out.

One Friday night who showed up but a famous couple Ted Turner and his ex-wife Jane Fonda. As they approach the line they went right by all of the ranchers to the employee at the door. They said they wanted a table, the man at the door you will have to get in line. Jane Fonda said "DO YOU KNOW WHO I AM?" The man replied no but you need to go to the back of the line and wait your turn. Jane Fonda said get me the manager! The manager comes to the door, Jane Fonda said this man will not seat us.

right to bear arms and transport them in their The manager said that's right we can't show favors you need to go to the back of the line. Ted Turner said DO YOU KNOW WHO I AM? Call the owner up here...When he approached Jane Fonda said DO YOU KNOW WHO I AM? This man won't seat

> Yes I do know who you are! DO YOU KNOW WHO I AM? I am the owner of this restaurant I am also am a Vietnam Veteran and you will never be seated in restaurant. ONLY IN AMERICA!

#### \*\*\*\*\*

Speaking of Only in America I got this information from a reader that I want to share. It is a short letter to Governor Greg Abbot of Texas. It was tagged the "Freedom Wall"

#### \*\*\*\*\*

Dear Gov Greg Abbott: This land is my land, so is the border. Will you make a plea to the 75 million, donate 10 or 20 dollars to the FREEDOM wall? What better could we do?

A fourth generation AMERICAN **From FLORIDA** Governor Greg Abbott Texas 1100 San Jacinto Blvd, Austin, Texas 78711

**Newspaper Deadlines** Editorial & Ad Copy for September Seniors Voice & Ocala DownTown Noon, August 20th Lady Lake Magazine & Village Spectator 12am, August 25th

## Seniors Voice of Ocala/Ocala Downtown **Products of TomL Publishing, LLC**

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COLUMNS are the opinions of the writer and do not necessarily reflect the opinion of the above named newspapers and online products. Writers are chosen to represent a diversity of views on local issues. The editorial on page 4 is the opinion of the Publisher only.



The Ocala Friends of the Library is holding their quarterly book sale Friday, August 6th. Noon - 2:00 will be open for Friends of the Library members only.

The general public will be able to shop from 2:00 pm - 5:30 and Saturday, August 7th from 10:00 am until 3:00. The sale will be held at

the Ocala Public Library. Hardcover books will be 50 cents and paperbacks will be

#### 25 cents.

Please come and shop! All proceeds go to fund necessary community programs at the Ocala Public Library.

**God Bless our Troops** 

Support Our Veterans We Endorse The Constitution



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#### ■ ONE PERSON'S OPINION LETTERS TO THE EDITOR

#### Dear Editor:

I have read Brooke Hamlin's letters with great interest. First know of an individual who is involved in a losing issue with the zoning department. But for months the zoning issue has been knocking around in my brain. Every time I drive down 200 and see the new businesses I wonder: have they lost their minds, why are they allowing such a helter skelter of unlikely business locations? What is their thinking, or is something else in play? Graft?

Have we invited the kind of government we seem to have due to neglect, and unwarranted trust, or just laziness, not paying attention?

Whatever, we need to find solutions, this is our country, including the border. I have sent \$20 dollars to Governor Greg Abbott of Texas

,1100 San Jacinto Blvd., Austin, Texas, 78711\

If 75 million people sent \$20 WE THE PEOPLE Can build the FREEDOM WALL. WE need to become more proactive.

Our FREEDOM is on the line. Fight for it or lose it.

D. I. L.

## Volunteers Wanted

#### PUBLISHERS NOTE

Are you sure you want to use the word Graft? They are building businesses where the people live for their convenience?

#### Answer by D.I.L.

I read something about someone complaining about of lack of action by the Zoning department two developments were affected. I know of an individual being harassed un-merciflly in Woodlands, Dunnellon. Same story.

Cannot get the zoning department to stop the perpetrator. The harassers have done things that should have landed them in jail. Just adding my own observations.

The founding fathers tried to give us a corruption free government. Benjamin Franklin's warning should have had us on alert, but we were not. Corruption is rampant.

If Graft is worrisome delete it. It is my opinion. I said maybe? I worked with the Tea Party when they were watching the education department. Saw how things work. Citizens are ignored, by the people we pay to protect us. Power and money is the name of the game.

## **System For Veterans**

(NAPSI)—There are certain aspects of the COVID-19 pandemic that many Americans may not have thought about. For example, one area that saw a sharp decline was volunteerism-placing heavy burdens on nonprofit organizations that rely on the compassion of their volunteer forces.

According to a recent research survey by Fidelity Charitable, a nonprofit organization created by Fidelity Investments, twothirds of all U.S. volunteers had either decreased

Ŧ

volunteer hours or stopped volunteering up and support our nation's veterans and altogether because of the pandemic.

One nonprofit feeling the effects is DAV (Disabled American Veterans) and its Transportation Network, which has helped get veterans to and from medical appointments since 1987, when the government-run system was shut down. The nationwide DAV Transportation Network provides no-cost rides to veterans who need help getting to their Department of Veterans Affairs (VA) medical centers and clinics. Prior to 2020, volunteer drivers spent more than one million hours and logged over 20 million miles, providing more than 600,000 rides for veterans each year.

"We've seen a major decline over the past year in volunteer support across all of our programs," said John Kleindienst, Director of Voluntary Services at DAV. "For our aging veteran population, getting to and from critical care appointments is a growing concern and without volunteers, many veterans have no way to access their health care or get other much needed support."

Ramping up volunteerism for the DAV Transportation Network is critical as the pandemic restrictions lift, as it is anticipated that higher than average numbers of veterans will return to the VA both for routine appointments and for care that was delayed over the past year.

"While safety has been the key priority, we have to think toward the next phase and be prepared to meet this increased demand for transportation," Kleindienst added. "We know the pandemic has hurt a lot of veterans and they might not get the care they earned without our dedicated volunteers. We need the help."

VolunteerMatch's survey, "The Impact of COVID-19 on Volunteering" found many in the nonprofit sector are rethinking volunteer engagement strategies to accommodate the current environment. While this strategy works for some sectors, it can be challenging for others.

Nonprofits, such as DAV, are hopeful that there is light at the end of the pandemic tunnel as vaccines are made widely available, restrictions are lifted and communities can safely get back to volunteering.

"We know there are many passionate and dedicated volunteers who are ready to step

with added safety measures in place we're beginning to see more people coming out to help. We can only hope it will be enough to keep pace with those veterans in need,' added Kleindienst.

#### Learn More

If you are a veteran in need of support or want to learn more about volunteer opportunities in the community, go to dav.org/volunteer.



(NAPSI)—In these uncertain times, kids need music more than ever. Anyone who has ever seen toddlers naturally sway and bob to music, knows that children feel music-and that music and kids go together like macaroni and cheese. Studies also show that music can help the very young deal with stress and turn around their emotions like nothing else.

#### **Tunes For Toddlers**

To that end, Walt Disney Records' most successful lullaby album artist and producer, Grammy nominee Fred Mollin, created "It's Great To Be a Kid," a new album of heartwarming, fun original songs for kids ages 1 through 6. These songs take children on a musical expedition highlighting the beautiful things in life, reminding them how much joy there is to look forward to in their young lives at a time when they need it most.

The songs evoke the simple pleasures of being young, driving in a car, walking and seeing the beauty of nature, playing with friends, dancing to an upbeat song, the joy of food and even the fun of helping tidy up the house. Three interactive Bonus Tracks are versions that leave key moments blank during the songs, for children to join in.

Learn More

For further information, visit www.melodyplacemusic.com and www.fredmollin.com.

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**A Critical Support** 

#### **Volunteer to Help Veterans**

**FROM THE DESK OF** =

## **GOVERNOR DESANTIS**



**DeSantis Announces** \$44 Million to Support Florida's Most Vulnerable Students and Schools

~ Targeted School Improvement Funds will Elevate Students,

Teachers and School Leaders in 149 Struggling Schools ~

ST. PETERSBURG, Fla. - Today, Governor Ron DeSantis announced that the Florida Department of Education awarded \$44 million in federal Unified School Improvement Grant (UniSIG) funds to support 149 struggling schools in 29 districts.

"It can be hard for struggling schools to recruit and retain top talent, and today I'm proud to announce \$44 million to address this problem," said Governor Ron DeSantis. "I have consistently said that the number one way to create great opportunities for our students is by ensuring they have great teachers. In Florida, we will continue to take a strategic, data-driven approach to make our schools the best in the country.

"Frederick Douglass said it best when he said, 'It is easier to build strong children than repair broken adults,' and with these funds we ensure our students have world-class educators in front of them each and every day," said Commissioner of Education Richard Corcoran. "Our number one goal is to ensure each of Florida's 2.9 million public school students receive a world-class

Governor Ron education and are given the tools to succeed. These funds help accomplish that important work by incentivizing great educators with proven track records of success to come help our most vulnerable students in our most vulnerable schools succeed."

> The funds provided through UniSIG will be used to support school improvement initiatives in Florida's lowest performing five percent of schools. Teachers who teach at these low performing schools and have earned highly effective or effective ratings can receive up to \$15,000.

> Principals may qualify for up to \$45,000 for recruitment/retention and performance, and one assistant principal from the school may also qualify for \$10,000 for recruitment/retention.

> Each school will receive up to \$100,000 to fund an Early Literacy Coach to support the 2021-2022 adoption of and professional development for the English Language Arts B.E.S.T. Standards.

> Each school will receive up to \$100,000 to fund a school-based Strategic Initiatives Coach to support the B.E.S.T. Standards adoption. These individuals will continuously review the submission of realtime progress monitoring data to guide instructional support and teacher practices.

> Each school will receive up to \$30,000 to fund supplemental teacher professional development and instructional materials to support the B.E.S.T. Standards adoption and implementation.

**Governor DeSantis Coordinating** 

Collapse

TALLAHASSEE, Fla. – Governor Ron DeSantis, Lt. Governor Jeanette Nuñez, Chief Financial Officer Jimmy Patronis, Florida Division of Emergency Management (FDEM) Director Kevin Guthrie, Surfside Mayor Charles Burkett and Miami-Dade County Mayor Daniella Levine Cava are at the Surfside Building Collapse site to receive a briefing of the situation, tour site damage and coordinate state resources.

Early this morning, the State Watch Office received a report regarding the collapse of the Champlain Towers South building in Surfside. Local fire rescue teams immediately responded and began search and rescue efforts.

Governor DeSantis hosted a press conference on the site to provide an update about the disaster and ongoing state response efforts. Remarks from Governor DeSantis and FDEM Director Kevin Guthrie are available.

State response efforts include:

FDEM has deployed State Emergency Response Team personnel to assist response teams.

FDEM Mental Health Coordinator is standing by to deploy as needed and has begun organizing mental health resources across partner agencies. The Division is also coordinating with the Florida Crisis Response Team to provide group crisis intervention to survivors.

The Florida Department of Economic Opportunity (DEO) has activated the Business Damage Assessment Survey to gather information and ensure proper resources are available for response and recovery for the Surfside Community. The survey can be taken at

State Resources to Surfside Building FloridaDisaster.biz/BusinessDamageAsses sments by selecting the "Surfside Condo Collapse". For additional assistance, please call 850-815-4925.

> The American Red Cross is providing temporary lodging for displaced individuals and has opened a "Safe and Well" event for the collapse. The "Safe and Well" event is available.

> DEO is working with AirBnB to coordinate housing assistance for displaced individuals.

> VISIT FLORIDA held a call with AirBnB and VRBO this morning. AirBnB reported that none of their rentals in the building were occupied last night. VRBO reported that they did not have any listings in the building.

> The Florida Department of Transportation is coordinating with Miami-Dade County to fulfill resource requests that will assist with scene security and redirection of traffic.

> Displaced residents can utilize the Florida Housing and Finance Corporation rental locator at FloridaHousingSearch.org or call 877-428-8844.

> Urban Search and Rescue Task Force 1 remains on-scene to provide support for search and rescue operations.

> Individuals with information about loved ones who are unaccounted for, or are safe, are encouraged to call the reunification hotline at 305-614-1819.

> Impacted individuals are also encouraged to contact the following helpline services for immediate emotional support:

> Disaster Distress Helpline - 800-985-5990

Florida 211 Network – 211

Crisis Text Line - Text HELLO to 741741 State personnel remain on scene and will continue to provide assistance, as requested.

Bee's Knees! I sold it on Ocala4sale.com and you can too!



Marion County's Internet Marketplace

Ocala Downtown/Seniors Voice August 2021 Page 7



# Finally, a Scientifically Documented Product for Women's Incontinence – That Works!!

**FEMAXEEN®** is a natural product designed to help women maintain a good bladder function and urinary flow.

**FEMAXEEN®** is a European product that underwent **Randomized Double Blind Clinical Studies\*** and obtained great results for the treatment of Urinary Incontinence in Women starting in as little as 90 days.

Stress Incontinence occurs when weakened pelvic floor muscles cause you to leak urine when you cough, sneeze, jump, or laugh. Intensive physical exercise or sudden movements can also set it off. This is caused when the Muscarinic Nerve Receptors (M3) which mediates the contractile response in the bladder stops sending said signals.

Urge incontinence typically occurs in older women and is when you feel a sudden, uncontrollable urge to urinate. It is caused by the Soft Detrusor Muscle in the bladder contracting during the Fill – Void stage in the bladder forcing urine to leak through the Sphincter Muscles. It can strike at any time or anywhere.

**FEMAXEEN®** has dual action that helps women conquer Stress and Urge Incontinence. Its proprietary ingredient **Uri-Cy-Tonin®** sends weak signals to the Muscarinic Nerve Receptors (M3) in the Bladder and this action helps you overcome Stress Incontinence while its Flower Pollen Extract works on the Soft Detrusor Muscle relaxing it, helping you fight Urge Incontinence or Overactive Bladder.

**FEMAXEEN®** dual action works by sending weak signals to the Bladder Receptors and the Soft Detrusor Muscle. These signals are weak, but they are cumulative, and their effect gets stronger month by month when taken daily.

In addition, **FEMAXEEN®** also has Vitamin D (Antioxidant) and Pumpkin Seed Extract to help you maintain good Bladder health.



FEMAXEEN® has been formulated to help you stop having to rush to the bathroom frequently, while helping to maintain a healthy bladder. In a 90-day clinical study among incontinence sufferers, after taking a daily FEMAXEEN® tablet, there were significant improvements in the participants' ability to maintain normal urine flow.\* +

- FEMAXEEN® works on both types of Incontinence, Stress Incontinence & Urge Incontinence.
- FEMAXEEN® s UriCyTonin® sends weak signals to the Muscarinic3 (M3) receptors, enabling them to inhibit the contractions necessary to control Stress Incontinence.
- FEMAXEEN®'s Flower Pollen Extract sends weak signals to the Soft Detrusor Muscle in the bladder helping stop the sudden contractions of this muscle that cause Urge Incontinence.
- **FEMAXEEN®'s** Pumpkin Seed Extract helps support Lower Urinary Track Health.
- FEMAXEEN®'s Vitamin E is a potent Antioxidant that can help protect the bladder.
- **FEMAXEEN**<sup>®</sup> is manufactured in Europe under strict GMP standards and in Europe unlike the U.S. natural products go thru health authority regulations.



FIRST ORDER PROMO GET FEMAXEEN FOR JUST \$39.90 WITH MONTHLY SUBSCRIPTION. ORDER NOW AT:

> WWW.FEMAXEEN.COM OR CALL 1-833-362-9336

AND USE CODE VILLAGE TO PAY ONLY: \$9.90 FOR YOUR FIRST BOX.

#### What our customers are saying :

#### Maureen, Pennsylvania

"Using **Femaxeen h**as helped tremendous. It works as well as prescription medication. I can hold my urine longer without leaking, I did not have any side effects. I would recommend this product.

#### Paola, Florida

"Amazing natural product!!! I suffered with bladder incontinence for years after having my first child and couldn't find anything that would help, I tried prescriptions, but always hated the side effects. A friend recommended this, and it has so far worked miracles for me. Fast shipping, great product. A must try!!

\* PALACIOS et al., Evaluation of Femaxeen® for control of urinary incontinence in woman. A randomized, double-blind, placebo-controlled study. 2020 Maturitas 133; 1-6

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

#### Page 8, Ocala Downtown/Seniors Voice - August 2021



Across 1. Heron or flamingo 6. Cradle grain 10. Inside stuff 14. Isolated 15. Crude come-on 16. Holly-like oak 17. Money's the name of her game 19. Million finish 20. "Get my meaning?" 21. Times of promise 22. Celebrated 24. Duke or earl, e.g. 25. Super-heavyweight's sport 26. Family emblems 29. Plains tribesman 33. Decorative wall hanging 34. Bull ring wound 35. Unpromising outlook 36. Ace-high beater 37. Attache case carriers

38. In fine shape 39. The rest of the group 40. Coffee containers, often 41. A Fonda 42. Carrot-tops 44. Tastelessly showy 45. Louvre seraph 46. Beneficial 47. Scattered 50. Motor sound 51. Sellout initials 54. Word with yacht or kennel 55. Military award 58. Prefix with ballistic or dynamic 59. Buffalo's waterfront 60. Mel's Diner waitress 61. Transportation on the slopes 62. One past 12 63. Tasty mushroom Down 1. Habitual joke crackers 2. Soap additive 3.1996 runner-up 4. Type of zone or table 5. Uses coupons 6. Wilco preceder 7. Popover ingredients 8. Steak partner 9. Air sweeteners 10. Oahu landmark

#### 12. Where the Amazon rises 13. Generic signatures 18. Currier's partner 23. Doc's grp. 24. Film set in 1941 25. Puts into piles 26. Come to a head? 27. Speak from the stump 28. Set of three 29. Toll road supply 30. Articles on a rack 31. Greenskeeper's concern 32. Abrasive board 34. Tour leader 37. Props and scenery 41. Usher's handout 43. Naval rank below Lieut. 44. Radius, but not diameter 46. Logical assumption 47. Wordless singing style 48. Academy freshman 49. General feel 50. "Swan Lake" movement 51. Julia Child direction 52. Word with course or horse 53. Moundsman Hershiser 56. Anger 57. \_\_\_\_-mo camera

11. Hodgepodge

#### Ask Your Doctor About answered. For me informatic is the bes

Six Questions To Ask Your Doctor About COVID-19 Vaccines

(NAPSI)—While most American adults have already received at least one dose of a COVID-19 vaccine, a lot of people still have questions. Everyone deserves to have access to factual information to make a decision about getting vaccinated. But many people don't know where to go to get their questions

answered. For most people who want more information, talking to their personal doctor is the best place to start. Your doctor or health team will know you and your medical situation better than anyone. They can help you make an informed decision that's right for you.

When talking with your doctor, there are a few key questions you may want to consider:

#### Vaccine Questions:

1.Why did your doctor choose to get

**vaccinated?** Over 90% of doctors have decided to get vaccinated against COVID-19. You may want to hear more about why they chose to get vaccinated as a healthcare provider.

**2.Why should you get vaccinated?** Your doctor can make a recommendation based on your unique medical situation. The vaccines provide substantial protection from serious illness and hospitalization.

**3.Are the vaccines safe?** These vaccines are undergoing the most intensive safety monitoring in U.S. history. Clinical trials

began over a year ago with more participants than most other vaccines. Your doctor can help determine safety

based on your personal medical history.

**4.Do the vaccines impact fertility?** This myth has been appearing online but there is no evidence that COVID-19 vaccines cause fertility problems. Ask your doctor if you have concerns around fertility or pregnancy.

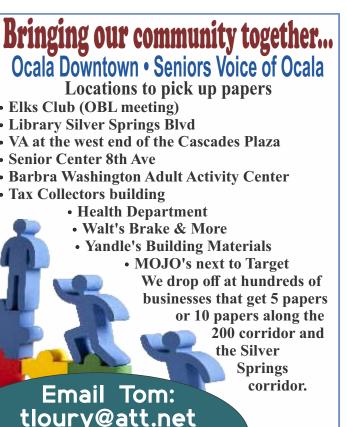
**5.Are the vaccines free?** Yes, the vaccines are provided by the federal government at no cost to recipients.

6.Can you get a vaccine from your primary care doctor? Your primary care doctor may have COVID-19 vaccines available in their office. If not, they can help direct you to the closest location where you can receive a vaccine. You can also visit Vaccines.gov to find a location near you. Learn More

Visit

www.GetVaccineAnswers.org for the latest facts about COVID-19 vaccines.





#### Ocala Downtown/Seniors Voice - August 2021 Page 9



The Ocala Friends of the Library is holding their quarterly book sale Friday, August 6th. Noon - 2:00 will be open for Friends of the Library members only. The general public will be able to shop from 2:00 pm - 5:30 and Saturday, August 7th from 10:00 am until 3:00. The sale will be held at the Ocala Public Library. Hardcover books will be 50 cents and paperbacks

will be 25 cents.

Please come and shop! All proceeds go to fund necessary community programs at the Ocala Public Library.



products from farmers, artisans, craftspeople, food trucks! A true destination location, ODM is set just blocks off the Ocala Downtown square, in a beautiful open-air Market Pavilion. Besides permanent roof cover the facility it also has large overhead fans, restrooms, a nearby ATM, and water fountains. The Market Pavilion is also available for rental.



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## Love is just a leash away!!

The HSMC is here for you and the animals who depend on us. We wanted to share that we will continue to be here to help unwanted pets during this pandemic while following all Marion County and Florida state guidelines.



As this situation is constantly changing, we ask that you continue to visit our Shelter using the safety guidelines in place.

## How can you help?

Pet Food Bank: Help stock our Pet Food Bank with pet food and supplies for people who cannot afford them due to job loss or other reasons. You can also bring donations to our Shelter daily from 10-6. Masks required please! If you need help keeping your pet with you during this time, our Happy Paws food program is here for you.

Volunteer: A small number of volunteers have returned to help in various departments. We are accepting volunteer applications but do not yet know when we will schedule orientations for new volunteers. Please contact us for more information about volunteering. We are currently working on a digital orientation.

Opt to adopt: According to the Centers for Disease Control and the World Health Organization, there is no evidence that companion animals such as cats and dogs can spread the virus that causes COVID-19. Donate: We know there is a lot of uncertainty right now but homeless and unwanted animals still need us. Donate to help the Humane Society of Marion County so we continue our lifesaving work and make them feel safe and loved.





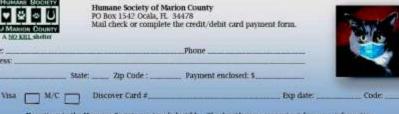




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Donations to the Homane Society are law-deductible. Clack with your accountant for more information. No goods or services have been provided to the domor as a result of this gift.

## ATTORNEY GENERAL MOODY



Attorney General Moody Highlights App for Reporting Price Gouging in English and Spanish

TALLAHASSEE, Fla.—In the midst of the 2021 Atlantic Hurricane Season, Attorney

General Ashley Moody traveled to Osceola County to highlight the No Scam Price Gouging Reporting App that is available in both English and Spanish. At a news conference hosted by the Osceola County Sheriff's Office, Attorney General Moody highlighted the first-of-its-kind app that allows consumers to report allegations of price gouging during a declared state of emergency in real time directly to the Attorney General's Office. The app allows users to attach pictures and copies of receipts directly from smartphones when reporting suspected price gouging.

Attorney General Ashley Moody said, "The No Scam app has helped thousands of consumers report outrageous price increases during declared states of emergency, in English and Spanish. As this year's hurricane season is already underway, I am encouraging all Floridians to download this free app to be ready to help us fight price gouging.

In June 2019, Attorney General Moody's office launched the No Scam Price Gouging Reporting App. Since then, the app has been downloaded by more than 21,000 consumers and has assisted consumer

protection investigators in the Attorney General's Office with more than 2,200 reports of suspected price gouging. The app also helps increase awareness about Florida's price gouging statute.

The app permits users in real time to:Send pictures of prices on signs, online posts and products:

Capture and report receipts and email confirmations;

Write narratives of interactions with sellers and prices observed of essential commodities;

Report prices of identical products offered by different sellers in the same vicinity; and

Capture any additional supporting documentation.

For tips on how to better report price gouging, read the Attorney General's Tips for Avoiding Price Gouging and Gathering Gouging Evidence.

Under Florida's price gouging statute, F.S. 501.160, it is unlawful during a declared state of emergency to sell, lease, offer to sell, or offer for lease essential commodities, dwelling units, or self-storage facilities for an amount that grossly exceeds the average price for that commodity during the 30 days before the declaration of the state of emergency, unless the seller can justify the pricing by showing increased costs or changed market conditions resulting in increased costs.

For more information about price gouging, go to myfloridalegal.com.

The Attorney General's No Scam Price general in filing the lawsuit. Gouging Reporting App can be downloaded for free through Apple and Android stores by searching No Scam.

In addition to being used to report price gouging during states of emergency related to hurricanes, No Scam has been continually updated for use during other states of emergency-most notably the health state of emergency declared last year for the COVID-19 pandemic. Consumers were able to report outrageous price increases on app purchases significantly hinders other inessential commodities related to COVID-19 via the app. To learn more, go to myfloridalegal.com.

In May, Attorney General Moody released the 2021 Hurricane Preparedness Guide in advance of this year's hurricane season. The guide is available in both English and Spanish.

Attorney General Moody Sues Google for Antitrust Violations Over App Store

TALLAHASSEE, Fla.—Attorney General Ashley Moody is suing Google for illegally and unfairly maintaining a monopoly on the app store for Android devices. Google allegedly uses exclusionary conduct relating to the Google Play Store for Android mobile devices and Google Billing. This antitrust lawsuit is the newest legal action against the tech giant, claiming anticompetitive, illegal and unfair business practices. The suit accuses Google of using its dominance to unfairly restrict competition with the Google Play Store, harming consumers by limiting choice and driving up app prices. Attorney General Moody joins a coalition of 37 attorneys

Attorney General Ashley Moody said, Time and time again, we have seen Google use its power in the tech industry to unscrupulously exploit the marketplace. Google's manipulation of app distribution on Android devices forces consumers into using Google's services to purchase apps-resulting in a 30% commission charge on in-app payments.

"The tech giant's monopoly on Android app payment processors from entering the marketplace, leaving consumers with no other options when seeking to download apps. We will not allow Google to continue to monopolize an entire sector-eliminating competition and harming consumers.'

According to the lawsuit, Google's exclusionary conduct substantially shuts out competing app distribution channels. Google also requires app developers, who offer apps through the Google Play Store, to use Google Billing as a middleman. This arrangement ties a payment processing system to an app distribution channel and forces app consumers to pay Google's commission on in-app purchases that are distributed via the Google Play Store. This commission reaches up to 30% and is much higher than the commission consumers would pay if they had the ability to choose one of Google's competitors instead. Read more at

http://www.myfloridalegal.com/newsrel .nsf/newsreleases/0EC39F40AD80CBF18 525870C004FCB11?Open&



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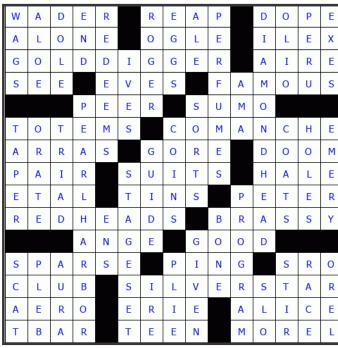
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